Celebrity Chef Doreen Colondres

Comes to

ONE Generation Senior Enrichment Center





Friday, July 28, 2017 1:30pm - 3:30pm

ONE Generation Senior Enrichment Center 18255 Victory Blvd. Reseda, CA 91335

Join leading Celebrity Chef and creator of "The Kitchen Doesn't Bite" brand, Doreen Colondres for a healthy low-carb, full-flavor cooking demonstration and educational workshop. Diabetes Educators will teach *Diabetes 101* • *Staying Healthy*.

Snacks and refreshments will be served.

Please RSVP by July 20 to 818.705.2345.

Bring Your Family & Friends!

No Cost
Glucose, BMI &
Blood Pressure
Screenings!

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