



CAREGIVER SUPPORT GROUPS

Groups are Free and held from
3pm-4:30pm on
the First and Third Tuesday of each month
[except January-see dates on back]

AND
from 1:30pm-3:00pm on
the First Saturday of every month
[except June-see dates on back]

Groups are open to both Spouses and Adult Children who are caring for a loved one with Alzheimer's Disease or other dementia.

Free respite is provided during group for enrolled ONEgeneration Adult Daycare Participants.



Learn more about
Alzheimer's Disease
and other Dementias

Receive
encouragement and
support from other
caregivers

Decrease isolation and
feeling overwhelmed

Help others by sharing
your experiences

Become a more
balanced caregiver by
taking care of yourself

ONEgeneration

Adult Daycare Program

17400 Victory Blvd,
Van Nuys 91406

For more information, please
call or email Denise Kee-White
(818) 708-6376
dkeewhite@onegeneration.org

Group dates on back →

ONEgeneration
Caregiver Support Group
2019 Calendar

Tuesdays

January 8 & 22 [2nd & 4th Tuesday]

February 5 & 19

March 5 & 19

April 2 & 16

May 7 & 21

June 4 & 18

July 2 & 16

August 6 & 20

September 3 & 17

October 1 & 15

November 5 & 19

December 3 & 17

Saturday

January 5

February 2

March 2

April 6

May 4

June 8

July 6

August 3

September 7

October 5

November 2

December 7