

VOTFNJ presents a Lenten Book Discussion of  
*Entering Eternity With Ease*  
by Sal Umana

**Sunday, March 26, 2023 - 4:30 PM on ZOOM**  
**Meeting ID: 82804610951    Passcode: 257587**

Lent arrives, echoing again the call:

**"Repent for the kingdom of God is at hand."**

But what does **"repent"** mean?

According to Fr. Richard Rohr: "First of all, it doesn't mean to beat ourselves up or to feel bad about ourselves. 'Repent' (metanoia in Greek) means to turn around, to change...the great traditions always call people on a journey of faith to keep changing...There is no way we can open up to all we have to experience, unless we're willing to let go of the idols of yesterday and the idols of today."

Lest we, in Rohr's words, "buy into some kind of cheap conventionalism and call it tradition," we must challenge ourselves, open ourselves to fresh ideas, affirm our abilities to evaluate and make judgments in freedom without fear.

Sal Umana's book, *Entering Eternity With Ease*, runs the gamut of challenges from conventional to extreme, teaching that there is no difference between life and death, offering us the opportunity to examine, to weigh, to grow, to change.

**Join us for the discussion. All are welcome.**  
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