



AGE FRIENDLY TEANECK

Bergen County Division of Senior Services Introduction to Programs and Services



Monday, March 16th at 1:00pm

1425 TEANECK ROAD
COMMUNITY ROOM

Finding the right programs and services within your community can be overwhelming, especially when you're not sure where to start. Learn about community programs that can improve your well-being or a loved one's well being. Don't miss out!



Presenter: Tess Tomasi, Information & Assistance Unit Supervisor, Bergen County Division of Senior Services



Bergen County has many programs and services available to it's older adults! from healthcare benefits and transportation services, to assistance with everyday errands, resources are available to meet a variety of needs. This session will guide you through the available resources and explore how to access them. Don't miss the opportunity to learn how these programs can support your independence and help save you money!

Please RSVP: info@agefriendlyteaneck.org or call 201-530-6756 to reserve your seat. Space is limited. Parking is available at 1391 Teaneck Road

