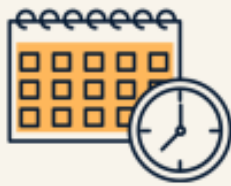




Secure Futures FREE Workshop Series

Five Wishes: Understanding Living Wills



Tuesday, December 17th, 2024 at 12:00 pm

LEONIA SENIOR CENTER
305 BEECHWOOD PL, LEONIA
NJ 07605

This workshop introduces "Five Wishes," a holistic approach to end-of-life planning that covers not just medical care but also emotional, spiritual, and personal needs. Participants will learn how to express their preferences for treatment, comfort, and communication when they can't speak for themselves. We'll explore each of the five wishes to help you create a plan that reflects your values and ensures your wishes are respected. By the end, you'll feel empowered to have meaningful conversations with loved ones and make informed decisions about your future care.



Lorraine Spiotta CLU, ChFC

Lorraine Spiotta has built a career dedicated to assisting individuals and families with end-of-life care. She began by helping people with long-term care insurance, authored a book titled *Key Solutions for Caregivers*, and now is a team member at Hospice of New Jersey, guiding families through end-of-life situations with compassion and expertise. Her work is a valuable resource for those facing the complexities of caregiving and end-of-life planning.



Interested in watching past SFSW workshops?
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