

PLEASE JOIN US

Education Classes

LOS ANGELES COUNTY JULY 2025

IN PERSON ENGLISH CLASSES

Healthy Living for Your Brain and Body

Thursday, July 10, 2-3 p.m. | [Calabasas](#)

Friday, July 11, 11 a.m.-12 p.m. | [Covina](#)

Thursday, July 24, 11 a.m.-12 p.m. | [Glendale](#)

Wednesday, July 30, 10-11 a.m. | [Burbank](#)

The Empowered Caregiver- Supporting Independence

Wednesday, July 30, 1-2 p.m. | [Santa Clarita](#)



[Pre-Register](#)

ON-DEMAND EDUCATION

Understanding and Responding to Dementia-Related Behavior

Learn about some of the common triggers for behaviors associated with dementia, how to assess the person's needs, and how to intervene effectively.

Managing Money: A Caregiver's Guide to Finances

Caregivers: How much do you know about managing money? Learn about the costs of caregiving and the benefits of early planning, how to avoid financial abuse and fraud, start a conversation about finances, assess financial and legal needs, and find support.

Understanding Alzheimer's and Dementia

Learn about the difference between Alzheimer's and dementia, stages, risk factors and more. Closed Captioning (CC) available.

10 Warning Signs of Alzheimer's

Recognize common warning signs of Alzheimer's and learn what symptoms to look for in yourself and others.

For on-demand, recorded classes, please visit alz.org/education

TO REGISTER, PLEASE CALL 800.272.3900 OR VISIT US ONLINE AT [ALZ.ORG/CRF](https://alz.org/crf)

ALZHEIMER'S  ASSOCIATION®

For more on-demand, recorded classes, please visit alz.org/education

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Support Groups and Early Stage Engagement LOS ANGELES COUNTY JULY 2025

In Person Caregiver Groups

2nd Tuesday, 7-9 p.m. (Claremont)

2nd and 4th Tuesdays, 7-8:30 p.m. (Westwood)

2nd Tuesday, 6:30-8 p.m. (Santa Clarita)

3rd Tuesday, 10-11:30 a.m. (Pasadena)

3rd Tuesday, 10 a.m.-12 p.m. (Claremont)

3rd Tuesday, 6:30-8:00p.m. (Encino)

4th Wednesday, 9:30-11 a.m. (Lake Balboa)

Virtual Caregiver Support Groups

1st and 3rd Mondays, 5:30-7 p.m.

3rd Saturday, 10-11:30 a.m.

Weekly, every Thursday, 10-11:30 a.m.

Español

Grupo de Apoyo Telefónico para Cuidadores 2do y 4to martes de cada mes, 1-2:30 p.m.

Mandarin Caregiver Support Group

3rd Sunday, 6:30-8 p.m.

Young Adults 20's - 30's

1st Monday, 7:30-9 p.m.

Younger Onset

2nd Tuesday, 12-1:30 p.m.

LGBTQ+

2nd and 4th Thursdays, 12-1:30 p.m.

Early Stage Engagement- Virtual Coffee and Conversations

Tuesday, July 8 and 22, 10-11:30 a.m.

Connect with like individuals and care partners, to discuss current events and a variety of topics.



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