

BIO: Dr. Jillian Horton

Dr. Jillian Horton is an award-winning medical educator and general internist. Trained at McMaster University and the University of Toronto, Dr. Horton spent several years working as an Associate Dean of Undergraduate Student Affairs at the University of Manitoba. Currently, she leads new programs in Health Humanities and Physician and Learner Health at the U of M, and is also Associate Head of the Department of Internal Medicine, Professionalism and Diversity. She is leading the development of new national physician wellness courses for the Canadian Medical Association (Joule). She has completed chief wellness officer training at Stanford University and a year of Mindful Practice internship with Drs. Ron Epstein and Mick Krasner at the University of Rochester. She writes and podcasts regularly for CMAJ and Medscape and hosts a medical speakers series at the National Arts Centre. Her writing on subjects related to medicine has appear in the LA Times, the Globe and Mail and the Toronto Star. In 2020, she was awarded the prestigious Association of Faculties of Medicine of Canada Gold Humanism award and lecture, and the Arnold Gold Foundation has called her a "leading medical educator". Her book on physician burnout, mindfulness and medicine, "We Are All Perfectly Fine", will be released by HarperCollins Canada in February 2021.



Southeast Michigan
Center for Medical Education

4201 St. Antoine, 9A-UHC | Detroit, MI 48201
Phone: (313) 577-1297 | Email: semcme@wayne.edu