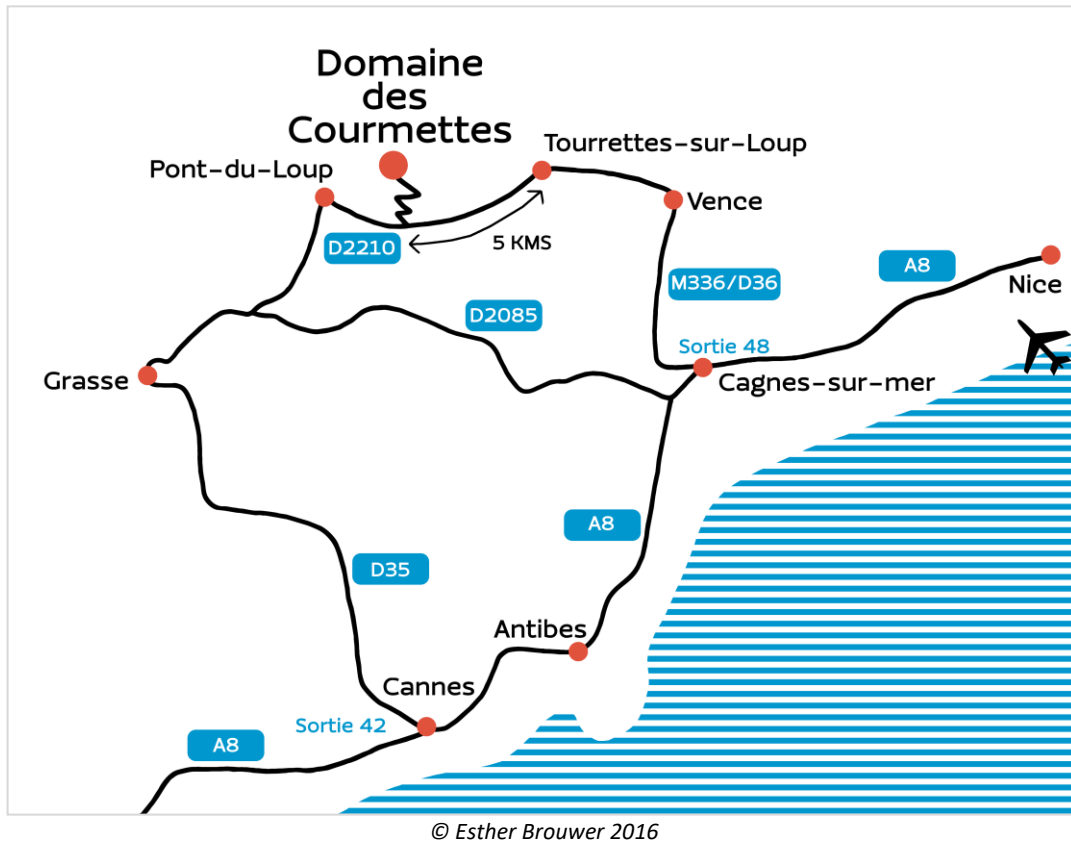


# Getting to the Domaine des Courmettes



## By car

**From Grasse:** Go through Pont-du-Loup towards Tourrettes-sur-Loup. After 3 km, turn left at the « Courmettes » sign (this is on the right-hand side of the road).

**From Nice and Italy:** take exit 48 Cagnes-sur-Mer, towards Vence and then Tourrettes-sur-Loup. Go through Tourrettes-sur-Loup heading towards Grasse/Pont-du-Loup. After 5 km turn right at the sign for « Courmettes », which is a short distance after the bus stop marked « Saint Antoine » and road marker 26.

The « Route de Courmettes » is narrow and winding for 4 km. After the farm on your right continue for 300 metres when you will see the buildings on your left.

**You can then park in the free area near the buildings.**

**GPS:** enter: 1 Route de Courmettes as the address (or for GPS taking intersections, the intersection of the Route de Courmettes and the route de Grasse). NB: some GPS offer a route via the route du Caire (a road which rises very steeply from the centre of Tourrettes-sur-Loup). If this is the case, turn round again as the track between Le Caire and Les Courmettes is unsuitable for cars (forestry track) and closed to traffic.

## On foot

For those brave enough you can walk up to Courmettes along the paved but quiet mountain road from the « Courmettes » bus stop (route de Grasse, Tourrettes-sur-Loup). Allow a good hour for the climb of 4.5 km and more than 500 metres of ascent.

It is also possible to walk up using various footpaths (superb views) from the centre of Tourrettes-sur-Loup. The distance is about 5 km and involves more than 500 metres of ascent.

## By bus

A useful site for working out your routes using public transport in the Alpes Maritimes is [PACA-Mobilité](#).

A single fare ticket is **€1.5**.

Buses 400 and 94 are the most useful; they link Nice (« Albert 1er/Verdun » bus stop or along the Promenade des Anglais) to Vence via Cagnes-sur-Mer.

At the terminus (Halte Routière de l'Ara, Vence), take the 511 bus for « Pont-du-Loup » (get off at the « Courmettes » stop). You can then walk up (see above).

## By train + bus

**Nice-Ville:** 33 km/55 min – **Cagnes-sur-Mer:** 22 km/40 min – **Grasse:** 16 km/35 min

From Paris, Lyon or Marseilles, it is sometimes easier to take the train to the Nice-Ville railway station.

**From Nice-Ville railway station**, walk or take the tramway to the « Albert 1er/Verdun » bus stop (avenue Albert 1er) then take the 400 or 94 bus to Vence, and then the 511 as indicated above.

**From Cagnes-sur-Mer railway station**, 3 minutes walk to the « Bertéotti » bus stop, and then take the 400 bus for Vence, and then the 511 as indicated above.

**From Grasse railway station**, take the 511 for « Pont du Loup » and get off at « Courmettes » bus stop.

## By plane + bus

**Airport Nice Côte d'Azur.**

**From the Nice Côte d'Azur airport**, walk (3 min) to the « Aéroport/Promenade » bus stop (outside terminal 1, cross under the bridge) then take the 400 or 94 bus to Vence.

### Shuttle

For seminars and events organised by A Rocha, we provide a shuttle between the bus terminal in Vence and Courmettes. Please contact us and consider the following information before booking your flight or train tickets:

Buses between Nice and Vence stop running after 8pm. Please avoid arriving at the railway station or airport after 7pm, or if you do not have a choice, please consult us. This goes for your departure, too. Please calculate for a 30 minute drive between Courmettes and Vence, plus 1h15 bus journey between Vence and the airport or railway station. Where possible, please avoid flights or trains which leave early in the morning. For a flight at 11am for which you must arrive two hours before, this means leaving Courmettes around 7am. Please choose flights or trains with departure times after 11am, or consult us if you need to leave earlier (it is also possible to book a hotel near to the airport).