



The Alzheimer's Association[®] offers free online education programs on Alzheimer's disease, caregiving and living with the disease—flexible, accessible and supportive resources to keep you connected and informed wherever you are.

PROGRAMS FOR CAREGIVERS

The Empowered Caregiver - COMING SOON

This education series teaches caregivers how to navigate the responsibilities of caring for someone living with dementia. Topics include tips for understanding key aspects of caregiving, supporting independence, communicating effectively, responding to dementia-related behaviors and exploring care and support services.

Managing Money: A Caregiver's Guide to Finances

Available in Spanish and with Closed Captioning (CC).

Learn about the costs of caregiving and the benefits of early financial and legal planning.

Dementia Conversations: Driving, Doctor Visits, Legal & Financial Planning

Learn to have honest and caring conversations about common concerns when someone begins to show signs of dementia.

Transitions in Care

Available with Closed Captioning (CC).

Moving a loved one with dementia into a long-term care community can be emotionally challenging. This program offers tips and support to help caregivers assess needs, explore options, understand coverage and stay involved.

Living with Alzheimer's: For Caregivers - Early Stage

Hear from those directly affected and learn what you can do to cope with the changes that come with an early-stage diagnosis.

ABOUT ALZHEIMER'S DISEASE

10 Warning Signs of Alzheimer's

Available in Spanish and with Closed Captioning (CC).

Recognize common warning signs of Alzheimer's and learn what symptoms to look for in yourself and others.

Understanding Alzheimer's and Dementia

Available in Spanish and with Closed Captioning (CC).

Learn about the difference between Alzheimer's and dementia, stages, risk factors and more.

PROGRAMS FOR PEOPLE LIVING WITH ALZHEIMER'S

Living with Alzheimer's: For People with Alzheimer's

Learn what you need to know, what you need to plan, and what you can do as you navigate this chapter of your life.

Living with Alzheimer's: For Younger-Onset Alzheimer's

Hear from those directly affected and learn what you need to know, what you need to plan, and what you can do to ease the impact throughout the course of the disease.

Visit alz.org/education to register for an online course.

