

Holy Name Community Health Series

Eating Healthy on a Budget

Explore how you can eat healthily while you save money

**Age-Friendly Teaneck Community Room 1425
Teaneck Road**

Parking is available at the municipal lot at 1391 Teaneck Rd, entrance near
Beveridge St.

Thursday, November 20th, 11 am to 12 pm

Presentation to be led by John A. Masso,
MSN, APN, ANP-BC, RN. who is a
Community Outreach Nurse for Holy
Name Community Health



**Space is Limited
Please RSVP**

Call 201-530-6756 or email info@agefriendlyteaneck.org with
“Healthy Eating on a Budget” in Subject Line.

