

EPIC EXPERIENCES

THE TRAIL LESS TRAVELLED TO
TWO UNESCO WORLD HERITAGE SITES

OKAVANGO TO TSODILO ULTRA-TRAIL

TAILORMADE DATES ON REQUEST
SET DEPARTURES 11-15 APRIL '26 & 1-5 APRIL '27
4-NIGHTS

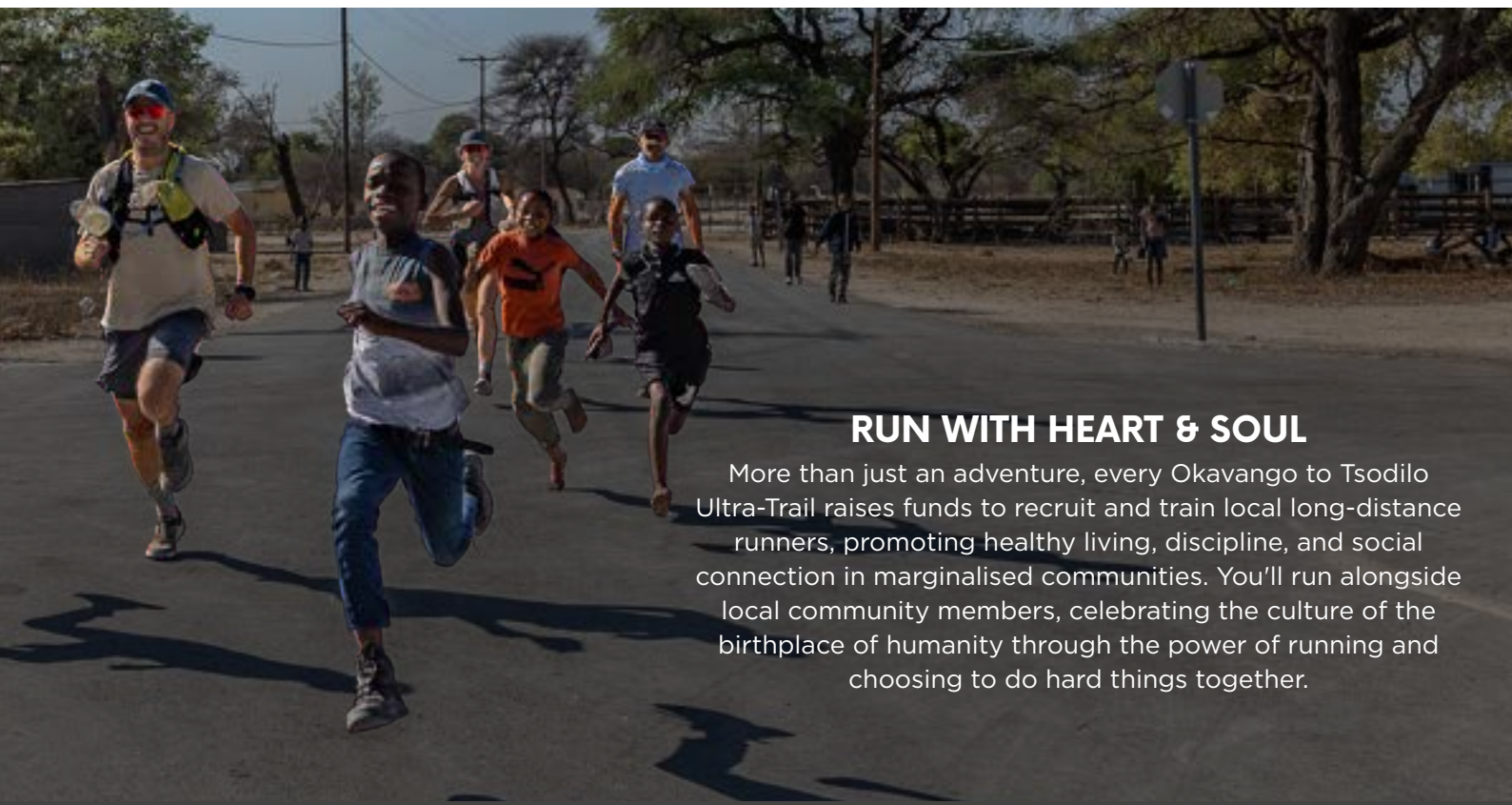




EPIC OVERVIEW

Embark on an extraordinary multi-day trail adventure connecting two UNESCO World Heritage Sites on foot: the Okavango Delta and Tsodilo Hills. This is one of the only places in the world where such a journey is possible. We've partnered with specialist ultra-trail race experts to create an epic route covering just under 100km through some of Botswana's most diverse and stunning landscapes. From the lush channels of the Okavango Panhandle through remote fishing communities, across harsh Kalahari scrubland alongside ancient megascale parallel dunes, culminating beneath the sacred "mountains of the gods" at Tsodilo Hills.

This is not a race; it's an adventure together. A small, intimate challenge designed for groups of like-minded friends who want to experience Botswana's wilderness in the most authentic and immersive way possible. Along the route, you'll meet local communities, paddle traditional mokoros through floodwaters, learn about vegetation and wildlife, and connect deeply with this remarkable landscape.



RUN WITH HEART & SOUL

More than just an adventure, every Okavango to Tsodilo Ultra-Trail raises funds to recruit and train local long-distance runners, promoting healthy living, discipline, and social connection in marginalised communities. You'll run alongside local community members, celebrating the culture of the birthplace of humanity through the power of running and choosing to do hard things together.



Running clubs, adventure travel/trekking operators, hiking groups, friends seeking unique wilderness experiences. Available as set departure or fully customised private adventure.

PACKAGE HIGHLIGHTS

Connect Two UNESCO World Heritage Sites on foot: As epic as it is rare.

100km of Epic Trails: 4 Nights, trailing diverse landscapes each day.

Small Groups Only: Minimum 4; Maximum 16 runners.

Fully Customisable: Route distance based on group preference; Or 4-night hiking alternative for non-runners.

Cultural Immersion: Pass remote fishing villages, meet local communities, experience mokoro crossings.

Professional Support: Expert trail running guides, trained medic, refreshment and refuelling points throughout.

Night at Tsodilo Hills Sleep-Out Expedition Camp: Hosted by local San Bushman community.

Optional Summit Challenge: Climb Botswana's highest peak, the Male Hill.

Post-Trail Safari Available: Combine with a carefully curated safari circuit through iconic Botswana destinations.

Running for Good: Funds raised for local communities to train, learn, and fall in love with running.

ASKED & ANSWERED

WHAT MAKES THIS SAFE?

This region of the Okavango Panhandle has been carefully selected not only for its rich cultural heritage and stunning landscapes but also for safety. Predator sightings in this area are rare, making confrontations with big cats or buffalo extremely unlikely.

While sightings of hippos, crocodiles, and occasionally elephants are possible, the route is professionally planned and you'll be accompanied throughout by expert guides trained in wilderness safety and a qualified medic. The group moves together under professional management, ensuring both safety and an enriching experience.

WHAT'S INCLUDED?

Professional Support: Expert trail running guide with extensive local knowledge; Qualified medic accompanying the group throughout; Support staff at refreshment and refuelling points

Accommodation & Meals: 4 nights accommodation (3x Nxamaseri Island Lodge; 1x Tsodilo Hills Sleep-Out Expedition Camp); Full board: All meals and beverages; Celebration dinner on return to Nxamaseri.

Activities & Experiences: All guided trail running/hiking; Traditional mokoro crossings (when water levels permit); Cultural connection with local communities; San Bushman cultural evening at Tsodilo Hills; Guided exploration of Tsodilo Hills rock art sites; Optional Male Hill summit.

Logistics: Refreshment and refuelling points en route*; Luggage transfers between camps; Emergency support and communications; Park fees and community contributions

Note: Runners are expected to carry their own hydration packs and personal running equipment.*

THE ULTRA-TRAIL

1.



DAY 1: THE WATER ROUTE

Begin your journey along the beautiful Nxamaseri Channel of the Okavango Panhandle, following waterways through remote fishing villages where life continues much as it has for generations. Cross forested islands rich in birdlife and seasonal floodplains, and when water levels rise, travel by mokoro (traditional dugout canoe) paddled by local experts. The terrain is flat with sandy trails and soft ground, offering constant views of the delta. Along the way, pass homesteads, witness traditional fishing methods, and see how communities thrive in harmony with nature.

Distance: Approximately 30-35km

Overnight: Nxamaseri Island Lodge

2.



DAY 2: THE HERITAGE CONNECTOR

From the lush Okavango into the arid Kalahari, this is the day you truly connect two World Heritage Sites. Follow ancient trails alongside the megascale parallel sand dunes—one of Africa's great geological mysteries. Watch the land transform from delta to desert, then the sacred Tsodilo Hills rising before you. Explore the ancient paths and centuries-old rock art here before resting beneath these "mountains of the gods." You'll overnight here, at the Tsodilo Hills Sleep-Out Expedition Camp, hosted by the San community.

Distance: Approximately 40-45km

Overnight: Tsodilo Hills Sleep-Out Expedition Camp

3.



DAY 3: THE SUMMIT CHALLENGE

Wake before sunrise to circle the Tsodilo Hills on the perimeter trail, further exploring sacred rock art sites as morning light washes the cliffs. Traverse varied terrain around the base before taking on the optional summit of Male Hill—Botswana's highest peak at over 1,400m. The 400m ascent offers sweeping views across the Kalahari and back toward the Okavango Delta, marking a powerful finish to your journey between two UNESCO sites. Return to Nxamaseri Island Lodge for a celebration dinner and rest.

Distance: Approximately 20-25km + optional summit climb

Overnight: Nxamaseri Island Lodge

4.



DAY 4-5: THE ULTIMATE FINISH LINE

Enjoy a leisurely day at Nxamaseri Island Lodge, with options for gentle recovery activities such as spa treatments, poolside relaxation, or mokoro excursions. Celebrate your achievement with fellow runners before departing in the morning.

PLANNING, PREP & POST-RACE

PLANNING

Set Departure: 11th-15th April 2026 (& from 1 April 2027).

Private Group Dates: Year-round, subject to availability (min 4, max 16 participants).

Trail Difficulty: Moderate to challenging for fit individuals with trail running/hiking experience.

Climate: Hot and dry (can reach 35°C+ during the day).

Group Philosophy: This is an adventure together, not a competitive race.

Essential Personal Equipment: Hydration pack or running vest with water capacity; Trail running shoes (broken in); Sun protection (hat, sunglasses, high SPF sunscreen); Personal medications and any specific nutrition requirements; Head torch for early starts; Running gear suitable for hot conditions; Optional trekking poles for support. Detailed kit list provided upon booking.

PREPARATION

Pre-Trail Acclimatisation Highly Recommended: We strongly recommend arriving 2-3 days before the trail begins. At over 900m above sea level with hot, dry conditions year-round, acclimatisation significantly enhances your experience and performance.

Recommended Pre-Trail Package: 2 nights at Sedia Hotel, Maun, known as the gateway town to the Okavango Delta. Use this time to: Recover from travel and adjust to the altitude and climate; Enjoy shake-out runs on routes hosted by the local running community; Visit local breweries, gin distilleries, markets and restaurants; Meet fellow participants and build excitement for the adventure ahead.

Essential Personal Equipment: Hydration pack or running vest with water capacity; Trail running shoes (broken in); Sun protection (hat, sunglasses, high SPF sunscreen); Personal medications and any specific nutrition requirements; Head torch for early starts; Running gear suitable for hot conditions; Optional trekking poles for support. Detailed kit list provided upon booking.

POST-TRAIL SAFARI

After your epic trail adventure, continue your journey through Botswana's most iconic wildlife regions. Every itinerary is fully customisable, but here's what we recommend...

Complete 13-Night Circuit: Ultra-Trail to Epic Safari

Day 1-2: Sedia Hotel, 2x Nights (Pre-Trial Acclimatisation).

Day 3-6: Nxamaseri Island Lodge, 4x Nights (Ultra-Trail + 1-Night Sleep-Out).

Day 7-9: Camp Moremi or Camp Xakanaxa, 3x Nights (Authentic Land/Water-Based Safari).

Day 10-12: Savute Safari Lodge, 3x Nights (Stunning Scenes & Game-Viewing Focus).

Day 13: Departure from Maun

This combination creates the perfect balance of adventure, cultural immersion, and wildlife safari – a truly comprehensive Botswana experience.

*This is not a race;
it's an adventure together...*



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