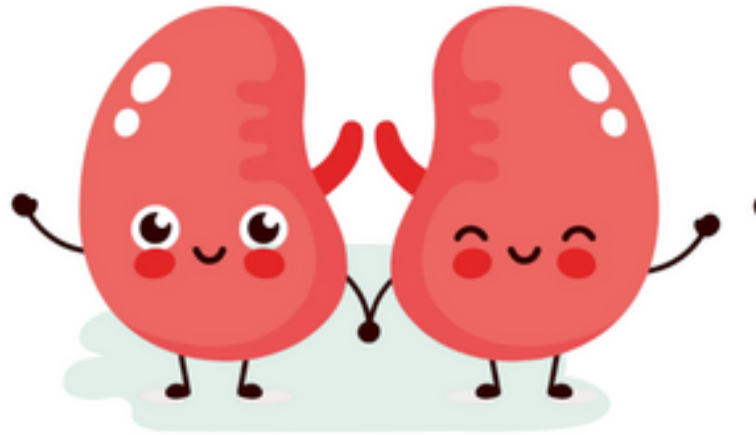




Linked in Friendship, Connected in Service  
Bergen County (NJ) Chapter

AGE FRIENDLY TEANECK  
PRESENTS



# KIDNEY AWARENESS EDUCATION LUNCH & LEARN

**KNOW YOUR KIDNEYS. PROTECT  
YOUR HEALTH.**

## Protect Your Health Early

Learn how to spot kidney issues before they become serious

## Simple Tips That Work

Get easy, senior-friendly ways to keep your kidneys strong

**Date: Thursday, April 9, 2026**

**Time: 12:30 PM – 2:00 PM**

**Location: Community Room**

**1425 Teaneck Road, Teaneck, NJ**

Parking: Suggested parking is available at the municipal lot located at [1391 Teaneck Road](#), with an entrance near Beveridge Street.

RSVP is required.

Please call 201-530-6756 or email [info@agefriendlyteaneck.org](mailto:info@agefriendlyteaneck.org) with "Kidney Awareness" in the subject line.

