

# ST AIDAN'S EPISCOPAL CHURCH

CAMANO ISLAND, WASHINGTON

## THE FIFTH SUNDAY IN LENT

MARCH 22, 2026

10:00 A.M.



# ST AIDAN'S EPISCOPAL CHURCH

Camano Island, Washington

Welcome to St Aidan's! Thank you for sharing your worship with us. We pray you will experience God's presence in our worship and hope you join us again. If this is your first time with us, relax and simply follow along with those around you. Please fill out a guest information card located on the chair shelf, or sign the guest register on your way out. A few tips...

- **We all use Name Tags** to help us not only get to know our visitors more easily, and vice versa, but to refresh our memories about who we are. If you do not have a name tag, please fill one out for yourself and place it on your chest. Name tags supplies may be found in the green satchel on the shelf of the chair in front of you. If you desire a permanent name tag, sign up near the name tag wall in Dietel Hall (*no cost*).
- **Children in Church:** We love children in worship. The little noises and sounds they make are music to our ears. They are signs of life and God's grace. Teaching children how to worship and pray in church is one of the greatest gifts a parent can give a child. There are activity packs in the narthex for little ones who need more tactile engagement. If children become especially noisy (screams, yells, cries, etc.) feel free to leave the service and return when things are more calm. We have a nursery space near the main entrance that is quiet and has tables, toys, and things that may help. Coming and going from worship as needed is never a problem.
- **Prayers of the People:** Add names to the Prayers by telling the priest or the ushers, by contacting the church office, or by adding petitions and thanksgivings silently or aloud at designated times.
- **Silence & Sacred Space:** Please observe silence before the service so others may pray before worship.

## SERVICE ASSISTANTS FOR THE FIFTH SUNDAY IN LENT

**Lector:** Rhoda Venditto

**Celebrant & Preacher:** The Rev. Drew Foisie, Rector

**Chalice:** Peter Dunphy & Bob Perry

**Acolyte:** Bob Perry

**Ushers:** Dick Bingay & Joey Sontheimer

**Music:** St Aidan's Choir

Steve Jensen, *Music Director*

Heather Frakes, *Organist*

Aaron Dull, *Pianist*

**Audio Tech:** Bill Lee

**Counters:** Marilyn Rockwell & Julie Vaux

**Childcare:** Sue Perry & Vonda Buse

**Altar Guild:** Patty V, Freda M, Donna M, Judy B,  
Gayle T, and Candi B

**Birthdays:**

Susan Stewart, *March 25*

**Anniversaries:**

*If your birthday or anniversary has been missed, please contact the church office and let the Parish Secretary (Lenore) know.*

*Thank you!*

## Ministry Leaders at St. Aidan's

JESUS CHRIST, HEAD OF THE CHURCH

**The Rt. Rev. Philip N. LaBelle**, Bishop

**The Rev. S. Drew Foisie**, Rector

*vicar@staidansci.org 360-629-3969*

**Michael Palmer**, Senior Warden

*MichaelPalmer855@gmail.com*

**Hellen DeMoyse**, Junior Warden

*HDeMoyse@comcast.net*

**Kathy McNally**, editor of "The Torch"

*mcnallyk@outlook.com 360-572-3667*

**Steve Jensen**, Director of Music

*stmjensen95@gmail.com 360-420-0018*

**Heather Frakes**, Organist

**Aaron Dull**, Pianist

**Lenore Challenger**, Parish Secretary

*office@staidansci.org 360-629-3969*

**JoAnn Moffett**, Pledge Recorder

*joannmoffett@msn.com, 360-387-4080*

**Jeffrey P. Maxwell**, Treasurer

## WEEKLY ANNOUNCEMENTS

**Coffee Hour:** Coffee Hour 9:00 & 11 a.m. **Adult Forum:** 9:15—9:45 a.m.

**Child Care:** *seeking volunteers* **Wednesday Eucharist:** 10:00 a.m.

### SOUP SUPPER LENTEN SERIES

*Encounters with God in a Biblical Mode*

with The Rev. Dr. Frank Spina

Thursdays in Lent at 5:00

February 26, March 5, 12, 19, 26

### ADULT FORUM

*Speaking of Sin: The Lost Language of Salvation*

by Barbara Brown Taylor

Sunday Mornings in March

9:15 a.m.

## HOLY WEEK AT ST AIDAN'S EPISCOPAL CHURCH

March 29:	Palm Sunday	w/Dramatic Reading of the Passion	8 & 10 a.m.
March 30:	Holy Monday	Stations of the Cross w/Jeff Johnson	7:00 p.m.
March 31:	Holy Tuesday	Holy Tues. Eucharist w/guest preacher	7:00 p.m.
April 1:	Holy Wednesday	Holy Wed. Taize Service	7:00 p.m.
April 2:	Maundy Thursday	Holy Thurs. Euch. w/stripping of altar	7:00 p.m.
April 3:	Good Friday	Good Friday Liturgy	7:00 p.m.
April 4:	Easter Vigil	Great Vigil of Easter	7:00 p.m.
April 5:	Easter Sunday	Holy Eucharist, rite II	10:00 a.m.

# THE LITURGY OF THE WORD

## THE ENTRANCE RITE

*The service begins at the striking of the bell and continues with the Procession in silence, then the following acclamation is said*

Bless the Lord who forgives all our sins.

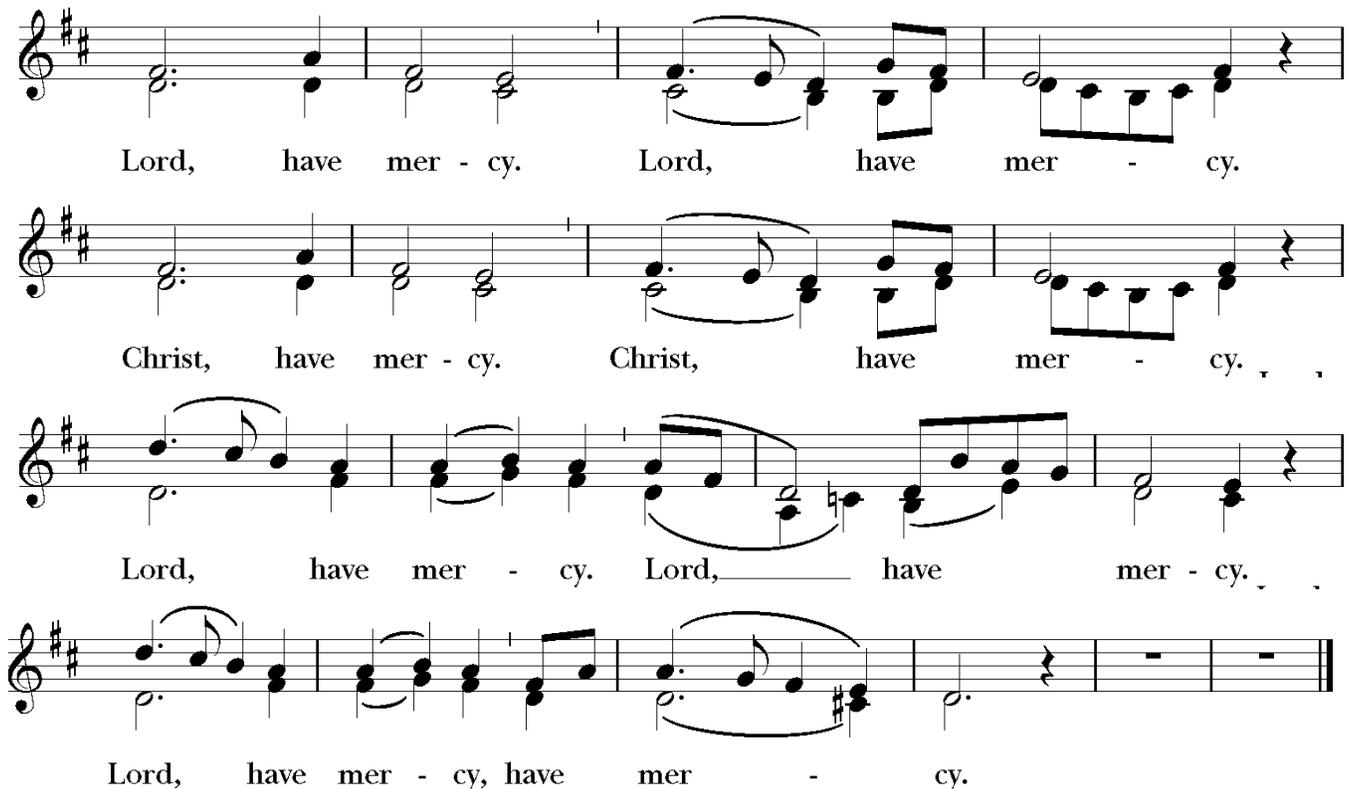
*People*

**God's mercy endures for ever.**

## THE COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

## THE KYRIE S 96



Lord, have mer - cy. Lord, have mer - cy.

Christ, have mer - cy. Christ, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy.

Lord, have mer - cy, have mer - cy.

## THE COLLECT OF THE DAY

The Lord be with you.

*People:*

**And also with you.**

Let us pray.

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

## THE FIRST LESSON

A READING FROM THE PROPHET EZEKIEL 37:1-14

The hand of the Lord came upon me, and he brought me out by the spirit of the Lord and set me down in the middle of a valley; it was full of bones. He led me all around them; there were very many lying in the valley, and they were very dry. He said to me, "Mortal, can these bones live?" I answered, "O Lord God, you know." Then he said to me, "Prophesy to these bones, and say to them: O dry bones, hear the word of the Lord. Thus says the Lord God to these bones: I will cause breath to enter you, and you shall live. I will lay sinews on you, and will cause flesh to come upon you, and cover you with skin, and put breath in you, and you shall live; and you shall know that I am the Lord."

So I prophesied as I had been commanded; and as I prophesied, suddenly there was a noise, a rattling, and the bones came together, bone to its bone. I looked, and there were sinews on them, and flesh had come upon them, and skin had covered them; but there was no breath in them. Then he said to me, "Prophesy to the breath, prophesy, mortal, and say to the breath: Thus says the Lord God: Come from the four winds, O breath, and breathe upon these slain, that they may live." I prophesied as he commanded me, and the breath came into them, and they lived, and stood on their feet, a vast multitude.

Then he said to me, "Mortal, these bones are the whole house of Israel. They say, 'Our bones are dried up, and our hope is lost; we are cut off completely.' Therefore prophesy, and say to them, Thus says the Lord God: I am going to open your graves, and bring you up from your graves, O my people; and I will bring you back to the land of Israel. And you shall know that I am the Lord, when I open your graves, and bring you up from your graves, O my people. I will put my spirit within you, and you shall live, and I will place you on your own soil; then you shall know that I, the Lord, have spoken and will act," says the Lord.

The Word of the Lord.  
*Thanks be to God.*

## THE PSALM 130

Out of the depths have I called to you, O Lord;  
Lord, hear my voice; \*  
let your ears consider well the voice of  
my supplication.

If you, Lord, were to note what is done amiss, \*  
O Lord, who could stand?

For there is forgiveness with you; \*  
therefore you shall be feared.

I wait for the Lord; my soul waits for him; \*  
in his word is my hope.

My soul waits for the Lord,  
more than watchmen for the morning, \*  
more than watchmen for the morning.

O Israel, wait for the Lord, \*  
for with the Lord there is mercy;

With him there is plenteous redemption, \*  
and he shall redeem Israel from all their sins.

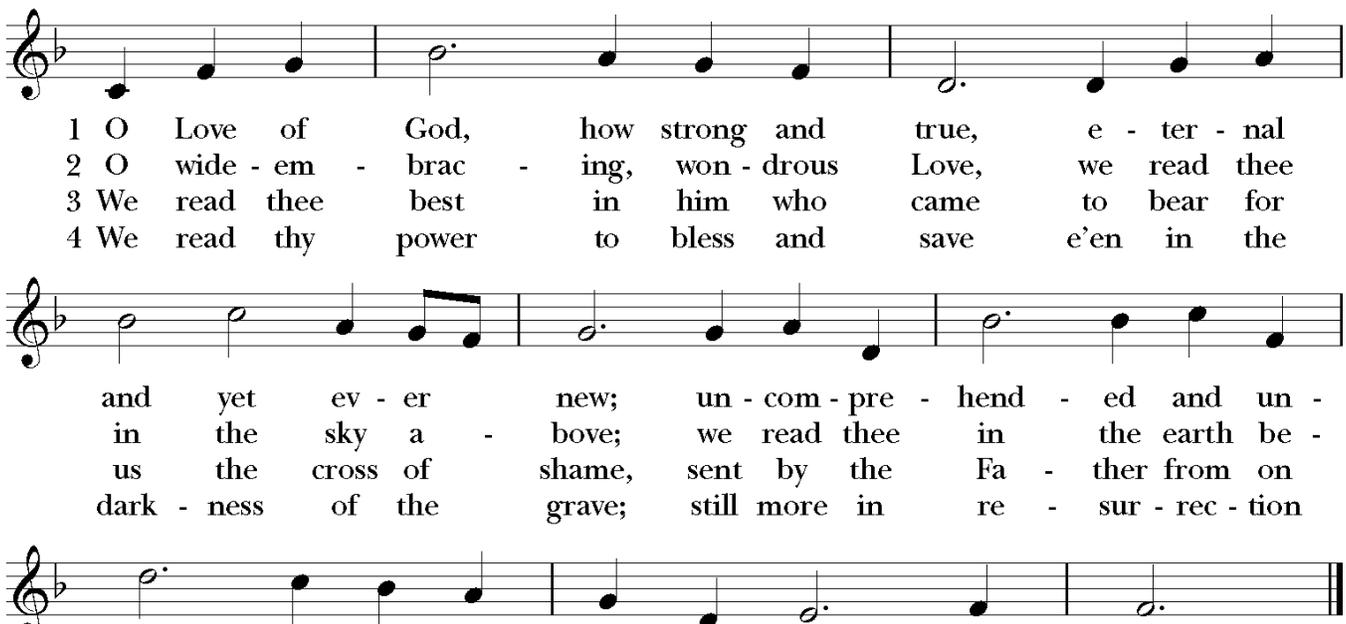
**THE SECOND LESSON**

A READING FROM PAUL'S LETTER TO THE ROMANS 8:6-11

To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

***Thanks be to God.*****THE GRADUAL HYMN***O Love of God, how strong and true***H 455**


1 O Love of God, how strong and true, e - ter - nal  
 2 O wide - em - brac - ing, won - drous Love, we read thee  
 3 We read thee best in him who came to bear for  
 4 We read thy power to bless and save e'en in the

and yet ev - er new; un - com - pre - hend - ed and un -  
 in the sky a - bove; we read thee in the earth be -  
 us the cross of shame, sent by the Fa - ther from on  
 dark - ness of the grave; still more in re - sur - rec - tion

bought, be - yond all know - ledge and all thought.  
 low, in seas that swell and streams that flow.  
 high, our life to live, our death to die.  
 light we read the full - ness of thy might.

**THE GOSPEL**

JOHN 11:1-45

The Holy Gospel of our Lord Jesus Christ according to John.

*People* **Glory to you, Lord Christ.**

Now a certain man was ill, Lazarus of Bethany, the village of Mary and her sister Martha. Mary was the one who anointed the Lord with perfume and wiped his feet with her hair; her brother Lazarus was ill. So the sisters sent a message to Jesus, "Lord, he whom you love is ill." But when Jesus heard it, he said, "This illness does not lead to death; rather it is for God's glory, so that the Son of

God may be glorified through it.” Accordingly, though Jesus loved Martha and her sister and Lazarus, after having heard that Lazarus was ill, he stayed two days longer in the place where he was.

Then after this he said to the disciples, “Let us go to Judea again.” The disciples said to him, “Rabbi, the Jews were just now trying to stone you, and are you going there again?” Jesus answered, “Are there not twelve hours of daylight? Those who walk during the day do not stumble, because they see the light of this world. But those who walk at night stumble, because the light is not in them.” After saying this, he told them, “Our friend Lazarus has fallen asleep, but I am going there to awaken him.” The disciples said to him, “Lord, if he has fallen asleep, he will be all right.” Jesus, however, had been speaking about his death, but they thought that he was referring merely to sleep. Then Jesus told them plainly, “Lazarus is dead. For your sake I am glad I was not there, so that you may believe. But let us go to him.” Thomas, who was called the Twin, said to his fellow disciples, “Let us also go, that we may die with him.”

When Jesus arrived, he found that Lazarus had already been in the tomb four days. Now Bethany was near Jerusalem, some two miles away, and many of the Jews had come to Martha and Mary to console them about their brother. When Martha heard that Jesus was coming, she went and met him, while Mary stayed at home. Martha said to Jesus, “Lord, if you had been here, my brother would not have died. But even now I know that God will give you whatever you ask of him.” Jesus said to her, “Your brother will rise again.” Martha said to him, “I know that he will rise again in the resurrection on the last day.” Jesus said to her, “I am the resurrection and the life. Those who believe in me, even though they die, will live, and everyone who lives and believes in me will never die. Do you believe this?” She said to him, “Yes, Lord, I believe that you are the Messiah, the Son of God, the one coming into the world.”

When she had said this, she went back and called her sister Mary, and told her privately, “The Teacher is here and is calling for you.” And when she heard it, she got up quickly and went to him. Now Jesus had not yet come to the village, but was still at the place where Martha had met him. The Jews who were with her in the house, consoling her, saw Mary get up quickly and go out. They followed her because they thought that she was going to the tomb to weep there. When Mary came where Jesus was and saw him, she knelt at his feet and said to him, “Lord, if you had been here, my brother would not have died.” When Jesus saw her weeping, and the Jews who came with her also weeping, he was greatly disturbed in spirit and deeply moved. He said, “Where have you laid him?” They said to him, “Lord, come and see.” Jesus began to weep. So the Jews said, “See how he loved him!” But some of them said, “Could not he who opened the eyes of the blind man have kept this man from dying?”

Then Jesus, again greatly disturbed, came to the tomb. It was a cave, and a stone was lying against it. Jesus said, “Take away the stone.” Martha, the sister of the dead man, said to him, “Lord, already there is a stench because he has been dead four days.” Jesus said to her, “Did I not tell you that if you believed, you would see the glory of God?” So they took away the stone. And Jesus looked upward and said, “Father, I thank you for having heard me. I knew that you always hear me, but I have said this for the sake of the crowd standing here, so that they may believe that you sent me.”

When he had said this, he cried with a loud voice, "Lazarus, come out!" The dead man came out, his hands and feet bound with strips of cloth, and his face wrapped in a cloth. Jesus said to them, "Unbind him, and let him go."

Many of the Jews therefore, who had come with Mary and had seen what Jesus did, believed in him.

The Gospel of the Lord.

*People*     **Praise to you, Lord Christ.**

## THE SERMON

The Rev. Drew Foisie

## THE NICENE CREED

We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light, true God from true God,  
begotten, not made, of one Being with the Father.  
Through him all things were made.  
For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life, who proceeds  
from the Father and the Son.  
With the Father and the Son  
he is worshiped and glorified. He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## THE PRAYERS OF THE PEOPLE (Form I, BCP 383)

*Lector/Intercessor*

With all our heart and with all our mind, let us pray to the Lord, saying, “**Lord, have mercy.**”

For the peace from above, for the loving-kindness of God, and for the salvation of our souls, let us pray to the Lord. **Lord, have mercy.**

For the peace of the world, for the welfare of the Holy Church of God, and for the unity of all peoples, let us pray to the Lord. **Lord, have mercy.**

For our Bishop, and for all the clergy and people, let us pray to the Lord. **Lord, have mercy.**

For our President, Joe; for the leaders of the nations, especially Ukraine; and for all in authority, let us pray to the Lord. **Lord, have mercy.**

For Stanwood-Camano, for every city and community, and for those who live in them, let us pray to the Lord. **Lord, have mercy.**

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord. **Lord, have mercy.**

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, especially: **Don Perry, Cooper Kline, Chris Clark, Thomas Semkow, Robert Semkow, Barbara Brooks, Patty Clark, Crystal Colombo, Carri Williams, Jessica Larsen, Bob Stevens, Arra Morrison, Rodger Larsen, Michelle Swain, Bill Vermilye, Tony Conner, Gino Conner, Sandra Barnhill Harris, Patty Paddock, Jerry Sheehan, Wendy Campbell, Patty Both, and Robby Both;**  
Let us pray to the Lord. **Lord, have mercy.**

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord. **Lord, have mercy.**

For all who have died in the hope of the resurrection, especially **Dareld Clark.** Let us pray to the Lord. **Lord, have mercy.**

*Celebrant adds a concluding collect:*

Heavenly Father, you have promised to hear what we ask in the Name of your Son: Accept and fulfill our petitions, we pray, not as we ask in our ignorance, nor as we deserve in our sinfulness, but as you know and love us in your Son Jesus Christ our Lord. **Amen.**

## THE CONFESSION

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

Most merciful God,  
 we confess that we have sinned against you  
 in thought, word, and deed,  
 by what we have done,  
 and by what we have left undone.  
 We have not loved you with our whole heart;  
 we have not loved our neighbors as ourselves.  
 We are truly sorry and we humbly repent.  
 For the sake of your Son Jesus Christ,  
 have mercy on us and forgive us;  
 that we may delight in your will,  
 and walk in your ways,  
 to the glory of your Name. Amen.

*The Bishop, when present, or the Priest, stands and says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ,  
 strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

**THE PEACE**

The peace of the Lord be always with you.  
 People: **And also with you.**

ANNOUNCEMENTS & THANKSGIVINGS  
 BIRTHDAY, ANNIVERSARY, AND TRAVELERS' PRAYERS.

**THE LITURGY OF THE TABLE**

**THE OFFERTORY**

*Gifts from the congregation of bread, wine, treasure and song are offered to God in thanks and praise.*

**OFFERTORY ANTHEM**

*Jesus so lowly (Friedell)*

**St Aidan's Choir**

**THE DOXOLOGY** *All are invited to stand at the singing of the doxology for the presentation of the people's offering*

Praise God, from whom all bles - sings flow; praise  
 him, all crea - tures here be - low; praise him a - bove, ye  
 heav'n - ly host: praise Fa - ther, Son, and Ho - ly Ghost.

The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give our thanks and praise.**

God of all power, Ruler of the Universe, you are worthy of glory and praise.

**Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

**By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

**Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**By his blood, he reconciled us. By his wounds, we are healed.**

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might, — Ho - ly, ho - ly, ho - ly

12  
 Lord, God of pow'r and might. — Hea-ven and earth are full, — full of your glo-

24  
 ry. Ho - san-na in the high - est. Ho - san-na in the high - est. Bless-ed is he who comes

36  
 — in the name of the Lord. — Ho - san-na in the high - est. Ho - san-na in the high - est.

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,  
**We celebrate his death and resurrection, as we await the day of his coming.**

Lord God of our Fathers: God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

As our Savior Christ has taught us, we now pray,

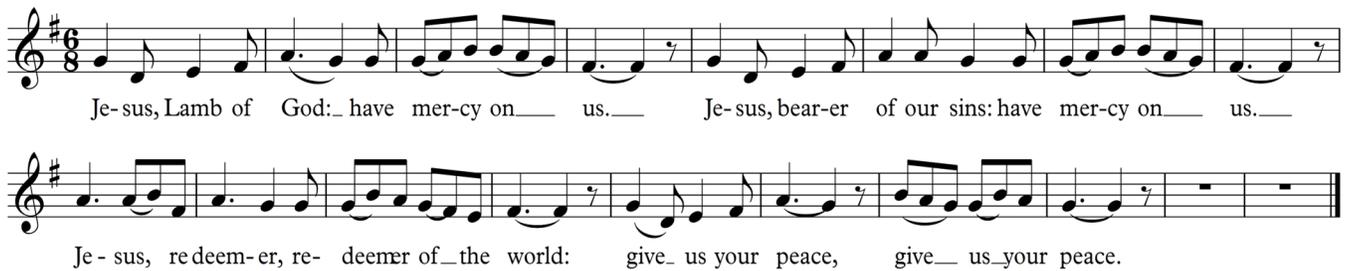
### **THE LORD'S PRAYER**

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.

## THE BREAKING OF THE BREAD

*The Celebrant breaks the consecrated Bread. Silence is kept. Then may be sung or said...*

## THE FRACTION ANTHEM S164



Je-sus, Lamb of God: have mer-cy on us. Je-sus, bear-er of our sins: have mer-cy on us.

Je- sus, redeem-er, re- deem-er of the world: give us your peace, give us your peace.

*Facing the people, the Celebrant says the following Invitation*  
The Gifts of God for the People of God.

*The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.*

## THE COMMUNION

***All who desire a deeper walk with Christ are welcome at the altar for Holy Communion.***

- *Wine may be received by sipping or intinction (dipping the bread in the wine before eating it).*  
*\*\*Please be mindful to not let fingers touch the wine when intincting the bread.*
- *If you wish to receive the bread only and not the wine cross arms over your chest as the chalice is presented to you.*
- *If you need gluten-free bread, please inform the priest at the altar rail.*
- *If you do not wish to receive Communion but rather desire a blessing, cross arms over chest at the altar rail.*
- *If you do not wish to receive Communion at this time you may choose to remain in your seat for prayer.*
- *If you are not baptized but want to explore becoming baptized, please let someone, like an usher, know.*

*A priest will be delighted to work with you and talk with you about next steps.*

COMMUNION HYMN

*Nada te turbe (Taizé)*

**Ostinato Chorale**

Na - da te tur - be, na - da te es - pan - te. Quien a Dios tie - ne  
Noth - ing can trou - ble, noth - ing can fright - en. Those who seek God shall

na - da le fal - ta. nev - er go want - ing. So - lo Dios God a - lone bas - ta. fills us.

THANKSGIVING AFTER THE COMMUNION

Almighty and everliving God,  
 we thank you for feeding us with the spiritual food  
 of the most precious Body and Blood  
 of your Son our Savior Jesus Christ;  
 And for assuring us in these holy mysteries  
 that we are living members of the Body of your Son,  
 and heirs of your eternal kingdom.  
 And now, Father, send us out  
 to do the work you have given us to do,  
 to love and serve you  
 as faithful witnesses of Christ our Lord.  
 To him, to you, and to the Holy Spirit,  
 be honor and glory, now and for ever. Amen.

THE BLESSING

Look with compassion, O Lord, upon this your people; that, rightly observing this holy season, they may learn to know you more fully, and to serve you with a more perfect will; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you always. *Amen.*

1 O bless the Lord, my soul! His grace to thee pro - claim!  
 2 O bless the Lord, my soul! His mer - cies bear in mind!  
 3 He will not al - ways chide; he will with pa - tience wait;  
 4 He par - dons all thy sins, pro - longs thy fee - ble breath;  
 5 He clothes thee with his love, up - holds thee with his truth;

1 And all that is with - in me join to bless his ho - ly Name!  
 2 For - get not all his ben - e - fits! The Lord to thee is kind.  
 3 his wrath is ev - er slow to rise and rea - dy to a - bate.  
 4 he heal - eth thine in - fir - mi - ties and ran - soms thee from death.  
 5 and like the ea - gle he re - news the vi - gor of thy youth.

6 Then bless his holy Name,  
 whose grace hath made thee whole,  
 whose loving-kindness crowns thy days:  
 O bless the Lord, my soul!

### THE DISMISSAL

Let us go forth in the name of Christ.

**Thanks be to God.**

ST. AIDAN'S EPISCOPAL CHURCH

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