

Holy Name Community Health Series

Diabetes Education

Learn to manage your blood sugar like a pro - Discover how to lower your risk of diabetes and gain strategies for optimal glucose control whether you're preventing or managing diabetes

**Age-Friendly Teaneck Community Room
1425 Teaneck Road**

Parking is available at the municipal lot at 1391 Teaneck Rd, entrance near Beveridge St.

**Thursday, April 24th
11 am to 12 pm**

Presentation to be led by John A. Masso, MSN, APN, ANP-BC, RN. who is a Community Outreach Nurse for Holy Name Community Health



**Space is Limited
Please RSVP**

Call 201-530-6756 or email info@agefriendlyteaneck.org with "Diabetes Education" in Subject Line.

