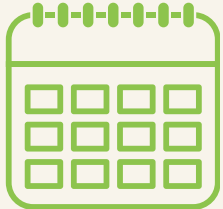




THE BRIGHT SIDE FAMILY
SENIOR HOUSING & SUPPORTIVE CARE

Secure Futures FREE Workshop Series

BCDSS: Introduction to Programs and Services



Monday March 31st at 2:30pm

THE BROOKDALE COMMUNITY ROOM
60 BERGEN AVENUE, TEANECK NJ 07666

Finding the right programs and services within your community can be overwhelming, especially when you're not sure where to start. Learn about community programs that can improve your well-being or a loved one's well being. Don't miss out!



**Presenter: Tess Tomasi, Information & Assistance
Unit Supervisor, Bergen County Division of Senior Services**



Bergen County has many programs and services available to it's older adults! From PSEG credits to help with running errands, there are programs for different needs. This session will help you navigate the resources available and explore how to access them. It is important to become aware of services you might not know about. difference and help you save money!

**Please RSVP by calling 201-530-6756
or emailing sfsf@agefriendlyteaneck.org
Refreshments will be served**



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