Attention SNAP participants! Rules are different.

FIND OUT WHAT IT MEANS FOR YOU.

4 important questions for SNAP participants:

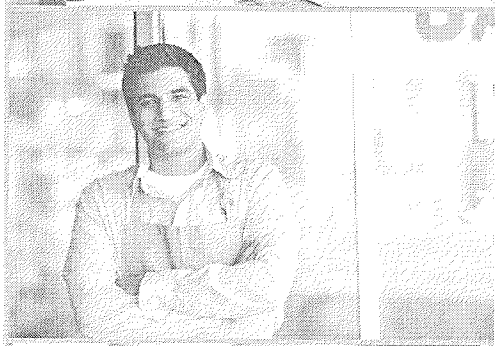
1. Are you able to work?
2. Are you between 18 and 50 years old?
3. Is everyone on your SNAP case at least 18 years old?
4. Do you live in Benton, Clackamas, Clatsop, Deschutes, Jackson, Lane, Linn, Marion, Multnomah, Polk, Tillamook, or Washington or Yamhill County?

New rules mean some have a time limit for getting food benefits.

If you answered **YES** to all these questions, you may have to follow new rules to keep your monthly SNAP benefits.

Call your DHS worker right away and ask how the Able-bodied Adults without Dependents requirements affect you.

- If you live in **Benton**, **Lincoln** or **Linn County**, call **541-757-5050**.
- If you live in **Clatsop County**, call 503-325-2021
- If you live in **Deschutes County**, call the local office (Bend **541-388-6010**; LaPine **541-536-5380**; Redmond **541-548-5547**.
- If you live in **Jackson County**, call **541-858-3104**.
- If you live in **Marion**, **Polk** or **Yamhill County**, call **503-373-7512**.
- If you live in **Tillamook County**, call **503-842-4453**.



DHS
Oregon Department of Human Services

SNAP
Supplemental Nutrition Assistance Program
Putting Healthy Food Within Reach

DHS 0864 (rev 7/2016)