

Monday	Tuesday	Wednesday	Thursday	Friday
9:30am DAILY ORIENTATION 1 10:15am GENTLE YOGA W/ ALYSE & ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm TABLE TOP SOCCER ARTS – CRAFTS - POKER 2:15pm WORDPLAY (HANGMAN) 2:45pm SENSORY VIDEO & TABLEGAMES	9:30am DAILY ORIENTATION 2 10:15am CHAIR EXERCISE WITH ANDREE & CHARLIE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:30pm PING PONG CLUB 1:40pm NICE & EASY STRETCHING/ MASSAGE TABLE GAMES & MUSIC 2:00pm COED TEA & REMINISCING 2:45pm SENSORY VIDEO & TABLEGAMES	9:30am DAILY ORIENTATION 3 10:15am CHAIR EXERCISE WITH ANDREE & CHARLIE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm MID- WEEK MOVIE W/ POPCORN KNITTING SOCIAL- POKER-CRAFTS & POLISHING NAILS 2:45pm SENSORY VIDEO & TABLEGAMES	9:30am DAILY ORIENTATION 4 10:15am CHAIR EXERCISE TO MUSIC WITH HEATHER & ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm ENGLISH BINGO & SPANISH LOTERIA 2:45pm SENSORY VIDEO & TABLEGAMES 3:00pm (IGP) FUNDAMENTALS OF MUSIC	9:30am DAILY ORIENTATION 5 10:15am CHAIR EXERCISE TO MUSIC WITH ERICKA, CHARLIE & ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm PAPER PLATE FALL WREATH CRAFT 2:45pm SENSORY VIDEO & TABLEGAMES POLISHING NAILS & MARKER ART
9:30am DAILY ORIENTATION 8 10:15am GENTLE YOGA W/ ALYSE & ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm VOLLEYBALL W/ NET ARTS – CRAFTS - POKER 2:15pm NAME THAT TUNE 2:45pm SENSORY VIDEO & TABLEGAMES	9:30am DAILY ORIENTATION 9 10:15am CHAIR EXERCISE WITH ANDREE & CHARLIE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:30pm MUSIC THERAPY & CRAFTS 1:40pm NICE & EASY STRETCHING/ MASSAGE TABLE GAMES & MUSIC 2:00pm LADIES TEA PATIO SOCIAL 2:45pm SENSORY VIDEO & TABLEGAMES	9:30am DAILY ORIENTATION 10 10:15am CHAIR EXERCISE WITH ANDREE & CHARLIE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm MID- WEEK MOVIE W/ POPCORN KNITTING SOCIAL- POKER-CRAFTS & POLISHING NAILS 2:45pm SENSORY VIDEO & TABLEGAMES	9:30am DAILY ORIENTATION 11 10:15am CHAIR EXERCISE TO MUSIC WITH HEATHER & ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm ENGLISH BINGO & SPANISH LOTERIA 2:45pm SENSORY VIDEO & TABLEGAMES 3:00pm (IGP) FUNDAMENTALS OF MUSIC	9:30am DAILY ORIENTATION 12 10:15am CHAIR EXERCISE TO MUSIC WITH ERICKA, CHARLIE & ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm DECORATE YOUR PAPER PUMPKIN 2:45pm SENSORY VIDEO & TABLEGAMES POLISHING NAILS & MARKER ART
9:30am DAILY ORIENTATION 15 10:15am GENTLE YOGA W/ ALYSE & ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm CHARADES GUESSING GAME ARTS – CRAFTS - POKER 2:15pm MEMORY WORD GAME W/ BOARD 2:45pm SENSORY VIDEO & TABLEGAMES	9:30am DAILY ORIENTATION 16 10:15am CHAIR EXERCISE WITH ANDREE & CHARLIE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:30pm PING PONG CLUB 1:40pm NICE & EASY STRETCHING/ MASSAGE TABLE GAMES & MUSIC 2:00pm MEN'S TEA & REMINISCING 2:45pm SENSORY VIDEO & TABLEGAMES	9:30am DAILY ORIENTATION 17 10:15am CHAIR EXERCISE WITH ANDREE & CHARLIE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm OCTOBER BIRTHDAY PARTY W/ WINFIELD "ONE MAN BAND" 2:45pm SENSORY VIDEO & TABLE ART 3:30pm POLISHING NAILS & TABLEGAMES	9:30am DAILY ORIENTATION 18 10:15am CHAIR EXERCISE TO MUSIC WITH HEATHER & ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm ENGLISH BINGO & SPANISH LOTERIA 2:45pm SENSORY VIDEO & TABLEGAMES 3:00pm (IGP) FUNDAMENTALS OF MUSIC	9:30am DAILY ORIENTATION 19 10:15am CHAIR EXERCISE TO MUSIC WITH ERICKA, CHARLIE & ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm MID- WEEK MOVIE W/ POPCORN 2:45pm SENSORY VIDEO & TABLEGAMES POLISHING NAILS & MARKER ART
9:30am DAILY ORIENTATION 22 10:15am GENTLE YOGA W/ ALYSE & ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm PARACHUTE FUN ARTS – CRAFTS - POKER 2:15pm NAME THAT OLD T.V SHOW 2:45pm SENSORY VIDEO & TABLEGAMES	9:30am DAILY ORIENTATION 23 10:15am CHAIR EXERCISE WITH ANDREE & CHARLIE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:30pm MUSIC THERAPY & CRAFTS 1:40pm NICE & EASY STRETCHING/ MASSAGE TABLE GAMES & MUSIC 2:00pm COED TEA & REMINISCING 2:45pm SENSORY VIDEO & TABLEGAMES	9:30am DAILY ORIENTATION 24 10:15am CHAIR EXERCISE WITH ANDREE & CHARLIE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm MID- WEEK MOVIE W/ POPCORN KNITTING SOCIAL- POKER-CRAFTS & POLISHING NAILS 2:45pm SENSORY VIDEO & TABLEGAMES	9:30am DAILY ORIENTATION 25 10:15am CHAIR EXERCISE TO MUSIC WITH HEATHER & ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm ENGLISH BINGO & SPANISH LOTERIA 2:45pm SENSORY VIDEO & TABLEGAMES 3:00pm (IGP) FUNDAMENTALS OF MUSIC	9:30am DAILY ORIENTATION 26 10:15am CHAIR EXERCISE TO MUSIC WITH ERICKA, CHARLIE & ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm TAP W/ JUDITH & POPCYCLE STICK FRAME ART 2:45pm SENSORY VIDEO & TABLEGAMES POLISHING NAILS & MARKER ART
9:30am DAILY ORIENTATION 29 10:15am GENTLE YOGA W/ ALYSE & ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm CARNIVAL GAMES ARTS – CRAFTS - POKER 2:15pm MEMORY WORD GAME W/ BOARD 2:45pm SENSORY VIDEO & TABLEGAMES	9:30am DAILY ORIENTATION 30 10:15am CHAIR EXERCISE WITH ANDREE & CHARLIE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:30pm PING PONG CLUB 1:40pm NICE & EASY STRETCHING/ MASSAGE TABLE GAMES & MUSIC 2:00pm LADIES TEA PATIO SOCIAL 2:45pm SENSORY VIDEO & TABLEGAMES	9:30am DAILY ORIENTATION 31 10:15am CHAIR EXERCISE WITH ANDREE & CHARLIE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm HALLOWEEN PARTY W/ DR ROMANTIC & HEARTBEATS W/ REFRESHMENTS 2:45pm SENSORY VIDEO & TABLEGAMES	PIANO W/ MARK EVERY OTHER WEDNESDAY @ NOON <h1>OCTOBER 2018</h1> OCTOBER 8TH COLUMBUS DAY OCTOBER 31ST HALLOWEEN	