

A PROGRAM OF HOLSTON CONFERENCE UNITED METHODIST WOMEN

44th ANNUAL SPIRITUAL ENRICHMENT EXPERIENCE

RETREAT ONE
APRIL 13~14, 2018
or
RETREAT TWO
APRIL 14~15, 2018
AT LAKE JUNALUSKA



Reverend Kim Goddard is the speaker for this year's Spiritual Enrichment Experience. Kim grew up in Giles County, Virginia and received a BS degree in Animal Science from Virginia Tech and a MDiv degree from Duke Divinity School. She has served churches in Holston Conference since 1985 and is currently the Superintendent of the New River District. Kim is married to Jim and they have two daughters, Annie and Lindsey, one son, Jimmy and his wife Dale, and four grandsons, Xander, Gavin, Amado and Isaac.

Kim says, "My ancestry runs through generations of farmers, railroad workers and coal miners. Through their love and witness I received the priceless gifts of grace through faith in Jesus Christ, a home in the United Methodist church, appreciation for a good story, and a love for the mountains."

SPIRITUAL ENRICHMENT EXPERIENCE

MUSICAL LEADERS



WILLIE KITCHENS

Born on January 6, 1956, to a musical family in Chattanooga, Tennessee, Willie David Kitchens, Jr., fell in love with music at an early age. At age seven, Kitchens began singing at community churches with his sisters and his father, a guitarist with the gospel group Five Sons of Calvary. Kitchens soon became a member of the Rosebud Choir at his family's church, Greater Friendship Missionary Baptist. Willie Kitchens, Sr. taught his son to play guitar when he was ten, and at sixteen the younger Kitchens joined the Five Sons of Calvary as bass guitarist and background vocalist.

After graduating high school, Kitchens attended the University of Tennessee at Chattanooga.

At age twenty-four, Kitchens began to concentrate on gospel performance. Over the years, he taught himself to play the harmonica, piano, and electric keyboards. Kitchens performed and ministered everywhere from "Bobby Jones Gospel" to colleges, to prisons.

In 1995, Kitchens became Music and Performing Arts Director for the Bethlehem Center, a ministry in inner-city Chattanooga; there he created a traveling youth choir for children from two to eighteen years of age and opened the Bethlehem Recording Studio for the Bethlehem Center's radio and television programs.

Willie plans and leads the Commons Gospel Service at Christ United Methodist Church in Chattanooga.. In addition to leading the gospel service at Christ Church, Willie is the Pastor of Christ's sister church, Bethlehem Wiley UMC.

EVENT SCHEDULE for 2018

Each retreat is an afternoon and evening of one day and a morning service the following day.

The first retreat is Friday, April 13, afternoon and evening and Saturday morning, April 14.

The second retreat is Saturday April 14, afternoon and evening and Sunday morning, April 15.

DAY ONE

10:00 am—5:00 pm	Room registration at Bethea Welcome Center (Rooms may not be available for check-in until 4 PM.)
10:00 am—12:00 pm	SEE Registration at Bethea Center
11:30 am —1:30 pm	Lunch at Terrace and Lambuth Dining Rooms
1:30 pm	Opening Worship Service at Harrell Center Auditorium
3:45 pm —5:00 pm	Personal Retreat Time Time for Quiet Spaces (Prayer Room, Memorial Chapel, Gardens, Payer Labyrinth, Program Resource Room, Lake Junaluska Bookstore and Café')
5:30 pm—7:00 pm	Dinner at Terrace and Lambuth Dining Rooms
7:30 pm	Evening Worship Service at Harrell Center Auditorium

DAY TWO

7:30 am—8:30 am	Breakfast at Terrace and Lambuth Dining Rooms
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A courtesy check out before morning worship is requested.

PROGRAM RESOURCE ROOM

HARRELL CENTER

The Reading Program encourages United Methodist Women to think critically about current issues through an annual selection of member-reviewed books. It offers an excellent opportunity to deepen your spirituality and to broaden your understanding of our mission work. Some of the newest books can be found in the Program Resource Room, located in Harrell Center, Room 202, which will be open prior to the opening worship service, following the service, and before and after the evening worship service. It will not be open on Sunday.

RETREAT DURING FREE TIME TO THE PLACES FOR MEDITATION



INSPIRATION POINT—Located adjacent to the Lambuth Inn, overlooking the Junaluska Cross, the Point boasts unparalleled lake, mountain, and sky views and beautifully landscaped gardens that are in full bloom from early spring through fall. The gardens feature more than 30 different species of plants, including natives and hybrids. In concert with the gardens, the Point's sculpture of the Christ and Memorial Cross provide focal points for visitors' reflection and inspiration.



THE JUNALUSKA CROSS—A beacon of light and hope, the Junaluska Cross was constructed by The Federation of Wesley Bible Classes of the Western North Carolina Conference in 1922. A five-foot stone base supports the twenty-five-foot high Cross, which contains approximately 200 energy efficient light bulbs for illumination. Directly below the Cross lies the Junaluska Amphitheater, which was constructed in 1988 by the Junaluska Associates.



SUSANNA WESLEY GARDEN—Named for John Wesley's mother, this garden is a place for prayer and meditation. Dr. Lee F. Tuttle, the World Methodist Council General Secretary from 1960 to 1976, created the Susanna Wesley Garden, and it remains under the care of the World Methodist Council. The garden is located between the World Methodist Museum and the Terrace Hotel. Boasting beautiful color in the spring, summer and fall, the garden is open to the public daily from sunrise to sunset. It is also available for private functions include weddings, receptions, garden clubs, and more.



CORNEILLE BRYAN NATIVE GARDEN—This garden is nestled within Stuart Circle and is a serene escape for nature lovers. It features more than 500 species of native plants and is a haven for birdlife. Each season of the year provides visitors with the opportunity to see a variety of plants in bloom; early spring is an especially exciting time to visit as the garden awakens from its winter rest. The garden was created in memory of Corneille Downer Bryan, the wife of Bishop Monk Bryan.



BIBLICAL GARDEN—The Biblical Garden is located on the front grounds of the Bethea Welcome Center. This garden was created as a place of beauty and peace. It incorporates plants mentioned in the Bible, including herbs, figs, pomegranates, and vines. It also features plants representative of those in the Bible that are more suited to our climate and terrain. A cascading water feature represents justice and righteousness (Amos 5:24), and a Zimbabwe Shona sculpture adds global character to the garden.

Pictures and Descriptions taken from www.lakejunaluska.com



**AND OF COURSE THE ROSE WALK IS
ALWAYS A FAVORITE AT THE LAKE.
COME RENEW, RELAX, AND REJOICE
AT THE LAKE .**



STEP 1 – REGISTER FOR THE EVENT WITH YOUR DISTRICT PRESIDENT THEN

Step 1: Fill in the Registration Form and mail it with your registration fee of \$20.00 to your District President before April 1, 2018. Please make checks payable to Holston Conference UMW.

Please note: the name you register with will be the name used on your name tag. Registration after April 1 or the day the event begins at Lake Junaluska is \$25.00. District Presidents' addresses are below.

CHILDCARE — If you are registering children, please include childcare fees of \$10.00 per child, with your registration check and the Step 1 form. Childcare is available for children, ages 2-9. If you are requesting childcare, please fill out the required children's form found on the website at www.holstonumw.org. **Children must be registered by April 1st.** Information you supply, by registering, will allow us to have enough supplies. Childcare will be at the Terrace Hotel.

2018 DISTRICT PRESIDENTS

Abingdon	Donna	Camper	319 EM Cross Road	Piney Flats	TN	37686	423.
Big Stone Gap	Hope	Stapleton	13125 Crab Orchard Road	Coeburn	VA	24230	276-395-6363
Chattanooga	Willela	Douthat	PO Box 400	Signal Mtn.	TN	37377	423-886-2550
Cleveland	Barbara	Graham	2098 Igou Crossing Dr.	Chattanooga	TN	37421	423-894-5647
Johnson City	Kathryn	Wilhoit	1161 Willow Springs Drive	Johnson City	TN	37604	423-534-3000
Kingsport	Ann	Gross	166 Ellis Road	Blountville	TN	37617	423-323-8346
Knoxville	Pat	Bellingrath	801 Bluff Drive	Knoxville	TN	37919	865-591-6274
Maryville	Susan	Daffron	2618 Brantley Park Blvd.	Maryville	TN	37804	865-216-8421
Morristown	Margaret	Forby	118 Skyview Drive	Greeneville	TN	37745	423-620-2680
Oak Ridge	Karla	Kurtz	PO Box 140	Norris	TN	37828	423.618.8225
Tazewell	Jean	Davidson	9323 North Scenic Highway	Rocky Gap	VA	24366	276.928.1632
Wytheville	Linda	Burnette	1832 Hebron Road	Galax	VA	24343	276-233-2728

STEP 1 –REGISTRATION FORM for SEE

You must check which session you will be attending.

I will attend RETREAT I: Friday afternoon thru Saturday morning, April 13-14, 2018 _____

I will attend RETREAT II: Saturday afternoon thru Sunday morning, April 14-15, 2018 _____

NAME: _____

PHONE: (_____) _____

(circle one)

ADDRESS: _____ FIRST TIMER YES NO

CITY: _____ STATE: _____ ZIP: _____

DISTRICT: _____ CHURCH: _____

CHILDREN ATTENDING—NAMES/AGES: _____

The Prayer Labyrinth at Lake Junaluska



Many of you have probably been to Lake Junaluska a number of times over the years, and I'm wondering if you've ever noticed one particular feature of the landscape: the prayer labyrinth. This path is cut into the grass on the lawn beside Memorial Chapel on the side away from Stuart Auditorium. Maybe you walked right past it or over it without noticing, maybe you saw it but didn't understand its use. Whether you have used this path or not, or if this is your first time at Junaluska, I encourage you to look for the labyrinth and use it.

A prayer labyrinth provides a spiritual discipline that can enrich your prayer life and bring you closer to God. A labyrinth is not a maze. It is

w r a p s a r o u n d i t s e l f ,

a single path that symbolizing a journey from the outside world toward God and then back into the world after coming closer to the Creator. The use of these labyrinths is an ancient spiritual practice used in many faith traditions. In medieval Europe there were often such paths inside cathedrals or on the grounds of churches.

Do not rush as you walk through the labyrinth. Take all the time you need. Pause when you feel inclined to do that. If you encounter another person, simply step around them or step aside so that the other person can pass you.

There are three parts to your journey. As you enter the labyrinth, you begin your "inward journey." You are encouraged to let go of all that is keeping you from being close to God. Shed your worries and anxieties and focus your thoughts on our Creator. The center of the labyrinth symbolizes union with God. When you reach this place, stop, reflect on your

How will you use your time to enjoy the mountains and the lake and be enriched spiritually before returning to your homes? Take time for yourselves and find peace. Take time for the Lord and find enrichment. Take time to meet someone new and make a lifelong friend.

STEP 2—RESERVE A ROOM AT LAKE JUNALUSKA.

Rates are per person per night. Children 11 years old and under who stay in the room with their parents are free. Roommate requests, if mailed, must be reserved at the same time. Notify Lake Junaluska immediately of any room changes. Meal cost is \$38.52 (including tax) and does not include gratuity. The three meals for RETREAT I include: Friday Lunch, Friday Dinner, Saturday Breakfast. The three meals for RETREAT II include: Saturday Lunch, Saturday Dinner, Sunday Breakfast. Additional meals may be purchased at an additional fee. If you do not choose a meal ticket cost of individual meals are as follows: breakfast—\$10.00, lunch—\$14.00 and dinner \$16.00.

Reservation Options—please use one of these options to place your room reservation.

1. BY MAIL: A printed reservation form may be sent with your deposit to: Holston UMW Spiritual Enrichment Experience, Lake Junaluska Reservations, PO BOX 67, Lake Junaluska, NC 27845. Please complete the Step 2 form and send with your check. Please send a separate form (below) and check for each roommate in the same envelope.
2. BY PHONE: Call Lake Junaluska Reservations at 800-222-4930. You will need a credit card to reserve your room and the reservation cost is listed below. If you have a roommate, please reserve both reservations together to assist the reservation staff at Lake Junaluska in assigning the rooms.

Cancellation policy for participant lodging reservations: 30 days or more before an event receive deposit minus a \$ per person processing fee. 29 days or less before an event deposit forfeited. In case of emergency, the switchboard number at Lake Junaluska is

STEP 2 - LAKE JUNALUSKA ROOM RESERVATION FORM

Holston Conference Spiritual Enrichment Experience

RETREAT I: April 13-14, 2018 or RETREAT II: April 14-15, 2018

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

CONTACT PHONE (_____) _____ EMAIL _____

I AM REQUESTING HOUSING (Please mark your 1st and 2nd choices.) and MARK which RETREAT you will be attending.

RETREAT I: FRIDAY/SATURDAY _____ RETREAT II: SATURDAY/SUNDAY _____

▪ Deposit equal to the first nights lodging is due at time of reservation. Roommates should send make reservations together.

Room rates below are “per person” and include tax. Rates do not include the cost of meals. The 3 meals cost \$38.52 (including tax) and are in addition to the room and are not optional.

	SINGLE	DOUBLE	TRIPLE	QUAD
Terrace	\$ 132.09 _____	\$66.05 _____	\$46.62 _____	\$38.85 _____
Lambuth	\$ 126.54 _____	\$63.27 _____	\$42.39 _____	\$36.08 _____

PLEASE LIST ROOMMATE(S) _____

PLEASE INDICATE IF HANDICAP ROOM IS NEEDED. PLEASE SEND AN EXPLANATION WITH YOUR RESERVATION. If you are mailing your reservation, please send this portion and with your check to Lake Junaluska, PO Box 67, Lake Junaluska NC 27845. Roommates should mail or call their forms and deposits together.



United Methodist Women
Holston Conference
Spiritual Enrichment Experience
Karen Adair
Communications Coordinator
PO Box 80802
Chattanooga TN 37414

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2018 CALENDAR HOLSTON CONFERENCE UMW EVENTS

May 18-20	United Methodist Women's Assembly, Columbus, OH
June 10 – 13	Holston Annual Conference, Lake Junaluska, NC
July 19 – 21	Holston Conference Mission u, Central UMC, Lenoir City, TN
August 11	Social Action Workshop – Keith Memorial UMC, Athens, TN (to be confirmed)
September 15 – 16	Conference UMW Annual Meeting/District Officer Training Meadowview Conference Center, Kingsport, TN
October 20	Mujeres en Acción Event, Pleasant View UMC, Abingdon, VA

United Methodist Women's Day should be observed on a Sunday selected by the local unit in consultation with the church's pastor.