

LOS ANGELES COUNTY IN PERSON CLASSES & SUPPORT GROUPS



APRIL 2026 | To register for an event click the links, visit alz.org/events or call our 24/7 Helpline at (800) 272-3900

ALZHEIMER'S LATINO COMMUNITY FORUM

Bring a friend to learn about Alzheimer's, dementia and memory loss in this brief community-focused listening session. We'll review the basics of these conditions, services of the Alzheimer's Association and how we can expand local programs.

Tues, Apr 14 | 10:00-12:00PM | Español

[Sun Valley Registration / Registro](#)

MANAGING MONEY: A Caregivers Guide To Finances

Tues, Apr 21 | 10:30-11:30AM | [Reseda Registration](#)

LIVING WITH ALZHEIMER'S FOR CAREGIVERS Early Stage Part 2

Thur, Apr 9 | 2:00-3:00PM | English | [Bellflower Registration](#)

Thur, Apr 9 | 3:30-4:30PM | Español | [Bellflower Registro](#)

UNDERSTANDING ALZHEIMER'S & DEMENTIA

Thur, Apr 9 | 10:00-11:00AM | English & Español | [East LA Registration](#)

Mon, Apr 13 | 2:00-3:00PM | [Palm Desert Registration](#)

Fri, Apr 17 | 12:30-1:30PM | [SFV Pacoima Registration](#)

HEALTHY LIVING FOR YOUR BRAIN & BODY

Wed, Apr 16 | 10:00-11:00AM

[Riverside Registration](#)

Wed, Apr 22 | 10:00-11:00AM

[Burbank Registration](#)

Thur, Apr 30 | 2:00-3:00PM

[Palm Desert Registration](#)

BUILDING BRAIN-HEALTHY HABITS

Mon, Apr 13 | 12:00-1:00PM

Korean Language | 한국어

[Genspace Wallis Annenberg](#)

Wed, Apr 15 | 12:00-1:00PM

English Language

[Genspace Wallis Annenberg](#)

Thur, Apr 16 | 12:00-2:00PM

[St. Barnabus Mini Health Fair](#)

Wen, Apr 29 | 12:00-2:00PM

[Los Angeles Registration](#)

10 WARNING SIGNS OF ALZHEIMER'S

Wed, Apr 8 | 10:30-11:30AM | [Glendora Registration](#)

Thur, Apr 16 | 1:00-2:00PM | [Montclair Registration](#)

IN-PERSON SUPPORT GROUPS

Call our 24/7 Helpline at
(800) 272-3900 to register
for an in-person support group

Mondays 2:30-4:30PM
PALM SPRINGS

Tuesdays 10:00AM-Noon
LA QUINTA

Wednesdays 10:00AM-Noon
PALM DESERT

2nd & 4th Fri 10:30-12:30PM
INDIO

Last Mon | 6:00-8:00PM
UPLAND

1st Tues | 10:00-11:30AM
RANCHO CUCAMONGA

2nd Tues | 6:00-8:00PM
CLAREMONT

2nd Tues | 6:30-8:00PM
SANTA CLARITA

3rd Tues 10:00-11:30AM | **PASADENA**
10:00AM-Noon | **CLAREMONT**

4th Tues | 10:00-11:00AM
ANTELOPE VALLEY

2nd Wed | 5:00-6:30PM
REDLANDS

4th Wed | 9:30-11:00AM
LAKE BALBOA

2nd Fri | 9:00-10:30AM
TEMECULA

IMPACT OF ALZHEIMER'S IN THE COMMUNITY

Wed, Apr 15 | 10:00-11:30AM

[Upland Registration](#)

LOS ANGELES COUNTY **VIRTUAL** CLASSES & SUPPORT GROUPS



APRIL 2026 | PLEASE RSVP

To register click the links, visit alz.org/events or call our 24/7 Helpline at (800) 272-3900

VIRTUAL SUPPORT GROUPS

1st & 3rd Mon | 5:30-7:00PM | [Register](#)

Every Tues | 10AM-NOON | [Register via Helpline](#)

Every Thur | 8:30-10:30AM | [Register](#)

3rd Sat | 10-11:30AM | [Register](#)

MANDARIN LANGUAGE | 普通话

3rd Sun | 第三个星期日 | 6:30-8:00PM |
请致电热线进行登记。

SPANISH LANGUAGE | Español

2nd & 4th Martes | 1:30-2:30PM

Para mas informacion comuniquese con Linda Loera al (213) 220-0713 o lloera@alz.org.

10 WARNING SIGNS

Learn about typical age-related changes, common warning signs of Alzheimer's, how to approach someone about memory concerns, and the benefits of a diagnosis.

Thur, Apr 2 | 2:00-3:00PM | [Register](#)

COFFEE & CONVERSATION

A fun, meaningful and comfortable way for people in the early stage of the disease to get connected with like individuals and carepartners twice a month.

Tues, Apr 14 | 10 -11:30AM | [Register](#)

Tues, Apr 28 | 10 -11:30AM | [Register](#)

MANAGING MONEY: A CAREGIVER'S GUIDE TO FINANCES

It's never too early to put financial plans in place. Join us to learn tips for managing someone else's finances, how to prepare for future care costs and the benefits of early planning.

Mon, Apr 20 | 2:00-3:30PM | [Register](#)

THE EMPOWERED CAREGIVER VIRTUAL SERIES

Learn how dementia changes a person's independence, impacts safety, how to provide the right amount of support, and tips to make every activity meaningful to the person living with dementia.

Responding to Dementia-Related Behaviors

Mon, Apr 6 | 2:00-3:30PM | [Register](#)

Communicating Effectively

Fri, Apr 10 | 3:00-4:00PM | [Register](#)

Wed, Apr 22 | 10-11:00AM | [Register](#)

Exploring Care & Support Services

Mon, Apr 13 | 2:00-3:30PM | [Register](#)

Supporting Independence

Fri, Apr 24 | 2:00-3:00PM | [Register](#)

LOS ANGELES COUNTY ON DEMAND ONLINE EDUCATION

Presented by the Alzheimer's Association®



Visit alz.org/help-support or call our 24/7 Helpline at (800) 272-3900

The Alzheimer's Association® offers free online education programs on Alzheimer's disease, caregiving & living with the disease—flexible, accessible and supportive resources to keep you connected and informed wherever you are.

PROGRAMS FOR CAREGIVERS

Transitions in Care

Available with Closed Captioning (CC)

Learn about the costs of caregiving and the benefits of early financial and legal planning.

Managing Money: A Caregiver's Guide to Finances

Available in Spanish & Closed Captioning (CC).

Moving a loved one with dementia into a long-term care community can be emotionally challenging. This program offers tips and support to help caregivers assess needs, explore options, understand coverage, and stay involved.

Dementia Conversations: Driving, Doctor Visits, Legal & Financial Planning

Learn to have honest and caring conversations about common concerns when someone begins to show signs of dementia.

Living with Alzheimer's: For Caregivers - Early, Middle, and Late Stage

Learn to have honest and caring conversations about common concerns when someone begins to show signs of dementia.

ABOUT ALZHEIMER'S DISEASE

10-Warning Signs of Alzheimer's

Available in Spanish & Closed Captioning (CC).

Recognize common warning signs of Alzheimer's and learn what symptoms to look for in yourself and others.

Living with Alzheimer's: For Younger-Onset Alzheimer's

Hear from those directly affected and learn what you need to know, what you need to plan, and what you can do to ease the impact throughout the course of the disease.

PROGRAMS FOR PEOPLE LIVING WITH ALZHEIMER'S

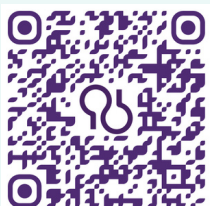
Living with Alzheimer's: For People with Alzheimer's

Learn what you need to know, what you need to plan, and what you can do as you navigate this chapter of your life.

Living with Alzheimer's: For Younger-Onset Alzheimer's

Hear from those directly affected and learn what you need to know, what you need to plan, and what you can do to ease the impact throughout the course of the disease.

THE EMPOWERED CAREGIVER



This education series teaches caregivers how to navigate the responsibilities of caring for someone living with dementia. Topics include tips to support independence, understand key aspects of caregiving, respond to dementia-related behaviors, communicate effectively, and explore care and support services.