

Monday

Tuesday

Wednesday

Thursday

Friday

NATIONAL ALZHEIMER'S DISEASE AWARENESS MONTH

NOVEMBER 2018

DAYLIGHT SAVING TIME ENDS ON NOVEMBER 4th
ELECTION DAY IS NOVEMBER 6TH
VETERANS DAY IS NOVEMBER 11TH

9:30am DAILY ORIENTATION 10:15am GENTLE YOGA W/ ALYSE 11:00am DAILY CHRONICLES & POETRY ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm AMERICAN FLAG COLLAGE 2:15pm SOCIAL HOUR & PUZZLES TABLE ART - POKER GAME 2:45pm SENSORY VIDEO & TABLE GAMES	9:30am DAILY ORIENTATION 10:15am CHAIR EXERCISE WITH ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:30pm PING PONG CLUB 1:40pm NICE & EASY STRETCHING/ MASSAGE TABLE GAMES - MUSIC SOCIAL 2:00pm LADIES TEA SOCIAL W/ FALL HATS 2:45pm SENSORY VIDEO & TABLE GAMES	9:30am DAILY ORIENTATION 10:15am CHAIR EXERCISE WITH ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm MID-WEEK MOVIE & POPCORN ARTS & CRAFTS - POKER - KNITTING 2:45pm SENSORY VIDEO & TABLE GAMES	9:30am DAILY ORIENTATION 10:15am CHAIR EXERCISE WITH ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm BINGO & SPANISH LOTERIA 2:45pm SENSORY VIDEO & TABLE GAMES 3:00pm (IGP) FUNDAMENTALS OF MUSIC	9:30am DAILY ORIENTATION & 10:15am CHAIR EXERCISE WITH ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm GREETING CARD ART 2:45pm SENSORY VIDEO & TABLE GAMES
 CLOSED FOR VETERANS DAY	9:30am DAILY ORIENTATION 10:15am CHAIR EXERCISE WITH ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:30pm MUSIC THERAPY SESSION 1:40pm NICE & EASY STRETCHING/ MASSAGE TABLE GAMES- MUSIC SOCIAL 2:00pm MENS TEA & REMINISCING SOCIAL 2:45pm SENSORY VIDEO & TABLE GAMES	9:30am DAILY ORIENTATION 10:15am CHAIR EXERCISE WITH ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm NOVEMBER BIRTHDAY PARTY W/ WINFIELD "ONE MAN BAND" 2:45pm SENSORY VIDEO & TABLE GAMES	9:30am DAILY ORIENTATION 10:15am CHAIR EXERCISE WITH ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm BINGO & SPANISH LOTERIA 2:45pm SENSORY VIDEO & TABLE GAMES 3:00pm (IGP) FUNDAMENTALS OF MUSIC	8:30am – 11am FAMILY CAREGIVERS: CONTINENTAL BREAKFAST SERVED 9:30am DAILY ORIENTATION 10:15am CHAIR EXERCISE WITH ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm MID-WEEK MOVIE & POPCORN 2:45pm SENSORY VIDEO & TABLE GAMES
9:30 AM DAILY ORIENTATION 10:15am GENTLE YOGA W/ ALYSE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm BOWLING & BEAN BAG TOSS 2:15pm NAME THAT TUNE TABLE GAMES- ARTS & CRAFTS-POKER 2:45pm SENSORY VIDEO & TABLE GAMES	9:30am DAILY ORIENTATION 10:15am CHAIR EXERCISE WITH ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:30pm PING PONG CLUB 1:40pm NICE & EASY STRETCHING/ MASSAGE TABLE GAMES - MUSIC SOCIAL 2:00pm COED THANKSGIVING TEA SOCIAL 2:45pm SENSORY VIDEO & TABLE GAMES	9:30am DAILY ORIENTATION 10:15am CHAIR EXERCISE WITH ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 12 NOON SPECIAL HOLIDAY LUNCH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm MID-WEEK MOVIE & POPCORN ARTS & CRAFTS - POKER - KNITTING 2:45pm SENSORY VIDEO & TABLE GAMES	CLOSED THANKSGIVING DAY 	CLOSED IN OBSERVANCE OF THANKSGIVING 
9:30am DAILY ORIENTATION 10:15am GENTLE YOGA W/ ALYSE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm VOLLEYBALL FUN 2:15pm PARLOR GAMES 2:45pm SENSORY VIDEO & TABLE GAMES	9:30am DAILY ORIENTATION 10:15am CHAIR EXERCISE WITH ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:30pm MUSIC THERAPY SESSION 1:40pm NICE & EASY STRETCHING/ MASSAGE TABLE GAMES - MUSIC SOCIAL 2:00pm LADIES TEA & REMINISCENCE SOCIAL 2:45pm SENSORY VIDEO & TABLE GAMES	9:30am DAILY ORIENTATION 10:15am CHAIR EXERCISE WITH ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm MID-WEEK MOVIE & POPCORN ARTS & CRAFTS - POKER - KNITTING 2:45pm SENSORY VIDEO & TABLE GAMES	9:30am DAILY ORIENTATION 10:15am CHAIR EXERCISE WITH ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm BINGO & SPANISH LOTERIA 2:45pm SENSORY VIDEO & TABLE GAMES 3:00pm (IGP) FUNDAMENTALS OF MUSIC	9:30am DAILY ORIENTATION 10:15am CHAIR EXERCISE WITH ANDREE 11:00am DAILY CHRONICLES ENGLISH & SPANISH 11:30am SING A LONG ENGLISH & SPANISH 1:00pm BRAIN FITNESS ENGLISH & SPANISH 1:40pm TAP DANCE W/ JUDITH 2:00pm VELVET ART MANDALAS 2:45pm SENSORY VIDEO & TABLE GAMES

ONEgeneration ADULT DAY CARE MONTHLY ACTIVITIES CALENDAR

*ACTIVITIES ARE SUBJECT TO CHANGE

*30 MINUTES INTERGENERATIONAL ACTIVITIES PROVIDED DAILY