

Monday

Tuesday

Wednesday

Thursday

Friday

NOVEMBER 2018									
NATIONAL ALZHEIMER'S DISEASE AWARENESS MONTH									
DAYLIGHT SAVING TIME ENDS ON NOVEMBER 4 th ELECTION DAY IS NOVEMBER 6 TH VETERANS DAY IS NOVEMBER 11 TH									
									
9:30am DAILY ORIENTATION 10:15am GENTLE YOGA W/ ALYSE 11:00am DAILY CHRONICLES & POETRY ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm AMERICAN FLAG COLLAGE 2:15pm SOCIAL HOUR & PUZZLES TABLE ART - POKER GAME 2:45pm SENSORY VIDEO & TABLE GAMES	5	9:30am DAILY ORIENTATION 10:15am CHAIR EXERCISE WITH ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:30pm PING PONG CLUB 1:40pm NICE & EASY STRETCHING/ MASSAGE TABLE GAMES - MUSIC SOCIAL 2:00pm LADIES TEA SOCIAL W/ FALL HATS 2:45pm SENSORY VIDEO & TABLE GAMES	6	9:30am DAILY ORIENTATION 10:15am CHAIR EXERCISE WITH ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm MID-WEEK MOVIE & POPCORN ARTS & CRAFTS - POKER - KNITTING 2:45pm SENSORY VIDEO & TABLE GAMES	7	9:30am DAILY ORIENTATION 10:15am CHAIR EXERCISE WITH ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00am BRAIN FITNESS ENGLISH & SPANISH 1:40pm BINGO & SPANISH LOTERIA 2:45pm SENSORY VIDEO & TABLEGAMES 3:00pm (IGP) FUNDAMENTALS OF MUSIC	1	9:30am DAILY ORIENTATION & 10:15am CHAIR EXERCISE WITH ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm GREETING CARD ART 2:45pm SENSORY VIDEO & TABLE GAMES	2
	12	9:30am DAILY ORIENTATION 10:15am CHAIR EXERCISE WITH ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:30pm MUSIC THERAPY SESSION 1:40pm NICE & EASY STRETCHING/ MASSAGE TABLE GAMES: MUSIC SOCIAL 2:00pm MENS TEA & REMINISCING SOCIAL 2:45pm SENSORY VIDEO & TABLE GAMES	13	9:30am DAILY ORIENTATION 10:15am CHAIR EXERCISE WITH ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm NOVEMBER BIRTHDAY PARTY W/ WINFIELD "ONE MAN BAND" 2:45pm SENSORY VIDEO & TABLE GAMES	14	9:30am DAILY ORIENTATION 10:15am CHAIR EXERCISE WITH ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm BINGO & SPANISH LOTERIA 2:45pm SENSORY VIDEO & TABLE GAMES 3:00pm (IGP) FUNDAMENTALS OF MUSIC	8	9:30am DAILY ORIENTATION & 10:15am CHAIR EXERCISE WITH ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH GROUPS 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm VETERANS DAY RECOGNITION W/ LEE HAHN PERFORMANCE 2:45pm SENSORY VIDEO & TABLE GAMES	9
	19	9:30am DAILY ORIENTATION 10:15am GENTLE YOGA W/ ALYSE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:30pm PING PONG CLUB 1:40pm BOWLING & BEAN BAG TOSS 2:15pm NAME THAT TUNE TABLE GAMES- ARTS & CRAFTS-POKER 2:45pm SENSORY VIDEO & TABLE GAMES	20	9:30am DAILY ORIENTATION 10:15am CHAIR EXERCISE WITH ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:30pm COED THANKSGIVING TEA SOCIAL 2:45pm SENSORY VIDEO & TABLE GAMES	21	CLOSED THANKSGIVING DAY	22		23
9:30am DAILY ORIENTATION 10:15am GENTLE YOGA W/ ALYSE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm VOLLEYBALL FUN 2:15pm PARLOR GAMES 2:45pm SENSORY VIDEO & TABLE GAMES	26	9:30am DAILY ORIENTATION 10:15am CHAIR EXERCISE WITH ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:30pm MUSIC THERAPY SESSION 1:40pm NICE & EASY STRETCHING/ MASSAGE TABLE GAMES - MUSIC SOCIAL 2:00pm LADIES TEA & REMINISCENCE SOCIAL 2:45pm SENSORY VIDEO & TABLE GAMES	27	9:30am DAILY ORIENTATION 10:15am CHAIR EXERCISE WITH ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm MID-WEEK MOVIE & POPCORN ARTS & CRAFTS - POKER - KNITTING 2:45pm SENSORY VIDEO & TABLE GAMES	28	9:30am DAILY ORIENTATION 10:15am CHAIR EXERCISE WITH ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm BINGO & SPANISH LOTERIA 2:45pm SENSORY VIDEO & TABLE GAMES 3:00pm (IGP) FUNDAMENTALS OF MUSIC	29	9:30am DAILY ORIENTATION 10:15am CHAIR EXERCISE WITH ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm TAP DANCE W/ JUDITH 2:00pm VEL VET ART MANDALAS 2:45pm SENSORY VIDEO & TABLE GAMES	30