## 10th Annual National Minority Mental Health Month



# NAMI Sacramento presents Pathways to a Healthy Mind

Conversations and a

Call to Action

Tackling the challenges of mental health conditions, health care coverage and the stigma of mental illness requires all of us. The entire mental

health system needs improvement, especially when it comes to serving marginalized communities.

### Minorities are most likely to:

- Get fewer diagnosis and treatment
- Have limited or no access to services
- Receive a poorer quality of care

Enjoy: Panel Discussions, Networking & Refreshments

Keynote Speaker
Elaine Whitefeather
Executive Director
A Community for Peace



## **Free Admission**

July 19, 2018 :: 5:30 PM - 8:30 PM

Samuel and Bonnie Pannell Community Center 2450 Meadowview Road :: Sacramento, CA

Go here to register: https://namisacramento\_multicultural\_wellness.eventbrite.com

#### **Event Sponsors:**

Global Level: Department of Health Services, Division of Behavioral Health Services, Turning Point Community Programs





Advocate level: Councilmember Larry Carr, NAMI California, Each Mind Matters









