



THE BRIGHT SIDE FAMILY
SENIOR HOUSING & SUPPORTIVE CARE

OLDER AMERICANS MONTH



CHAMPION YOUR HEALTH: MAY 2026

Living Trust & Long Term Care Planning

Presenter: Sarah Briguglio ESQ.



LUNCH & LEARN: Spring into action this May! Celebrate Older Americans Month by taking charge of your future. Join us for an informative session on long-term care planning, including how to create a living trust, protect your assets, and make confident decisions for the years ahead. There will be an informative presentation, lunch and resource tables!



Wednesday, May 27, 2026 12:00 pM – 2:00 pM

Age Friendly Teaneck Community Room
1425 Teaneck Road, Teaneck, NJ 07666



**SPACE IS LIMITED, RSVP. CALL 201-530-6756 OR EMAIL
INFO@AGEFRIENDLYTEANECK.ORG WITH "TRUST" IN THE
SUBJECT LINE**

***Parking is available at the municipal lot located at 1391 Teaneck Road, with an entrance near Beveridge Street.**



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Interested in watching past workshops?

Visit: <https://bit.ly/3WyiJZe>