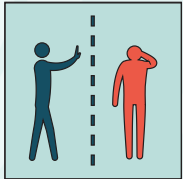


HOW CAN I PROTECT MYSELF FROM COVID-19?

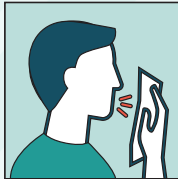
There are everyday preventative steps you can take to help reduce the spread of the Coronavirus (COVID-19) and protect yourself, your family and community.

PREVENTION STARTS AT HOME



AVOID

Close contact with people. Maintain a distance of six (6) feet from others.



COVER

Your cough or sneeze with a tissue and wear a face mask when in public.



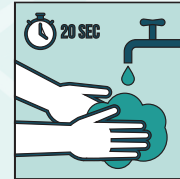
AVOID

Touching your face, especially your eyes, nose and mouth.



CLEAN

And disinfect frequently touched objects and surfaces.



WASH

Your hands often and for 20 seconds with soap & water.



STAY HOME

to help reduce the spread of COVID-19 and keep you and your family safe.

#BeSafe

#KeepItClean

#StayHome