



Spots are limited.

2025 UC MOVES CHALLENGE

REGISTRATION Opens April 14 • **CHALLENGE** Runs May 5 - June 1

Spring into Motion. Represent your UC Location in the 2025 systemwide 4-week movement and activity challenge.



Join our team to represent us in the UC Moves Spring into Motion Challenge and for a chance to win raffle prizes.



Record daily physical activity starting May 5 with your favorite tracker or on your mobile or desktop device.



ucmoves.springintomotiontoday.com