

Monday

Tuesday

Wednesday

Thursday

Friday

OLDER AMERICAN MONTH
NATIONAL MILITARY APPRECIATION MONTH

May 2019
NATIONAL NURSES WEEK (6TH-12TH)
HAPPY MOTHER'S DAY 5-12-19

10:00 AM DAILY ANNOUNCEMENTS
10:15 AM CHAIR YOGA TO MUSIC W/ ALYSE
11:00 AM CURRENT EVENT ENGLISH /SPANISH
11:30 AM SING A LONG ENGLISH & SPANISH W/ LAURA
1:00 PM TRIVIA ENGLISH & SPANISH
1:40 PM- 2:15 PM DANCING TO THE OLDIES; POKER; ARTS & CRAFTS
2:20 PM -2:45 PM "WHAT WOULD YOU DO?"
2:45 PM SENSORY VIDEO & TABLEGAMES

10:00 AM DAILY ANNOUNCEMENTS
10:15 AM CHAIR EXERCISE TO MUSIC W/ MARIO
11:00 AM CURRENT EVENTS ENGLISH & SPANISH
11:30 AM SING- A -LONG ENGLISH & SPANISH
1:00 PM TRIVIA SOCIAL ENGLISH & SPANISH GRPS
1:30 PM MUSIC THERAPY SESSION W/ TRISHA
1:40 PM NICE AND EASY STRETCHING W/ BACK MASSAGE & RELAXATION
2:00 PM COED ICED TEA & REMINISCING SOCIAL W/ MARIO ON THE PATIO
2:45 PM SENSORY VIDEO & TABLEGAMES

10 AM DAILY ANNOUNCEMENTS
10:15 AM CHAIR EXERCISE TO MUSIC W/ MARIO
11:00 AM CURRENT EVENTS ENGLISH & SPANISH
11:30 AM SING-A-LONG ENGLISH & SPANISH
1:00 PM TRIVIA SOCIAL SPANISH & ENGLISH
1:40 PM MID -WEEK MOVIE W/ POPCORN ENGLISH & SPANISH; KNITTING GRP; POKER GAME; CRAFTS & POLISHING NAILS
2:45 PM SENSORY VIDEO & TABLE GAMES W/ MUSIC SOCIAL
4:30 PM WATERING THE GARDEN W/ MARIO

10:00 AM DAILY ANNOUNCEMENTS
10:15 AM CHAIR EXERCISE TO MUSIC W/ HEATHER & WATER THE GARDEN W/ TRISHA
11:00 AM CURRENT EVENTS SPANISH & ENGLISH
11:30 AM SING-A-LONG ENGLISH & SPANISH GRP W/ MARIO
1:00 PM TRIVIA SOCIAL IN SPANISH & ENGLISH
1:40 PM MOTHER'S DAY POETRY SESSION
2:00 PM MUSICAL PERFORMANCE W/ SENIORS ENTERTAINING SENIORS

10:00 AM DAILY ANNOUNCEMENTS
10:15 AM CHAIR EXERCISE TO MUSIC W/ MARIO
11:00 AM CURRENT EVENTS SPANISH & ENGLISH
11:30 AM SING-A-LONG IN ENGLISH & SPANISH GRP W/ MARIO
1:00 PM MOTHER'S DAY TRIVIA
1:40 MOTHER'S DAY BINGO SOCIAL IN ENGLISH & SPANISH
2:45 PM SENSORY VIDEO; MUSIC SOCIAL; POLISHING NAILS
4:30 PM WATERING THE GARDEN W / MARIO

10:00 AM DAILY ANNOUNCEMENTS
10:15 AM CHAIR YOGA TO MUSIC W/ ALYSE
11:00 AM CURRENT EVENTS ENGLISH/SPANISH
11:30 AM SING A LONG IN ENGLISH & SPANISH W/ MARIO
1:00 PM TRIVIA ENGLISH & SPANISH
1:40 PM- 2:15 PM CIRCUS GAMES; FLY SWATTER VOLLEY; POKER & CRAFTS
2:20 PM -2:45 PM DANCING TO THE OLDIES
2:45 PM SENSORY VIDEO & TABLEGAMES

10:00 AM DAILY ANNOUNCEMENTS
10:15 AM CHAIR EXERCISE TO MUSIC W/ MARIO
11:00 AM CURRENT EVENTS ENGLISH & SPANISH
11:30 AM SING- A -LONG ENGLISH & SPANISH
1:00 PM TRIVIA SOCIAL ENGLISH & SPANISH GRPS
1:30 PM PING PONG CLUB W/ TRISHA & BELLA
1:40 PM NICE AND EASY STRETCHING W/ BACK MASSAGE & RELAXATION
2:00 PM LADIES PINK LEMONADE & REMINISCING SOCIAL W/ MARIO IN THE GARDEN W/ HATS
2:45 PM SENSORY VIDEO & MARKER ART

10:00 AM DAILY ANNOUNCEMENTS
10:15 AM CHAIR EXERCISE TO MUSIC W/ MARIO
11:00 AM CURRENT EVENTS ENGLISH & SPANISH
11:30 AM SING-A-LONG ENGLISH & SPANISH
1:00 PM TRIVIA SOCIAL SPANISH & ENGLISH
1:40 PM APRIL BIRTHDAY PARTY W /WINFIELD
2:45 PM SENSORY VIDEO; MUSIC SOCIAL; TABLE GAMES & MARKER ART
4:30 PM WATERING THE GARDEN W/ MARIO

10:00 AM DAILY ANNOUNCEMENTS
10:15 AM CHAIR EXERCISE TO MUSIC W/ HEATHER & WATER THE GARDEN W/ TRISHA
11:00 AM CURRENT EVENTS SPANISH & ENGLISH
11:30 AM SING-A-LONG ENGLISH & SPANISH
1:00 PM TRIVIA SOCIAL SPANISH & ENGLISH
1:40 COGNITIVE PLAY: LARGE TABLE TILE PUZZLES & BINGO
SPANISH GRP : GROCERY SHOPPING TOGETHER & LOTERIA
2:45 PM SENSORY VIDEO & MUSIC SOCIAL

10:00 AM DAILY ANNOUNCEMENTS
10:15 AM CHAIR EXERCISE TO MUSIC W/ MARIO
11:00 AM CURRENT EVENTS ENGLISH & SPANISH
11:30 AM SING-A-LONG ENGLISH & SPANISH
1:00 PM TRIVIA SOCIAL SPANISH & ENGLISH
1:30 PM -2:30 PM SPECIAL PERFORMANCE UCLA GLUCK CLUB PIANIST SOLOIST W/ MINDY & MARKER ART & CRAFTS
2:45 PM SENSORY VIDEO; TABLE GAMES; MUSIC SOCIAL
4:30 PM WATERING THE GARDEN W/ MARIO

10:00 AM DAILY ANNOUNCEMENTS
10:15 AM EXERCISE TO MUSIC W / MARIO
11:00 AM CURRENT EVENT ENGLISH /SPANISH
11:30 AM SING A LONG ENGLISH & SPANISH GRP W/ MARIO
1:00 PM TRIVIA ENGLISH & SPANISH
1:40 PM- 2:15 PM CIRCUS GAMES : VELCRO DARTS & FRISBEE TOSS; POKER; & CRAFTS
2:20 PM -2:45 PM NAME THAT LYRIC MUSICAL
2:45 PM SENSORY VIDEO & TABLEGAMES

10:00 AM DAILY ANNOUNCEMENTS
10:15 AM CHAIR EXERCISE TO MUSIC W/ MARIO
11:00 AM CURRENT EVENTS ENGLISH & SPANISH
11:30 AM SING- A -LONG ENGLISH & SPANISH
1:00 PM TRIVIA SOCIAL ENGLISH & SPANISH GRPS
1:30 PM PING PONG CLUB W/TRISHA & BELLA
1:40 PM NICE AND EASY STRETCHING W/ BACK MASSAGE & RELAXATION
2:00 PM MEN'S ICED TEA & REMINISCING SOCIAL W/ MARIO ON THE PATIO
2:45 PM SENSORY VIDEO & POLISHING NAILS

10:00 AM DAILY ANNOUNCEMENTS
10:15 AM CHAIR EXERCISE TO MUSIC
11:00 AM CURRENT EVENTS ENGLISH & SPANISH
11:30 AM SING-A-LONG ENGLISH & SPANISH
1:00 PM TRIVIA SOCIAL SPANISH & ENGLISH
1:40 PM MID -WEEK MOVIE W/ POPCORN IN ENGLISH & SPANISH; KNITTING GRP; POKER GAME; & WATERCOLOR PAINTING IN THE GARDEN
2:45 PM SENSORY VIDEO; TABLE GAMES & MUSIC SOCIAL

10:00 AM DAILY ANNOUNCEMENTS
10:15 AM CHAIR EXERCISE TO MUSIC W/ HEATHER & WATER THE GARDEN W/ TRISHA
11:00 AM CURRENT EVENTS SPANISH & ENGLISH
11:30 AM SING-A-LONG & ENGLISH & SPANISH W/ MARIO
1:00 PM TRIVIA SOCIAL SPANISH & ENGLISH
1:40 COGNITIVE PLAY: TABLE TOP SOCCER & SPANISH GRP : BUDGETING OUR SHOPPING
2:00 PM ENGLISH BINGO & SPANISH LOTERIA
2:45 PM SENSORY VIDEO & MUSIC SOCIAL

10:00 AM DAILY ANNOUNCEMENTS
10:15 AM CHAIR EXERCISE TO MUSIC W/ MARIO
11:00 AM CURRENT EVENTS ENGLISH & SPANISH
11:30 AM SING-A-LONG ENGLISH & SPANISH
1:00 PM MEMORIAL DAY TRIVIA FACTS ENGLISH W/ MARIO & SPANISH W/ LAURA
1:40 PM ARTS & CRAFTS & POKER GAME W/ REFRESHMENTS
2:45 PM SENSORY VIDEO & TABLE GAMES & MUSIC SOCIAL
4:30 PM WATERING THE GARDEN W / MARIO

CLOSED FOR
Memorial Day


10:00 AM DAILY ANNOUNCEMENTS
10:15 AM CHAIR EXERCISE TO MUSIC W/ MARIO
11:00 AM CURRENT EVENTS ENGLISH & SPANISH
11:30 AM SING- A -LONG ENGLISH & SPANISH
1:00 PM TRIVIA SOCIAL ENGLISH & SPANISH GRPS
1:40 PM TAP DANCE W/ JUDITH
2:00 PM BACK MASSAGE & RELAXATION; SPANISH COED LEMONADE & REMINISCING SOCIAL W/ MARIO IN THE GARDEN
2:45 PM SENSORY VIDEO & MARKER ART
4:30 PM WATERING THE GARDEN W/ MARIO

10:00 AM DAILY ANNOUNCEMENTS
10:30 AM - 11:20 AM SPECIAL PERFORMANCE W/ UCLA GLUCK CLUB (WOODWIND QUINTET)
11:30 AM SING-A-LONG ENGLISH & SPANISH
1:00 PM TRIVIA SOCIAL SPANISH & ENGLISH
1:40 PM MID -WEEK MOVIE W/ POPCORN ENGLISH & SPANISH GRP; KNITTING; POKER GAME & CRAFTS ON THE PATIO
2:45 PM SENSORY VIDEO; TABLE GAMES; MUSIC SOCIAL
4:30 PM WATERING THE GARDEN W/ MARIO

10:00 AM DAILY ANNOUNCEMENTS
10:15 AM CHAIR EXERCISE TO MUSIC W/ HEATHER & WATER THE GARDEN W/ TRISHA
11:00 AM CURRENT EVENTS SPANISH & ENGLISH
11:30 AM SING-A-LONG & ENGLISH & SPANISH
1:00 PM TRIVIA SOCIAL SPANISH & ENGLISH
1:40 COGNITIVE PLAY: TABLE TALK & THINK FAST & SPANISH GRP: WORDGAMES "ADIVANZAS"
2:00 PM BINGO & LOTERIA
2:45 PM SENSORY VIDEO & MUSIC SOCIAL

10:00 AM DAILY ANNOUNCEMENTS
10:15 AM CHAIR EXERCISE TO MUSIC W/ MARIO
11:00 AM CURRENT EVENTS ENGLISH & SPANISH
11:30 AM SING-A-LONG ENGLISH & SPANISH
1:00 PM TRIVIA SOCIAL IN ENGLISH & SPANISH GRP W/ LAURA
1:40 PM ARST & CRAFTS; POKER GAME W/ REFRESHMENTS
2:45 PM SENSORY VIDEO & MUSIC SOCIAL
4:30 PM WATERING THE GARDEN W /MARIO