

The background of the entire page is a soft-focus photograph of warm, golden-yellow bokeh lights, likely Christmas lights, with dark green pine branches visible at the top and right edges. A thick layer of white snow is visible at the bottom of the image.

# OSHER LIFELONG LEARNING INSTITUTE

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## AT RUTGERS UNIVERSITY

WINTER 2022



**RUTGERS**  
Continuing Studies

## TABLE OF CONTENTS

<a href="#">About OLLI-RU</a> .....	2
<a href="#">Online Class Experience (Zoom!)</a> .....	2
<a href="#">Registration Information</a> .....	4
<a href="#">Policies including Refund/Transfer Information</a> .....	5
<a href="#">Index by Topic</a> .....	6
<a href="#">Week-At-A-Glance</a> .....	7
<a href="#">Course Descriptions</a> .....	8-26
<a href="#">Instructor Bios</a> .....	27-29

**NEW!**

**Changes to OLLI-RU  
Membership starting  
Spring 2022**

**More info on pg. 3**

## OLLI-RU Staff

### **Shino John**

*Associate Vice President for  
Strategic Growth*

### **Megan Novak**

*Director*

### **Rajini Kurian**

*Program Coordinator/  
Site Coordinator – New Brunswick*

### **Kristen Michaels**

*Program Coordinator/  
Site Coordinator – Freehold*

### **Samantha Ames**

*Office Assistant*

### **John Michaels**

*Assistant to Coordinator – Freehold*

### **Farah Shallan**

*Office Assistant*

## OLLI-RU Advisory Council

Jane Adas

Sandy Bergelson (Chair)

Keki Dadachanji

Loretta Dumas

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Marcy Feldheim

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Coleen Marks Schlaffer (Secretary)

Robert Siroty

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## CONTACT INFORMATION

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# ABOUT OLLI-RU

The Osher Lifelong Learning Institute at Rutgers University (OLLI-RU) is proud to be part of The Bernard Osher Foundation's nationwide network of outstanding centers providing continuing education to individuals over 50, who are looking for an opportunity to expand their horizons, learn in an engaging environment, and meet new friends. OLLI-RU offers noncredit education that is stimulating, friendly, and informal. There are no tests and no grades! You will be part of a learning community that is full of diversity, insight, wisdom, intellectual and cultural stimulation, and friendship.

## MEMBERSHIP



There is no membership fee for our winter session so classes are open to all at the rate posted in the catalog and online.



Starting in the Spring 2022 session, to ensure that we can continue to serve our community, like many sister OLLI's across the nation we will have a separate annual membership cost of \$50. Once a year our community will renew their membership, allowing members to take courses and making available other membership benefits including access to trips as we begin in-person programming.

Should an individual opt-out of membership, we welcome your participation and will have an alternate course fee structure to accommodate non-members. There will be additional information to come, so please monitor your email and our website as we get closer to the spring session.

## ONLINE CLASS EXPERIENCE

All OLLI-RU classes are online using the Zoom platform.

**Zoom links** are emailed to registered students approximately 3 to 5 days before the first class. Please make sure to check for the link at least 24 hours before your class. If it's not in your inbox, make sure to check your junk or spam file. If not there, email [olliregistrations@docs.rutgers.edu](mailto:olliregistrations@docs.rutgers.edu)

**Things still happen:** Please keep in mind that at times technology can fail one or all of us. We do our best to help when we can but some things are beyond our control. The ability to connect to the class and the quality of the connection depends on many factors and we will not be able to troubleshoot or solve every issue. OLLI-RU has no control over issues with a student's technology that may prevent them from logging in to a class.

### Best Practices/Online Class Etiquette:

1. Connect a few minutes early, if possible, to allow time for setup.
2. To help with your connection:
  - Limit the number of people in your household online during your class time.
  - Be as close to your modem or router as possible.
  - Close other applications that may be open on your device.
3. Keep yourself on mute unless you are speaking.
4. If your camera is on, the class and instructor can see everything you do. To limit distractions for others, please turn your camera off and mute yourself if you choose to do other things.

## *A note from our Director*



*Friends,*

As 2021 leaves us and we look ahead to the new year, I've always found this time to be aligned with profound introspection and reflection as we naturally turn inward, into our homes, into our books, crafts, conversations. The quiet of winter is ideal for spending time with loved ones, and for precious alone time to revel in the stillness the season has to offer.

Here at OLLI-RU, we are rarely still. As we eagerly prepare for the winter session, we are also preparing for the spring session which will see a much-anticipated return to in-person instruction as well as Zoom. Our instructors as well as the rest of the OLLI team deserve a huge thank you (as well as a vacation!) for working so hard to ensure the transition to Zoom was as easy and pleasant as possible. Thank you for all you've done, and for all you continue to do. And thank *you*, our student community, for your generosity of spirit as you join us on this wild journey.

We have missed seeing each other in person but spring will soon be here and we plan for that to be when we can welcome you back to our classrooms with, of course, some safety protocols in place. **Please monitor your email and our website in the coming weeks as we disseminate additional information regarding spring.**

OLLI-RU is a fully self-supporting nonprofit organization, all registration fees directly support the program. To ensure that we can continue to serve our community, like many sister OLLI's across the nation we will now have a separate annual membership cost of \$50, beginning this spring 2022 session. Once a year our community will renew their membership, allowing members to take courses and making available other membership benefits including access to trips as we begin in-person programming. Should an individual opt-out of membership, we welcome your participation and will have an alternate course fee structure to accommodate non-members. There will be additional information to come, so please monitor your email and our website as we get closer to the spring session.

It is my utmost privilege to work with the OLLI program and now, more than ever, I feel the power of community throughout our OLLI. We have weathered the worst storms together, have extended grace, kindness, and understanding to each other and, most of all, have invested our time and effort into this beloved program. What would we do without OLLI-RU? It's a question worth pondering as we enter the new year.

I hope you, your families and loved ones enjoy health and happiness in the coming year. Here's to a 2022 full of learning, new friendships, and new experiences. I can't wait to see you soon.

*Megan*

Megan Novak  
Director

The Osher Lifelong Learning Institute at Rutgers University

# REGISTRATION

## Winter registration begins November 18, 2021

### How to Register Online

1. Go to **OLLI-RU website-** [olliru.rutgers.edu](http://olliru.rutgers.edu) and **click the “Register” tab.** Scroll down to see course listings.
2. Click **“Register”** next to the chosen class (it says description until the day of registration)
3. Scroll to the bottom right of that page and click **“Register/Sign-in Now”**
4. Follow directions through the rest of the process
5. **Receive two confirmation emails-** one for registration and one for payment. Confirmation emails are sent automatically by the system immediately upon successful registration. **If you do not receive both emails, check your spam or junk folder.** If they are not there, please contact us at [olliregistrations@docs.rutgers.edu](mailto:olliregistrations@docs.rutgers.edu) or call 848-932-6554.

#### Check out How-to Guides here:

Click here for: [How to Register Online Guide](#)

Click here for: [How to Register 2 People from One Account](#)

#### NO PAPER REGISTRATION:

We are unable to accept paper registration. DO NOT MAIL ANYTHING to the OLLI-RU office.

### Zoom links

**Links are emailed approximately 3 to 5 days before the class starts.** If you don't see it in your inbox, check your spam or junk folder. If not there, email [olliregistrations@docs.rutgers.edu](mailto:olliregistrations@docs.rutgers.edu).

**Check for link at least 1 day before your class.** If you wait until a few minutes before class starts we may not be able to respond to you right away. Email [olliregistrations@docs.rutgers.edu](mailto:olliregistrations@docs.rutgers.edu) if you don't have the link.

# POLICIES

## REFUND POLICY

- A full refund for multi-week courses will be provided if we receive the request in writing **before the start of the second class**. Refunds will be issued in the original form of payment and only to the individual who paid for the class.
- The requests must be submitted via our Refund/Transfer web form here: [Refund/Transfer webform](#) or emailed to [ollirefunds@docs.rutgers.edu](mailto:ollirefunds@docs.rutgers.edu).
- No refunds will be issued for one-day courses.

## TRANSFER POLICY

Students can transfer from one class to another at any point during the session provided confirmation from OLLI-RU staff that the class is still open. To request a transfer complete the [Refund/Transfer web form](#) or email [ollirefunds@docs.rutgers.edu](mailto:ollirefunds@docs.rutgers.edu). DO NOT MAIL anything to OLLI-RU offices.

## HOLIDAYS

OLLI-RU is a secular organization that is part of a public university. As such, we follow the University schedule and do not close for any religious holiday. If you plan to miss a class due to observing a religious holiday, please contact our office well in advance and we will gladly work with you and the instructor to ensure you stay abreast of important content. Email [olliregistrations@docs.rutgers.edu](mailto:olliregistrations@docs.rutgers.edu) with your request.

## RECORDINGS

A large part of OLLI-RU's mission is to create and build community among our members. Given we can't all be together in person right now, the best way for us to continue our community is through synchronous class attendance where, just like an in-person class, students and instructors meet together at the same time and engage with each other in an academic and socially meaningful way. To that end, OLLI-RU will not be recording any online classes. If you have questions, please contact Megan Novak at [megnovak@rutgers.edu](mailto:megnovak@rutgers.edu). **For specific inquiries concerning recordings, please email [olliregistrations@docs.rutgers.edu](mailto:olliregistrations@docs.rutgers.edu).**

## MISSED CLASSES

Individual classes that are canceled for any reason by OLLI-RU or the instructor will be made up either by adding additional time to each remaining class or by extending the class by an additional meeting.

## CANCELED COURSES

Students registered for a course that gets canceled due to low enrollment will be notified approximately one week before the class is scheduled to start. You have the opportunity to transfer to an alternate open class or receive a refund. **The minimum number of students required to run a class** is carefully calculated based on the cost of running the class. OLLI-RU is self-supporting and relies on registration fees to ensure immediate and long-term sustainability. If a course does not meet the minimum enrollment, we, unfortunately, have to cancel it to avoid operating at a financial loss.

# INDEX BY TOPIC

## ART HISTORY and APPRECIATION

Art from All Angles w/Princeton U. Art Museum..	26
Gustav Klimt and <i>The Woman in Gold</i> .....	11
Islamic Culture through Art & Architecture.....	17
Mysteries of Art History.....	8
Understanding Art: Styles, Forms, Functions.....	13

## CONSUMER INFORMATION

Navigating Medicare.....	23
--------------------------	----

## CREATIVE ARTS – (IN PRACTICE)

### Art

Art for the Fun of It.....	17
The Farmer's Mkt: Drawing Fruits/Veg.....	20
How to Choose and Use Color .....	8
Meditative Drawing.....	8
Paint/Draw Decorative Patterns fr. World Cultures..	17
Start Drawing 1.....	24
Winter Painting Studio.....	13
Winter Sketch Class.....	11

### Creative Writing/ Poetry/Performance

The Keys to Revising & Editing.....	20
Life Stories as Monologues.....	26
Memoir 101: Soul Story Writing & Family Tree Making.....	23
Poetry and Protest.....	18
Poetry for a New Year.....	15

### All of the Above

Cultivating Creativity.....	18
-----------------------------	----

## CURRENT AFFAIRS

How Does U.S. Rank Globally? Top10 Summary.	8
Let's Discuss: Current Events.....	26
New Jersey Law Today.....	21

## FILM STUDIES

Fathers in Films.....	24
A Selection of Unique Films from 5 Countries.....	21

## FOOD APPRECIATION- CHEESE!

Cheese in Our Backyard.....	9
Origins of Cheesemaking.....	9
Transatlantic Cheese Connection.....	9

## HISTORY, CULTURE & HOBBIES

American Railroads & Model Railroad.....	14
Aviation History & Scale Model Building.....	16
Dances and Festivals of South Asia.....	23
Deadly Women.....	24
I Was Only Joking: The Ethics of Humor.....	25
Islamic Culture through Art & Architecture.....	17
Monuments and Memorials of New Jersey.....	21
Trees of New Jersey.....	15

## LANGUAGE

Fun with Yiddish.....	11
-----------------------	----

## LITERATURE

Agatha Christie's Miss Marple.....	22
Even More Great Mysteries.....	16
<i>Shakuntala</i> , a play by Kalidasa.....	19
The Story of a Family: Thomas Mann's <i>Buddenbrooks</i> .....	23
Young Adult Historical Fiction: Will We Ever Learn from the Past.....	12

## MIND, BODY & SPIRIT

The Art of Hygge: Secrets of Contentment.....	14
Cultivating Creativity.....	18
Explore Psychological Theories & Exercise Brain..	16
Gentle Joints Chair Yoga & Meditation.....	18
Renewal, Revision & Reinvention After 50.....	26
Take a Laughter Break for the Health of It.....	8

## MUSIC and THEATER APPRECIATION

The Beatles: The Classic Albums.....	12
Fear of the Unknown: New Classical Music.....	15
Swing Your Razor Wide: Inside the Legend of Sweeney Todd.....	19
With a Song in My Heart: Great Composers of Stage and Screen.....	25

## SPIRITUAL TEXTS & PHILOSOPHY

A Sampler of Pirkei Avot.....	19
-------------------------------	----



## Week-at-a-Glance: January to February

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Fun with Yiddish</b> <i>Naomi Miller</i> 10:30am-12pm; 1/10-2/14 *no class 1/17	<b>American Railroads &amp; Model Railroading</b> <i>Bruce Tucker</i> 10:30-12pm; 1/11-2/1	<b>Cultivating Creativity</b> <i>Monica Shah</i> 10:30-12pm; 1/12-2/2	<b>How Does the US Rank Globally? A Top 10 Summary</b> <i>Doug Stowell</i> Jan. 6; 10:30-12pm	<b>Deadly Women</b> <i>Charlie Smith</i> 10:30-11:30; 1/14-2/11
<b>Gustav Klimt and <i>The Woman in Gold</i></b> <i>Maurice Mahler</i> 10:30am-12pm; 1/24-1/31	<b>The Art of Hygge: Contentment</b> <i>Monica Shah</i> 10:30am-12pm; 1/11-2/1	<b>Gentle Joints Chair Yoga &amp; Relaxation</b> <i>Pratibha Jani</i> 10:30-11:30am; 1/12-2/2	<b>Agatha Christie's Miss Marple</b> <i>Hugo Walter</i> 10:30-11:30am; 1/13-2/10	<b>Fathers in Films</b> <i>Sally Bauer Cohen</i> 10-11:30am; 1/14-2/11
<b>Winter Sketch Class</b> <i>Jeff Cohen</i> 10:30am-12pm; 1/10-2/14 *no class 1/17	<b>Fear of the Unknown: New Classical Music</b> <i>Anna Arazi</i> 10:30-11:30am 1/11-2/8	<b>A Sampler of Pirkei Avot</b> <i>Joseph Rosenstein</i> 10:30am-12pm; 1/12-2/9	<b>Navigating Medicare</b> <i>Sondra Brower</i> 10:30-11:30am; 1/13-2/10	<b>I Was Only Joking: the Ethics of Humor</b> <i>Noreen Braman</i> 10:30-11:30; 1/14-2/11
<b>Young Adult Historical Fiction</b> <i>Howard Schechter</i> 10:30 am-12 pm; 1/10-1/31 *no class 1/17	<b>Poetry for a New Year</b> <i>Maxine Susman</i> 10:30-12pm; 1/11-2/8	<b><i>Shakuntala</i>, a Play by Kalidasa</b> <i>Vandana Walia</i> 10:30am-12pm; 1/12-2/9	<b>The Story of a Family: Thomas Mann's <i>Buddenbrooks</i></b> <i>Nicholas Birns</i> 1-2:30 pm 1/13-2/10	<b>With a Song in My Heart</b> <i>Sam&amp;Candy Caponegro</i> 10:30-12pm; 1/14-2/11
<b>The Beatles: The Classic Albums</b> <i>Vinnie Bruno</i> Feb. 14 – 18 10am-12pm Meet every day (Mon-Fri) for 1 week at the end of our regular session!	<b>Trees of New Jersey</b> <i>Erik Burro</i> 10:30-12pm; 1/11-1/25	<b>Swing your Razor Wide: Inside the Legend of Sweeney Todd</b> <i>Susan Speidel</i> 10:30am-12pm; 1/12-2/2	<b>Dances and Festivals of South Asia</b> <i>Sayyid Tirmizi</i> 3-4 pm; 1/13-1/27	<b>Take a Laughter Break for Health of It</b> <i>Noreen Braman</i> Jan. 7; 1-2:30pm
	<b>Aviation History &amp; Scale Model Building</b> <i>Bruce Tucker</i> 1-2:30pm; 1/11-2/1	<b>The Farmer's Market: Drawing Fruits &amp; Vgs.</b> <i>Karl Lorenzen</i> 1-2:30pm; 1/12-2/9	<b>Memoir 101</b> <i>John Marron</i> 3-4:30pm; 1/13-2/10	<b>Art from All Angles with Princeton Uni. Art Museum</b> <i>PUAM docents</i> 1-2pm; 1/14-2/11
<b>Understanding Art: Styles, Forms and Functions</b> <i>Julie Cardillo</i> 1-2:30pm; 1/10-2/14 *no class 1/17	<b>Even More Great Mysteries!</b> <i>Nawaz Merchant</i> 1-2:30pm 1/11-2/8	<b>The Keys to Revising and Editing</b> <i>Nawaz Merchant</i> 1-2:30; 2/2-2/9	<b>Start Drawing 1</b> <i>Val Snyder</i> 3:30-5; 1/13-2/3	<b>Let's Discuss: Current Events</b> <i>Leonard Parry</i> 1-2:30pm; 1/14-2/11
<b>Winter Painting Studio</b> <i>Jeff Cohen</i> 1-2:30pm; 1/10-2/14 *no class 1/17	<b>Explore Psychological Theories</b> <i>Margareta Greeley</i> 1-2pm; 1/11-2/8	<b>Monuments and Memorials of New Jersey</b> <i>Erik Burro</i> 1-2:30pm; 1/12-2/9	<b>Origins of Cheesemaking</b> <i>Carla Graifer</i> 3-4:30pm Jan. 13	<b>Life Stories as Monologues</b> <i>Susan Speidel</i> 1-2pm; 1/14-2/18* *no class 1/21
	<b>Painting Decorative Patterns from World Cultures</b> <i>Karl Lorenzen</i> 1-2:30pm; 1/11-2/8	<b>A Selection of Unique Films from Five Countries</b> <i>Roz and Steve Shaw</i> 1-2:30; 1/12-2/9	<b>Transatlantic Cheese Connection</b> <i>Carla Graifer</i> 3-4:30 pm Jan. 20	<b>Renewal, Revision &amp; Reinvention after 50</b> <i>Noreen Braman</i> 1-2:30; 1/14-2/11
	<b>Art for the Fun of It</b> <i>Frannie Demetrician</i> 3-4:30pm; 1/11-2/8	<b>New Jersey Law Today</b> <i>Stephen Eisdorfer</i> 3-4:30pm; 1/12-2/9	<b>Cheese in Our Backyard</b> <i>Carla Graifer</i> 3-4:30 pm Jan. 27	
	<b>Islamic Culture Through Art and Architecture</b> <i>Sayyid Tirmizi</i> 3-4pm; 1/11-2/8	<b>How to Choose and Use Color</b> <i>Val Snyder</i> 3:30-5pm; Jan. 12		
	<b>Poetry and Protest</b> <i>Imani Wallace</i> 3-5pm; 1/11-2/8	<b>Meditative Drawing</b> <i>Val Snyder</i> 3:30-4:30; Jan. 19		
		<b>Mysteries of Art History</b> <i>Val Snyder</i> 3:30-4:30pm; Jan. 26		

**It's not over! Check out this special post-session course!**

**THE BEATLES: THE CLASSIC ALBUMS** with *Vinnie Bruno* 10am-12pm; Mon-Fri; Feb. 14 – Feb. 18



# ONE-DAY CLASSES

## How Does the U.S. Rank Globally? A Top 10 Summary!

Thursday, Jan. 6  
10:30 a.m. - 12:00 p.m.

Class Size: Large  
\$25.00

Join us for an interesting look into the U.S. rankings for 2021 in more than 25 key global factors like income, deductions and taxes; the environment & pollution; energy sources; healthcare costs and outcomes; marriage, divorce & birth rates; education levels & achievement; life expectancy and paid vacations; population trends; an index on religiosity & atheism; a national prosperity index; murder and crime rates; a change readiness index; happiest & most competitive countries; "best" countries ranked; "where" to be born, etc. Materials such as charts and links to data sources will be provided by the instructor to registered participants in advance. (course code: R1)

**Instructor:** Douglas Stowell

## Take a Laughter Break for the Health of It

Friday, Jan. 7  
1:00 p.m. - 2:30 p.m.

Class Size: Large  
\$25.00

Learn about the concept of Laughing for no reason (just for the health of it) in this fun, stress-relieving interactive program. We will discuss the relationship of humor and laughter to mental and physical wellness; the role of laughter in human development; as well as when and what kind of humor is appropriate. Students will receive takeaway exercises so you can incorporate laughter into your everyday life. (course code: R2)

**Instructor:** [Noreen Braman](#)

## Mysteries of Art History

Wednesday, Jan. 26  
3:30 p.m. - 4:30 p.m.

Class Size: Medium  
\$25.00

Wait...Mona Lisa might be a man? You've seen the artworks now find out what's been hiding in plain sight! Join us for a light-hearted romp through art history's mysteries and find out what you've been missing! (course code: R4)

**Instructor:** [Valerie Snyder](#)

# One-Day **Art Classes** with Valerie Snyder

## How to Choose and Use Color

Wednesday, Jan. 12 3:30 p.m. - 5:00 p.m.

Why is the sky blue (probably not why you think)? How can color help you lose weight? Color is a fascinating subject! Students in this class will learn about what COLOR is, how we perceive color, the color wheel (did you know Isaac Newton made the first one?), and how color be used to create harmonious color schemes in your clothing choices, decor, and life! (course code: R53) \$25

## Meditative Drawing

Wednesday, Jan. 19 3:30 p.m. - 4:30 p.m.

Tune out the world and create art by using the practice of meditative drawing. Take an hour just for you to focus on calming techniques you can use to bring relaxation to your life while making beautiful art simultaneously! All you need is a felt-tipped pen, pencil, paper, and a quiet room with a comfy chair! (course code: R3) \$25

# Cheese Tastings

with Carla Graifer

## Origins of Cheesemaking

Thursday, Jan. 13 3:00 p.m. – 4:30 p.m.

Did our prehistoric ancestors eat cheese? Travel with me through the ages to discover the answer. From the basic nutritional needs of survival to the technological process of modern cheese making, it is a fascinating and sometimes surprising story. Our cheese selections will include some recipes that date back thousands of years as well as modern industrial cheese. *(course code R6)*

## Transatlantic Cheese Connection

Thursday, Jan. 20 3:00 p.m. – 4:30 p.m.

Take a journey from the shores of the U.S. to our European cousins and discover the similarities in our cheese traditions. We will explore cheese history and the development of regional cheese making throughout Europe and how it led to the American Cheese industry. We will sample and compare European classics and artisanal American cheeses. *(course code R7)*

## Cheese in Our Backyard

Thursday, Jan. 27 3:00 p.m. – 4:30 p.m.

A surprising selection of artisanal cheese from the tri-state area offers a quality local tasting experience. These creameries provide us with a good illustration of sustainable farm to fork practices. Discover how some urban environments have become the perfect terroir for cheese aging. Our sampling will include local cheeses. *(course code R5)*

### Tastings are Virtual

*A list of cheeses and where to purchase them will be provided to registered students approximately one week before the class. A list of wine pairings will also be provided.*

**\$25 for each class**  
**Take all 3 - save 20%**  
See "Cheese Tasting Package"  
in course listings on our website!  
(course code R9)

## Catalog information

### COURSE LISTINGS

#### Monday - Friday

Separated into

- Morning
- Early Afternoon
- Late Afternoon

### CLASS SIZE

Small	10-20 students
Medium	21-35 students
Large	36 and above

### Search by Instructor

See [Instructor Bio](#) pages starting on [page 27](#).

You can find the page number(s) for their classes in their bio.

### Search by Topic

See the [Index](#) on [page 6](#)

# MULTI-WEEK CLASSES

## MONDAY Morning

### Fun with Yiddish

Mondays, Jan. 10 – Feb. 14\*  
10:30 a.m. - 12:00 p.m.

Class Size: Small  
\$50.00

*\*no class on Jan. 17*

Join us for a fun time learning Yiddish and storytelling. You won't become fluent but you'll enjoy hearing this beautiful language, learning vocabulary, and "getting Yiddish in your mouth!" You will provide a paragraph based on a prompt from the instructor. She will translate it into Yiddish and create a small skit then students will act out the skit in class. Learning Yiddish as you go. This course is ideal for newcomers as well as those who took A Taste of Yiddish. (course code R9)

**Instructor:** Naomi Miller

### Gustav Klimt and *The Woman in Gold*

Mondays, Jan. 24 & Jan. 31  
10:30 a.m. - 12:00 p.m.

Class Size: Large  
\$30.00

Learn more about Gustav Klimt, a master of symbolism and a leader of the Vienna Secession movement. We will discuss one of his most famous works, *The Woman in Gold*, also known as *Portrait of Adele Bloch-Bauer I*. Let's get to know both the artist and the fascinating woman in the painting. (course code R10)

**Instructor:** Maurice Mahler

### Winter Sketch Class

Mondays, Jan. 10 – Feb. 14\*  
10:30 a.m. - 12:00 p.m.

Class Size: Small  
\$50.00

*\*no class on Jan. 17*

Capture the essence and beauty of winter scenes with the simplest lines. We will cover line, tone, texture, perspective. It's great fun. I will guide you along the way so you can expect plenty of individual attention along with pointed, direct critiques of your work to help you improve. Come draw with me. **Supplies needed:** F Faber/Castell graphite pencil, 3B Faber/Castell graphite pencil, 7B Faber/Castell graphite pencil, pink beveled eraser, 11"x14" 50lb. stock Bienfang or Strathmore sketch pad. (course code R11)

**Instructor:** Jeff Cohen



## Young Adult Historical Fiction: “Will We Ever Learn from the Past?”

Mondays, Jan. 10 – Jan. 31\*  
10:30 a.m. - 12:00 p.m.

Class Size: Small  
\$35.00

*\*no class on Jan. 17*

Many years ago, philosopher George Santayana cautioned: "Those who cannot remember the past are condemned to repeat it." Young adult historical fiction novels often convey emotional and unique perspectives about events that changed our world and continue to have relevance today. In this course, we will focus on three classic young adult fiction books that offer, through a child's perspective, insights into historical injustices. The books we will read are *The Cay* by Theodore Taylor, *Hide and Seek* by Ida Vos, and *Journey to Topaz* by Yoshiko Uchida. Please note that the books are brief in length, and you can read them easily within a week's duration. Please read *The Cay* for the first class. (course code R12)

**Instructor:** Howard Schechter

**THE BEATLES - THE CLASSIC ALBUMS**  
Post-Session Special!  
One week with Vinnie Bruno



## The Beatles "The Classic Albums"

Monday- Friday; Feb. 14 – Feb. 18  
10:00 a.m. - 12:00 p.m.

Class Size: Large  
\$55.00

After most of the regular session courses are done, we've got one more "Ticket to Ride". It's not quite "Eight Days a Week" but "Come Together" and spend five days in this immersive experience with Beatles expert Vinnie Bruno! Classes are 2 hours a day, Monday through Friday for one week.

This course will survey five classic Beatles albums: Rubber Soul (1965), Revolver (1966), Sgt. Pepper's Lonely Hearts Club Band (1967), The White Album (1968) and Abbey Road (1969). We'll explore the genesis of how the songs were conceived, and written, their musical influences, recording & production techniques and album cover art. (course code R13)

**Instructor:** Vinnie Bruno

# MONDAY Early Afternoon

## Understanding Art: Styles, Forms and Functions

Mondays, Jan. 10 – Feb. 14\*  
1:00 p.m. - 2:30 p.m.

Class Size: Small  
\$50.00

*\*no class on Jan. 17*

This course is a beginner-friendly, introductory course designed for those who are new to the world of art. Multiple styles of art are explored and discussed in an inclusive way so that students become familiar with various types of art, while learning to speak and write intelligently about it. The class will cover two and three-dimensional art forms, art history, specific techniques, and media. A general survey of art styles throughout history will also be explored. Students will engage in lively class discussions and submit short writing assignments which incorporate elements and principles of design. The teacher will do live demonstrations to help provide a deeper understanding of artistic processes. Students are welcome to follow along. (course code R14)

**Instructor:** Julie Cardillo



*Students are talking about Julie Cardillo:*

*"Exceeded my expectations"*

*"Please keep this instructor for as long as you can..fantastic."*

*"She's a keeper."*

## Winter Painting Studio

Mondays, Jan. 10 – Feb. 14\*  
1:00 p.m. - 2:30 p.m.

Class Size: Small  
\$50.00

*\* no class on Jan. 17*

This course will focus on how to paint. You decide the medium you would like to paint in -- either watercolor, acrylics, or oils. Come to the first class with a subject you are interested in tackling -- a copy of an artist's work, a photo, or something from life, and be ready to get started. I will offer pointed, direct suggestions to help sharpen your skills. (course code R15)

**Supplies needed for watercolor:** #1, #4, #8 round watercolor brushes (camel, sable hair, or synthetic), Yarka watercolor set (12 color, pan, not tube), Strathmore 9"x12" cold press watercolor pad or Bienfang 9"x12" watercolor pad of ph neutral paper, 2B pencil with eraser.

**Supplies needed for acrylics:** Liquitex six pack basics (feel free to bring any additional colors you may own), acrylic synthetic round brushes (#2, #5, #8), 9"x12" pad of canvas paper, plastic or china plate to use as palette, small cup for water, 2B pencil and eraser.

**Supplies needed for oils:** Starter oil set (including primary colors and black and white -- feel free to bring any additional colors you may own), synthetic round brushes (#2, #5, #8), 9"x12" pad of canvas paper, palette or plastic plate to use as palette, small amount of turpentine in small jar (odorless, if possible), 2B pencil and eraser.

**Instructor:** Jeff Cohen

# TUESDAY Morning

## American Railroads & Model Railroading

Tuesdays, Jan. 11 – Feb. 1  
10:30 a.m. - 12:00 p.m.

Class Size: Medium  
\$40.00

This course covers both a brief history of America's Railroads and an exploration of its impact on the toy train and the hobby of Model Railroading. By the end of the 19th century, steam railroads had crossed the country and new electrical appliances were coming into homes. This helped inspire the creation of a new toy and hobby that could be shared by children and parents. Two American entrepreneurs, children of immigrants, established a toy train industry that sold millions, spanned generations, and endured a depression and two world wars. Although greatly diminished by the late 1960s, thanks to some computer and WIFI-based innovations, the hobby continues to find new ways to attract the next generation of parents and children. *(course code R16)*

**Instructor:** Bruce Tucker

## The Art of Hygge: Secrets to Contentment

Tuesdays, Jan. 11 – Feb. 1  
10:30 a.m. - 12:00 p.m.

Class Size: Small  
\$40.00

Do you know how to hygge? This heart-warming concept (some say it's pronounced **hoo**-guh but there's debate!) that originates from Denmark, consistently ranked "happiest country in the world," refers to a cozy and comfortable conviviality that engenders a feeling of well-being. The self-care principles behind Hygge are scientifically proven to reduce stress and improve health and relationships. Together, let's invite hygge into our homes through art, journaling, conversation, games, short films and stories, crafts and other ways of fostering connection and contentment. In these 4 weeks, you will enjoy a greater sense of wellbeing and learn easy, tangible ways to infuse your everyday life with the warm philosophy of hygge. Bring a hot drink (mulled apple cider, cocoa, herbal tea, etc.), a comforting treat (slice of cake, banana bread, cinnamon-dusted sweet potato, etc.), a candle, notebook, and any art supplies you like. *(course code R17)*

**Instructor:** Monica Shah



## Fear of the Unknown: New Classical Music

Tuesdays, Jan. 11 – Feb. 8  
10:30 a.m. - 11:30 a.m.

Class Size: Medium  
\$50.00

Are you excited or terrified to try new things? Many music lovers are afraid of contemporary classical music and opt for the comfort of well-known masterpieces. The truth is you can enjoy both the familiar and unknown worlds - it's a matter of how you perceive and engage with them. In this interactive course, we'll experiment listening in new ways and discover new tools for exploring the unknown. We'll use visual, sonic and culinary metaphors and narrative so you can express your experience, expand your musical comfort zone, and become informed and enthusiastic listeners. For example, we examine pictures of a galloping horse and an abstract drawing and imagine what kind of music that would be; we'd listen to musical examples and match the pictures with the music, we compare listening to new music with tasting a new food, breaking the process into simpler elements (such as texture, color etc.) and getting very specific about the new likes and dislikes. The tools you'll learn will help you discover new possibilities and transform your response to the unknown and uncertain circumstances in all arenas of life. (*course code R18*)

**Instructor:** Anna Arazi



### Meet new OLLI-RU instructor Anna Arazi

Anna is a Boston-based Russian-Israeli classical pianist and educator who enthusiastically advocates for contemporary and rarely performed music by female composers. Anna has premiered dozens of solo and chamber works by American, British, Israeli and Russian composers, including Ketty Nez, Vera Ivanova, Talia Amar and Angela Slater. Her performance credits include the Bell'Arte festival in Belgium, Paine Hall at Harvard University, the Mishkenot Sha'ananim Center in Jerusalem, and Weill Recital Hall in NYC.

## Poetry for a New Year

Tuesdays, Jan. 11 – Feb. 8  
10:30 a.m. - 12:00 p.m.

Class Size: Small  
\$50.00

In this poetry workshop, we will write poems and flash prose across a range of possible topics: what's in the news, in our hearts, and on our minds. We will read and discuss published poems from a diverse group of poets, present and past. Lively discussions about meaning, craft, and creative choices will lead to a prompt for writing new work that draws from our own experiences, as well as from new things we learn. Students will have a chance each week to read their new poem, and to participate in critique in a non-competitive, supportive atmosphere. (*course code R19*)

**Instructor:** Maxine Susman

## Trees of New Jersey

Tuesdays, Jan. 11 – Jan. 25  
10:30 a.m. - 12:00 p.m.

Class Size: Medium  
\$35.00

Take an appreciative and historic view of trees, what they have done for us in the past, how they benefit us today. We discuss the species most common in NJ and how to discover NJ's big, signature and champion trees. Learn several tree types and their place in New Jersey history. Discover how landscapes have changed and how crucial various trees were to New Jersey's development including historical events often linked with specific trees. We'll also discuss public gardens and arboreta where a variety of landscapes and trees can be experienced. (*course code R39*)

**Instructor:** Erik Burro



## Aviation History & Scale Model Building

Tuesdays, Jan. 11 – Feb. 1  
1:00 p.m. - 2:30 p.m.

Class Size: Medium  
\$40.00

This course covers a brief history of aviation and its direct connection to the hobby of scale model building. From the 20th century, aircraft on both sides of wars have played a significant part in the history of aviation. These innovative aircraft designs inspired a desire by some to build detailed scale replicas. Initially tin or crudely hand-carved wood, these kits or toys would eventually evolve by the 1950s into highly detailed injection-molded plastic part kits sold by companies like Aurora, Revell, and Monogram. With skill, research, and patience, these completed kits could be displayed, enjoyed, and perhaps used to tell the history of the aircraft and its impact on history. (*course code R20*)

**Instructor:** Bruce Tucker

## Even More Great Mysteries!

Tuesdays, Jan. 11 – Feb. 8  
1:00 p.m. - 2:30 p.m.

Class Size: Small  
\$50.00

Mystery novels excite our imagination, engage our emotions and draw us into a world of intrigue, where crime solvers battle villains as well as confusion, bureaucracy and sometimes each other. Mixing classics with contemporary novels, this class discusses the Mystery/Thriller genre and sub-types (Noir, cozy, classic, police procedural, psychological thriller etc). We will read two novels and watch three films to be discussed in class. We will hear sections read aloud and consider the plot and theme, discuss the characters and why that story haunts us. The novels are available at most libraries. Movies are available On Demand or on Netflix. We will discuss the following books and movies in this order: Dashiell Hammett: *The Thin Man* (film); Raymond Chandler: *The Lady in the Lake* (novel); *The Woman in the Window* (film); Susan Cox: *The Man in the Microwave Oven* (novel); Agatha Christie: *The Mysterious Affair at Styles* (film). (*course code R21*)

**Instructor:** Nawaz Merchant

## Explore Psychological Theories and Exercise Your Brain

Tuesdays, Jan. 11 – Feb. 8  
1:00 p.m. - 2:00 p.m.

Class Size: Small  
\$50.00

Train your brain to remember more through renowned psychological theories. Through multifaceted use of thought and creativity, ranging from left to right side of the brain, you can enhance your memory. Use these psychological theories to learn how the mind functions and encourage the use of new areas of the brain to enhance your overall brain function and cell activity. Increase your working memory capacity through exercises that encourage you to think outside the box. The creation and growth of new brain cells occur at any age, so why not enhance your mind through this course? (*course code R22*)

**Instructor:** Margareta Greeley

## Painting/Drawing Decorative Patterns from World Cultures

Tuesdays, Jan. 11 – Feb. 8  
1:00 p.m. - 2:30 p.m.

Class Size: Small  
\$50.00

We will draw and paint beautiful patterns inspired by the decorative arts of Europe, South Asia, the Australian Aboriginal, and the African Continent. Drawing and painting samples will be provided by the instructor. The material has been developed so that it is available to students at all levels of ability: no previous art experience is required. *(course code R23)*

1. South Africa: paint motifs from Southern African fabrics with watercolor using a wax resist technique.
2. Australia: draw motifs from Australian Aboriginal culture by stippling with magic markers.
3. Europe: Using watercolor pencils, we will draw examples of European knot work freehand and with provided templates.
4. India: paint decorative patterns from India with beet and blueberry dyes
5. Northern Africa: using watercolor pencils, we will draw examples of geometric North African patterns freehand and with provided templates.

**Supplies needed:** Prang Watercolor Oval Pan Set, 8 Colors (includes a mixing tray and #6 round watercolor brush), 90lb. cold-press 9" X 12" watercolor paper, student grade #0 watercolor round brush, clear wax crayons, magic markers, watercolor pencils, tracing paper, grid paper, beet and blueberry dyes (simple recipes will be provided).

**Instructor:** Karl Lorenzen

**TUESDAY** Late Afternoon

## Art for the Fun of It

Tuesdays, Jan. 11 – Feb. 8  
3:00 p.m. - 4:30 p.m.

Class Size: Small  
\$50.00

In this course we will use art-making as a means to have fun, relax and spend time in creative play. We will draw, paint, write, listen to music and poetry and commune with our "inner child" for an entertaining and lively experience. No fear, no competition, just you, just us. This class is for artists and non-artists of all levels and interest. *(course code R24)*

**Basic supplies needed:** #2 pencil, eraser, mixed media paper (9x12), paints of your choice (acrylics, watercolors, gouache), brushes and markers. All supplies are available at Michaels.

**Instructor:** Franne Demetrician

## Islamic Culture through Art and Architecture

Tuesdays, Jan. 11 – Feb. 8  
3:00 p.m. - 4:00 p.m.

Class Size: Medium  
\$50.00

For over 1400 years, Islamic culture has made a significant contribution to the world of art and architecture. From the Dome of the Rock through the Cordoba Mosque in Spain to the Taj Mahal in India, from beautiful miniature paintings to various calligraphy styles, from Ibn Khaldun to Rumi, Islamic culture has excited historians and ordinary people alike. All this compels one to examine the contribution of Islamic art and culture to world civilization. This course will introduce the creative world of Islamic culture through some of the significant landmarks of art, architecture, paintings, and calligraphy over the centuries. *(course code R25)*

**Instructor:** Sayyid Tirmizi

## Poetry and Protest

Tuesdays, Jan. 11 – Feb. 8  
3:00 p.m. - 5:00 p.m.

Class Size: Small  
\$50.00

This class will provide participants an opportunity to learn specific methods of improving their writing while forming a deeper understanding of spoken word and performance poetry. The topics discussed will critically engage diversity, equity and inclusion, honing in on a particular aspect of societal injustice with each conversation and writing prompt. The class is open to all levels and styles of writing, with no prior experience necessary. We aim to impact those who are seeking to learn and write, while building community amongst a safe space. *(course code R26)*

**Instructor:** Imani Wallace

## WEDNESDAY Morning

### Cultivating Creativity

Wednesdays, Jan. 12 – Feb. 2  
10:30 a.m. - 12:00 p.m.

Class Size: Small  
\$40.00

In this multidisciplinary class, you will challenge your brain to think in new ways, stretch your imagination and nurture your creativity. We will engage in a variety of exercises such as crafting twisted fairy tales, making a self-portrait, writing a poem, playing improv games, practicing mindfulness, developing a mini memoir, designing your autobiography cover, etc. Come away with renewed enthusiasm and tools for cultivating your creativity in everyday life. Common household materials will be used (pen, paper, scissors, glue, magazines, etc.) *(course code R27)*

**Instructor:** Monica Shah

### Gentle Joints Chair Yoga & Relaxation

Wednesdays, Jan. 12 – Feb. 2  
10:30 a.m. - 11:30 a.m.

Class Size: Small  
\$40.00

This course includes gentle joint exercises on the chair and standing gentle yoga poses at beginner level. Combined with relaxed breathing techniques (pranayam) to release stress and anxiety it also helps in lowering blood pressure, cholesterol, minimize joint pains and increase mobility. *(course code R28)*

**Instructor:** Pratibha Jani



Pratibha's students are talking...

"A great instructor teaching great material. This is as good as it gets."

"Excellent and caring instructor."

"Very calming experience. I really enjoyed being one of her students."

## A Sampler of Pirkei Avot

Wednesdays, Jan. 12 – Feb. 9  
10:30 a.m. - 12:00 p.m.

Class Size: Medium  
\$50.00

Pirkei Avot, usually translated "Ethics of the Fathers" is a compilation of ethical and practical teachings from Rabbinic Judaism that date from the five centuries from 300 bce to 200 ce. In this course we will select a sample of teachings in this text, reading and discussing each teaching, and discussing its relevance for our lives and our times. The instructor will distribute the readings through email. No Hebrew knowledge is needed, and those without any background in Judaism are very welcome to come and participate. (*course code R29*)

**Instructor:** Joseph Rosenstein

## Shakuntala, a Play by Kalidasa

Wednesdays, Jan. 12 – Feb. 9  
10:30 a.m. - 12:00 p.m.

Class Size: Small  
\$50.00

Kalidasa, a poet and playwright of ancient India, is best known for his play *Shakuntala*, which has been hailed across the world as a masterpiece. We will talk about Kalidasa, the source material for his works, then read and discuss the play with a view to appreciate the genius and universal appeal of a writer whose approximate dates are 4th-5th century CE. An excellent translation by Arthur W. Ryder is available online and the link to that will be sent to all registered students. (*course code R30*)

**Instructor:** Vandana Walia

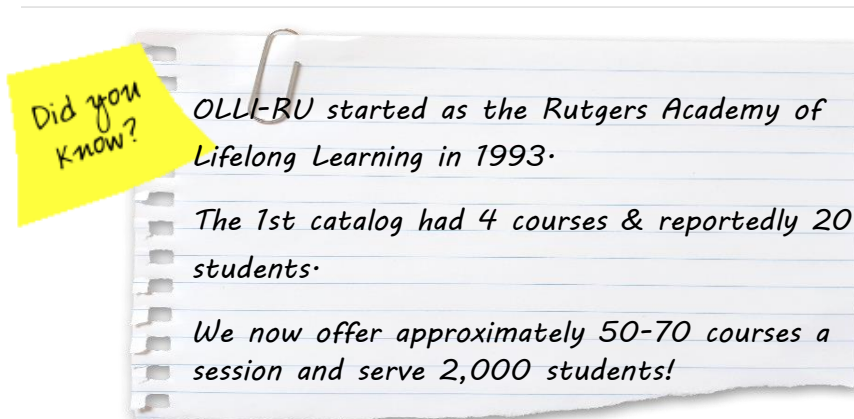
## Swing Your Razor Wide: Inside the Legend of Sweeney Todd

Wednesdays, Jan. 12 – Feb. 2  
10:30 a.m. - 12:00 p.m.

Class Size: Medium  
\$40.00

From "Penny Dreadful" and melodramas to Stephen Sondheim's masterpiece, the story of Sweeney Todd has fascinated generations of audiences. This course will trace the roots of the story, from Victorian London's darkest alleys to its modern incarnations on stage, screen, and in popular culture. (*course code R31*)

**Instructor:** Susan Speidel





## The Farmer's Market: Drawing Fruits and Vegetables

Wednesdays, Jan.12 – Feb. 9  
1:00 p.m. - 2:30 p.m.

Class Size: Small  
\$50.00

We will draw whole and sliced fruits and vegetables in black and white and color. Drawing samples will be provided by the instructor, with particular attention given to the drawing technique of chiaroscuro (rendering the patterns of light and dark on a surface to give the impression of volume) and foreshortening (seeing objects from multiple viewpoints). Students are encouraged to bring their own fruits and vegetables for quick reference. The material has been developed so that it is available to students at all levels of ability: no previous art experience is required. (course code R32)

Class 1: draw broccoli and red cabbage

Class 2: draw peeled and sliced bananas and peaches.

Class 3: draw sliced tomatoes and cucumbers.

Class 4: render the surfaces of strawberries and blackberries

Class 5: draw sliced oranges and kiwis.

**Supplies needed:** multimedia pad, charcoal pencil, ballpoint pen, HB graphite pencil, fine and broad point magic markers, watercolor pencils

**Instructor:** Karl Lorenzen

## The Keys to Revising and Editing

Wednesdays, Feb.2 – Feb. 9  
1:00 p.m. - 2:30 p.m.

Class Size: Small  
\$30.00

This is a brief, fun tutorial on how to edit your article, story or novel. Our first class will cover what to look for, offer checklists and suggestions, with a few examples. Our second class is open ended: an opportunity for you to ask your questions about revising and editing. You can share an excerpt and gain on-the-spot suggestions for revising/editing it. For beginner, intermediate and advanced writers. (course code R33)

**Instructor:** Nawaz Merchant



### Hone your writing skills with direct advice from award-winning novelist Nawaz Merchant!

- Winner of national Mystery Writers of America's Best First Crime Novel Award for *Murder in Old Bombay* (writing as Nev March).
- Nominated for 5 national literature awards.
- *The New York Times* picked her novel as one of the "best crime novels of 2020".
- Writing coach and a member of Mystery Writers of America as well as Crime Writers of Color.

## Monuments & Memorials of New Jersey

Wednesdays, Jan. 12 – Feb. 9  
1:00 p.m. - 2:30 p.m.

Class Size: Medium  
\$50.00

Reconnect with New Jersey's colorful past as you are taken on an unconventional, yet representational, tour of the Garden State's monuments and memorials. Many are taken for granted or unconsciously forgotten, still others are unknown, obscure and unexpected. Surprisingly, some are out-of-state. These tangible reminders in stone, bronze, wood and glass provide a window on our society's past and the sentiments of those who came before us. They express wonder and achievement, sadness and mourning, gratitude and victory. From objects and materials of nature to sophisticated sculptural creations of all types, New Jersey's monuments cover the gamut of memorial expression. In our own time, some have become flashpoints of controversy and public discussion. The class will have an opportunity to respectfully weigh-in on their own opinions. Participants will be encouraged to express what New Jersey people and events should have been considered as part of our monumental legacy. (course code R34)

**Instructor:** Erik Burro

## A Selection of Unique Films from Five Countries

Wednesdays, Jan. 12 – Feb. 9  
1:00 p.m. - 2:30 p.m.

Class Size: Medium  
\$50.00

Each week we will dive deep into a film to get a better understanding of what the filmmaker was trying to portray. We will have lively discussions to share opinions and interpretations of theme, style, and culture. The films are a variety of genres including adventure, biography, comedy, drama, music, and romance. The movie must be viewed prior to each class. The films will be shown in the following order: *Hunt for the Wilderpeople* (New Zealand), *Wadjda* (Saudi Arabia), *Sir* (India), *The Railway Man* (Australia), *Nobody Knows I'm Here* (Chile). Movies are available on Netflix Streaming and on DVD. Other streaming sources can be found on [www.justwatch.com](http://www.justwatch.com). (course code R35)

**Instructors:** Roz and Steve Shaw

## WEDNESDAY Late Afternoon

### New Jersey Law Today

Wednesdays, Jan. 12 – Feb. 9  
3:00 p.m. - 4:30 p.m.

Class Size: Medium  
\$50.00

Each week we will read excerpts from a recent decision by the New Jersey Supreme Court concerning a legal topic of current interest. We will discuss why the case is interesting, the legal and social background, the arguments made by the parties, the decision by the court and its rationale, and the practical implications of the decision. (course code R36)

**Instructor:** Stephen Eisdorfer



### Meet new OLLI-RU instructor **Stephen Eisdorfer**

Stephen is a graduate of Harvard Law School and has practiced law in NJ for 45 years. He has argued numerous cases before the New Jersey Supreme Court and served as Law Secretary to Honorable Morris Pashman (Associate Justice, New Jersey Supreme Court). He has also been an adjunct professor at the University of Pennsylvania Law School.

# THURSDAY Morning

## Agatha Christie's Miss Marple

Thursdays, Jan. 13 – Feb. 10  
10:30 a.m. - 11:30 a.m.

Class Size: Small  
\$50.00

Agatha Christie is one of the greatest writers of mysteries and detective fiction in the history of world literature. In this course we will read and discuss one novel and one short story which showcase and celebrate the exceptional investigative powers of Miss Marple, one of Christie's most famous characters. This course will focus on the following novel by Agatha Christie: *The Murder at the Vicarage*. The title of the short story will be sent to students before the course starts. (course code R37)

**Instructor:** Hugo Walter

## Navigating Medicare: Essentials for Seniors and Caregivers

Thursday, Jan. 13 – Feb. 10  
10:30 a.m. - 11:30 a.m.

Class Size: Medium  
\$50.00

The purpose of this course is to help demystify Medicare, its parts, plans, definitions and all that goes along with the program. Students will get practical information on the types of Medicare plans available and the differences between them; how to identify the plan best for you by using various tools available for analyzing plans; and how to understand what to consider when choosing a plan. (course code R38)

**Instructor:** Sondra Brower



### Meet new OLLI-RU instructor **Sondra Brower**

Sondra has delivered Medicare training to Employer Group clients and their employees during Annual Enrollment Period seminars and, until her recent retirement, was a senior manager in the Medicare compliance area where she managed Medicare agent/broker oversight. This included ensuring agents/brokers were properly trained, licensed and appointed on an annual basis.



## THURSDAY Early Afternoon

### The Story of a Family: Thomas Mann's *Buddenbrooks*

Thursdays, Jan. 13 – Feb. 10  
1:00 p.m. - 2:30 p.m.

Class Size: Medium  
\$50.00

Thomas Mann's *Buddenbrooks* is the ultimate family saga, telling the story of three generations of a German merchant family from the middle of the nineteenth century to the beginning of the twentieth. It is one of the greatest triumphs of European realism, full of richly observed detail about the inner and outer lives of its multi-generational cast. Reading the translation by John E. Woods, we will examine how a middle-class family faces crisis when the world suddenly changes around them. Students should read up to the end of chapter 2 (p. 103) for the first class. (course code R40)

**Instructor:** Nicholas Birns

## THURSDAY Late Afternoon

### Dances and Festivals (Holidays) of South Asia

Thursdays, Jan. 13 – Jan. 27  
3:00 p.m. - 4:00 p.m.

Class Size: Medium  
\$35.00

South Asia has a rich corpus of visual arts, music, and dances. It also represents the world's major religious traditions-Hinduism, Buddhism, Islam, Sikhism, and Christianity. Each of these traditions has its colorful festivals and has influenced the music and dance of the region. This course will introduce you to these great cultural traditions through dance and holidays. (course code R41)

**Instructor:** Sayyid Tirmizi

### Memoir 101: Soul Story Writing & Family Tree Making

Thursdays, Jan. 13 – Feb. 10  
3:00 p.m. - 4:30 p.m.

Class Size: Small  
\$50.00

Using memory, family trees, online tools, correspondence, storytelling, oral histories, Ancestry DNA, photographs and public records, we will assemble soul stories every week to share/read experientially and develop as creative nonfiction or autobiography. Students will learn how to make a family tree (genogram), conduct sensitive family interviews, establish a daily journal/ morning pages routine, practice the rudiments of orally telling one's own story, formalize a legacy narrative, honor one's own personal/spiritual journey & explore various self/publication/blogging options. (course code R42)

**Instructor:** John Marron



## Start Drawing 1

Thursdays, Jan. 13 – Feb. 3  
3:30 p.m. - 5:00 p.m.

Class Size: Small  
\$40.00

Drawing is a SKILL, not an art, which means you need to be taught to draw in order to draw well. Through a series of exercises, this hands-on class introduces you to how you can improve your skills and finally start to learn to draw!  
(course code R43)

**Instructor:** Valerie Snyder

## FRIDAY Morning

## Deadly Women

Fridays, Jan. 14 – Feb. 11  
10:30 a.m. - 11:30 a.m.

Class Size: Medium  
\$50.00

This course will review women throughout history who were killers/murderers. Among the women discussed will be Queen Rongaloona I of Madagascar, Elizabeth Bathory, the "Blood Countess of Transylvania", and Aileen Wuornos of Florida fame. We will go from ancient to modern times. The course consists of PowerPoint presentations, lectures, and lively discussions. (course code R45)

**Instructor:** Charlie Smith

## Fathers in Films

Fridays, Jan. 14 – Feb. 11  
10:00 a.m. – 11:30 a.m.

Class Size: Small  
\$50.00

With the goal of developing 'Cinema Literacy,' join us as we examine how these accomplished filmmakers use cinematic techniques to present the joys and challenges of fatherhood. You will view these films before class, on streaming platforms such as Amazon Prime Video or YouTube/others, or resources at public libraries. (When searching for films online, type "full film" before the titles. Look only for films that are at least 1 hour long).

We will explore the following tentatively selected titles: 1/14: *To Kill a Mockingbird* (1960); 1/21: *Shine* (1996); 1/28: *Like Father, Like Son* (2014); 2/4: *Leave No Trace* (2018); and 2/11: *Bicycle Thieves* (1948). (course code R46)

**Instructor:** Sally Bauer Cohen

## I Was Only Joking - The Ethics of Humor

Fridays, Jan. 14 – Feb. 11  
10:30 a.m. - 11:30 a.m.

Class Size: Medium  
\$50.00

Throughout history, both laughter and humor have been used as weapons – to hurt, demean and control groups of people as well as to single out someone as the “butt of a joke.” Often the phrases “I was only joking,” “Can’t you take a joke?” and “You have no sense of humor!” as used to defend a passive-aggressive use of humor. This class will explore the seriousness of this issue, discuss the destructive effects of humor used this way as well as some surprising and historic examples of positive use. *(course code R47)*

**Instructor:** Noreen Braman

## With a Song in My Heart *continued*: Great Composers of the Stage and Screen

Fridays, Jan. 14 – Feb. 11  
10:30 a.m. - 12:00 p.m.

Class Size: Medium  
\$50.00

This is a continuation that anyone can join- no Part 1 necessary. Come with us on an exploration of the songs and times of the great songwriters of stage and screen. Using clips from Broadway, film, and television, we will share their life stories, hits and misses, some gossip (all in good fun) and appreciate their genius. If music be the food of life, let us gorge ourselves!

**Stephen Sondheim:** We will spend two sessions on Sondheim, musical master and America’s most critically acclaimed songwriter of the second half of the 20th century.

**Rodgers and Hammerstein:** We will explore and discuss Richard Rogers’ beautiful melodies and Oscar Hammerstein’s poetic lyrics as they ruled during the 1940’s, 1950’s, and 1960’s.

**Jerry Herman:** one of America’s most popular composers, is also on this list. Jerry famously said “I have a lot of friends who get up most mornings and go to the jobs they absolutely hate.” Find out why that is not true for him.

**Andrew Lloyd Webber:** Of course, there is Andrew Lloyd Webber whose lush and eclectic musicals made him the biggest English composer who has ever hit Broadway! Time permitting, we will also include some musical geniuses with one hit wonders such as Lionel Bart’s *Oliver* and Meredith Willson’s *The Music Man*. *(course code R48)*

**Instructors:** Sam & Candy Caponegro

Did you know?

OLLI-RU is one of 125 Osher Lifelong Learning Institutes across the country with at least 1 in every state.

OLLI-RU is the only one in New Jersey.

# FRIDAY P.M. Early Afternoon

## Art from All Angles with Princeton University Art Museum

Fridays, Jan. 14 – Feb. 11  
1:00 p.m. - 2:00 p.m.

Class Size: Large  
\$50.00

What do you see when you look at a work of art? As a rule, each of us sees something different. We all approach art from our own unique vantage point—from our own angle. Each week a different Princeton University Art Museum docent will discuss works of art, artists, and/or themes using examples from the Museum's collections. Students will be invited to ask questions, share observations and engage in a lively discussion about the art. (*course code R49*)

**Instructors:** Princeton University Art Museum Docents

## Let's Discuss: Current Events

Friday, Jan. 14 – Feb. 11  
1:00 p.m. - 2:30 p.m.

Class Size: Medium  
\$50.00

A moderated discussion group focused on a lively, free-wheeling (and often humorous) consideration of current interesting events, both domestic and international. Come prepared to offer your own opinions, to listen respectfully to the opinions of others, and to engage in friendly, spirited discussion. Participants across the entire political spectrum are warmly welcomed to bring their viewpoints and to try to break through society's over-polarization to reach common ground. Agreement is not necessary - but an open mind is! (*course code R51*)

**Instructor:** Leonard Parry

## Life Stories as Monologues

Fridays, Jan. 14 – Feb. 18\*  
1:00 p.m. - 2:00 p.m.

Class Size: Small  
\$50.00

*\*no class Jan. 21*

Participants in this course will draw on their own experiences to create monologues about themselves, their families and real events from their personal history. By sharing their memories in dramatic form, they will explore their own place in the world, connect their memories to those of their classmates, and contribute to the narrative legacy of their own families. The 5th week will be a performance of the monologues on Zoom. (*course code R50*)

**Instructor:** Susan Speidel

## Renewal, Revision, & Reinvention After 50

Friday, Jan. 14 – Feb. 11  
1:00 p.m. - 2:30 p.m.

Class Size: Large  
\$50.00

The journey through midlife and beyond can be an unsettling time. For some, the intense striving of young adulthood has cooled, or the twists and turns of life may have led to a very different place than originally planned. Feeling adrift may lead to depression, during a time most expect to be flourishing. As parts of life slow down and change, it creates the perfect opportunity to re-examine one's sense of meaning and purpose, and create fresh vision for the road that lies ahead. (*course code R52*)

**Instructor:** Noreen Braman

# INSTRUCTOR BIOS

**Anna Arazi** (pg. 15) is a Boston-based Russian-Israeli classical pianist and educator who enthusiastically advocates for contemporary and rarely performed music by female composers. Anna has premiered dozens of solo and chamber works by American, British, Israeli and Russian composers, including Ketty Nez, Vera Ivanova, Talia Amar and Angela Slater. Her performance credits include the Bell'Arte festival in Belgium, Paine Hall at Harvard University, the Mishkenot Sha'ananim Center in Jerusalem, and Weill Recital Hall in NYC. Anna works with advanced students in her private studio and is the current president of the Massachusetts Chapter of the World Piano Teachers Association.

**Nicholas Birns** (pg. 23) has taught adult education courses on current and classic literature at The New School, the Scarsdale Adult School, and currently at New York University and the New York Society Library. He is the author of many books and articles of literary criticism.

**Noreen Braman** (pgs 8, 25, 26) is a Strategic Communications professional and author of "Treading Water," a collection of her humor columns and essays. A member of the Association for Applied and Therapeutic Humor (AATH), Noreen is certified in Laughter Yoga and Laughter Wellness and helps others enhance their well-being through her Smile Side of Life Laughter & Happiness Club presentations, workshops, classes and special events.

**Sondra Brower** (pg. 22) has delivered Medicare training to employer group clients and their employees during annual enrollment period seminars and, until her recent retirement, was a Senior Manager in the Medicare compliance area where she managed Medicare agent/broker oversight that included ensuring agents/brokers were properly trained, licensed and appointed on an annual basis.

**Vinnie Bruno** (pg. 12) holds an MPA from Baruch College and has taught courses in numerous disciplines including Humanities, Business and Mathematics for the past 30 years. As a Beatles scholar he presents an interactive and informative course for both the casual listener and the hard-core Beatles fan. As a 60's rock historian, he offers programs focusing on the many extraordinary musical artists who defined the era.

**Erik Burro** (pgs. 15, 21) is a public history advocate in Burlington, NJ. For over forty years, he has been a writer, researcher, commemorative speaker and guest lecturer for a variety of special events at educational institutions, historic societies and libraries from NY to DC, and several European countries. He has presented historic topics on regional radio and TV and been featured on PBS-All Things Considered and BBC World Service. Most recently, he was principal in NJ's WWI Centennial, has been active in the restoration of Burlington Island, and is an advisor to the NJ Dept of Forestry on Heritage Trees.

**Sam and Candy Caponegro** (pg. 25) have worked in all aspects of theater for over 30 years. They hope to keep the Golden Age of Broadway musicals and the classic movie musicals alive through their lectures.

**Julie Cardillo** (pg. 13) is a practicing artist and a native of NJ. She's had 19 years of teaching experience that include appointments at Ravenscroft Private School K-12, Drexel University, Rochester Institute of Technology and currently at Wake Technical Community College. She lives with her husband and children in NC.

**Sally Bauer Cohen** (pg. 24) holds master's degrees in Media (N.Y.U.) and Library and Information Science (Rutgers). A former N.Y.C. high school film/English teacher and librarian, she enjoys inspiring her wonderful OLLI-RU students to become adept at 'reading films'.

**Jeff Cohen** (pgs. 11, 13) is an award-winning professional artist. He received a BA from Upsala College and did graduate work at New York University. He is a commissioner at the Barron Art Center in Woodbridge, NJ.

**Franne Demetrician** (pg. 17) is an artist, art mentor and teacher. She has been a licensed holistic health practitioner since 1995, specializing in women's health and chronic pain. She was Associate Editor and Creative Coordinator of Sacred Stories Media's *Owl Magazine*, and wrote a weekly blog from 2015-2018. She is now a columnist for *The Owl Magazine*. Franne is a working artist, photographer, writer, ordained minister and spiritual counselor, mentor and teacher.

**Stephen Eisdorfer** (pg. 21) Stephen is a graduate of Harvard Law School and has practiced law in NJ for 45 years. He has argued numerous cases before the New Jersey Supreme Court and served as Law Secretary to Honorable Morris Pashman (Associate Justice, New Jersey Supreme Court). He has also been an adjunct professor at the University of Pennsylvania Law School.

**Carla Graifer** (pg. 9) is an American Cheese Society Certified Cheese Professional (CCP) Specialist (the highest standard for cheese professionals) and Educator of American and Local cheese. Her career in the specialty field started at Whole Foods Spring of 2001. Prior to Whole Foods, Carla owned and operated a wholesale business, Jwalagni Foods (1985-2000) that serviced the tri-state area with unique and creative vegetarian cuisine. She completed a four-year program in illustration and fine arts at the School of Visual Arts in NYC.

**Margareta Greeley** (pg. 16) received her doctorate in education from Rutgers Graduate School of Education (GSE), focusing on psychology, education and creativity. She is also a painter and sculptor whose works are displayed locally and internationally. She is an adjunct professor at the Rutgers GSE.

**Pratibha Jani** (pg. 18) received yoga certification from Mumbai and is an E- RYT and a certified Yoga therapist. Pratibha has taught at the County College of Morris and the Piscataway Senior Center and presently teaches online. A NJ resident for over 34 years, Pratibha has a BS in Ancient Indian history/Culture from Bombay University, India.

**Karl Lorenzen** (pgs. 17, 20) is a professional and community artist based in Queens, NY who partners with non-profits in presenting art workshops for diverse communities in New York City. He is a faculty member of the New York Open Center and a teaching Artist in Residence at the Omega Institute for Holistic Studies in Rhinebeck, NY.

**Maurice Mahler** (pg. 11) artist and historian, lectures throughout New Jersey and New York. He is a commissioner of the Cultural Arts Commission of Monroe Township, and teaches art history and lectures at many senior facilities in NJ. He has also taught at Brookdale Community College and the School of Visual Arts in New York City.

**John Marron** (pg. 23 ) is a graduate of the Johns Hopkins Writing Seminars and the SF State Creative Writing Programs, poet/author of "Blips" (Black Angel Press) & "Oiyeau" (As Is/So & So Press), editor/publisher of multicultural & experimental lit, MA Clinical Psychologist/ Family Therapist/ School Counselor at RUBHC for 26 years, Mind Body Life Coach, California Arts Council Writer in Residence (1979-83), lay zen teacher/artist, Chairman of the Highland Park Arts Commission, LGBTQ/GLSEN activist, spoken word performer/storyteller, gardener and animal lover.

**Nawaz Merchant** (pgs. 16, 20) Writing as Nev March, Nawaz Merchant is the author of Edgar Award nominated mystery *Murder in Old Bombay*, which won national MWA's Best First Crime Novel Award and was nominated for five national literature awards. Ms. Merchant writes and edits for the *FEZANA Journal* and has been published in *Writers Digest*, *Mystery Tribune* and other publications. She is a writing coach and is a member of Mystery Writers of America as well as Crime Writers of Color.

**Naomi Miller** (pg. 11) Yiddish is Naomi's first language and she is passionate about keeping it alive. As a professional singer, one of her one-woman shows is called, "Yiddish Is In My Genes." As an actress, she has performed several roles with the National Yiddish Theatre Folksbiene in New York. She has taught Yiddish to children and adults and has been recognized for her creative lessons.

**Leonard Parry** (pg. 26) Having worked for Wall Street firms for many years, including with a professional arbitration association, Leonard retired and became active, first as a trained volunteer, then as an employee of the Long-Term Care Ombudsman. He derives much satisfaction from assisting appropriate residents to return to their communities. He also moderated discussion groups at senior developments for the past eight years. He has enjoyed instructing at OLLI-RU for several seasons.

**Princeton University Art Museum Docents** (pg. 26) The 60 Princeton University Art Museum docents are highly experienced in presenting to audiences of all ages. Prior to beginning tour responsibilities, docents participate in an intense 2 1/2 year training program with the Museum's Associate Director for Education. Docents also receive continuing education weekly.

**Joseph Rosenstein** (pg. 19) is a Professor Emeritus of Mathematics, having taught at Rutgers for 48 years. For many years, he has taught courses dealing with basic Judaism and basic texts in Judaism. He has published Jewish prayer books that are widely used and that make traditional prayer meaningful to modern readers.

**Howard Schechter**, Ed.D. (pg. 12) is the former principal of John A. Forrest School in Fair Lawn, and P.S. 158 on the Upper East Side of Manhattan. A former Director of Gifted and Talented Programs, Dr. Schechter is a language and literacy consultant in New Jersey and New York.

**Monica Shah** (pgs. 14,18) holds a BS from Penn State, and an EdM from Harvard, and has experience teaching a variety of subjects ranging from STEAM to leadership development. The author of multiple essays, poetry, and several books, Monica also has a background in the performing arts. She enjoys exploring other countries, practices yoga most days, and is skilled at supporting others in personal development as a catalyst towards self-actualization.

**Roz & Steve Shaw** (pg. 21) own a business that specializes in educational programs. They have taught adult courses at the ENCORE Program in Middletown, NY, at Brookdale Community College, and have been instructors at OLLI-RU since 2003.

**Charlie Smith** (pg. 24) is a published author, history major, and experienced presenter to groups large and small. He is also a member of the Whitechapel Society, a long-established historical society.

**Valerie Snyder** (pgs. 8, 24) is the New Jersey State Arts Educator of the Year for 2017-2018 and has taught art for 40 years in the North Brunswick Public Schools. She has also been recognized as a "Teacher Who Makes Magic" by Greater Media WMGQ Radio, as well as the State of New Jersey with an "Exemplary Educator Award". Most recently her work online work was recognized by Khan Academy as one of the "50 Top Educational Videos" of the year. She is a proud graduate of Douglass College, Rutgers University, and is a returning OLLI-RU Instructor.



**Susan Speidel** (pgs. 19, 26) is a theatre educator and arts advocate who received her doctorate in Liberal Studies from Drew University. She served as Director of Education for the Tony Award Winning Paper Mill Playhouse and is currently on the faculty of the Theatre Conservatory at Kean University. She has directed over 50 musicals and plays. As a performer, Susan has appeared at the Paper Mill Playhouse, the George Street Playhouse, the Forum Theater, Plays-In-The-Park, with Chatham Players and the Light Opera of NJ. She has also been a soloist with the Seattle and Portland Symphonies, the Key West Pops Orchestra, and the Orchestra of St. Peter by the Sea. Susan is the recipient of a NJ Governor's Award for Theatre Education, a NJ Theatre Alliance Applause Award, and was inducted in the NJ Association of Community Theaters Hall of Fame in 2019.

**Doug Stowell** (pg. 8) has been a Furman University OLLI Instructor since 2016 and a nationally via Zoom since 2019. His background is in market research and public opinion polling. His career includes Director of Market Research for the Xerox Corp., U.S. Client Director for the U.K. firm National Opinion Polling, Ltd., and Senior Client Representative with Wirthlin Polling in Washington, DC. He opened his own company in 2002 and conducts global consumer and political issues surveys.

**Maxine Susman** (pg. 15) holds a BA from Barnard College and Ph.D. in English from Cornell University. She taught writing at Rutgers and Seton Hall Universities, and retired as professor of English from Caldwell University where she was Poet in Residence. Her poems appear widely in journals, and she has published 7 books of poetry. She began teaching at OLLI-RU in 2013.

**Sayyid Tirmizi** (pgs. 17, 23) M.A., M.B.A., Ph.D., is a former Associate and Adjunct Professor and has taught both in the U.S. and abroad. He specializes in South Asian and Islamic art and culture. He has taught at the University of Tulane at the School of Continuing Education, at City College of New York and now at OLLI at Rutgers University.

**Bruce Tucker** (pgs. 14, 16) holds a BA in political science & history and an MS degree in information technology and project management from Stevens Institute of Technology. Bruce has been a member Rutgers OLLI-RU faculty since 2009.

**Vandana Walia** (pg. 19) has a master's degree in English Literature and thirty years of teaching experience. She has been teaching at OLLI-RU for several years.

**Imani Wallace** (pg. 18) A Bronx native-born and raised, Lyrical Faith (aka Imani Wallace) is a Black American Educator, Activist and award-winning international Spoken Word Poet. She is the founder of a poetry and public service organization known as Poetry For Service, the founder and president of an arts collective called Black Greek Poets, and the co-founder of the longest-running open mic & showcase for young adults in Harlem. She is the 6th ranked women poet in the world as of the 2021 Women of the World Poetry Slam. She is an inaugural Bronx Poet Laureate finalist. She is a 2019 recipient of the Bronx Council on the Arts "Bronx Recognizes Its Own" Award in the category of Spoken Word, the 2018 NYU Martin Luther King Jr. Oratorical Contest Champion, the 2016 Syracuse University Martin Luther King Jr. Unsung Hero, and the 2015 Syracuse University Poet of the Year. She's currently pursuing her doctorate in Social Justice Education at the University of Massachusetts at Amherst.

**Hugo Walter** (pg. 22) has a B.A. from Princeton University, an M.A. from Old Dominion University, and a Ph.D. from Drew University. He has taught at Drew University, Fairleigh Dickinson University, Berkeley College, and Rutgers University. Dr. Walter has published several books on European and American literature.