

# First UMC Scripture and Prayer Guide



**Wherever you find yourself in the coming week, take time to read, reflect, and spend time in intentional prayer. Each day contains a prayer prompt and scripture passage to guide and ground our time spent seeking God together.**

**Sunday March 15**

**Scripture:** 1 Timothy 2:1-4

**Prayer Focus:** Leaders in our community, state, country, and world

**Monday March 16**

**Scripture:** Psalm 91:4-6

**Prayer Focus:** Comfort and courage for all medical and health care professionals

**Tuesday March 17**

**Scripture:** Psalm 121

**Prayer Focus:** School administrators, teachers, staff, and students

**Wednesday March 18**

**Scripture:** Philippians 4:6-7

**Prayer Focus:** Peace for all affected by Covid-19

**Thursday March 19**

**Scripture:** Psalm 23

**Prayer Focus:** Children and elderly of our community

**Friday March 20**

**Scripture:** Matthew 5:13-16

**Prayer Focus:** The Church to courageously show God's love even in the midst of difficulty

**Saturday March 21**

**Scripture:** Matthew 25:37-40

**Prayer Focus:** Your Neighbors (Call and check in with someone today!)