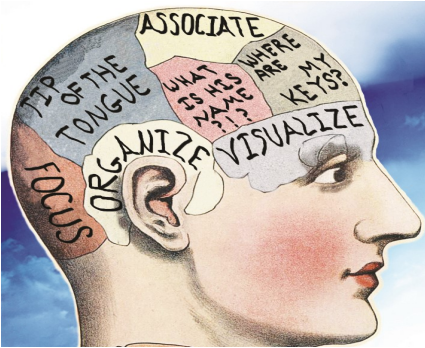


Memory Training

Innovative, 4-week educational program for improving memory



Wednesday
August
8, 15, 22, 29
1pm—3pm

- ◆ Written and designed by Gary Small, M.D., and Linda Ercoli, Ph.D. for people with mild memory concerns
- ◆ Taught by certified trainers who demonstrate strategies and techniques in an interactive classroom setting
- ◆ 9 out of 10 participants report improvements in their memory

Offered free of cost at :

Sherman Oaks Branch Library

14245 Moorpark Street

Sherman Oaks, CA 91423

Phone: 818-205-9716

Program Benefits

Remember names and faces

Recall appointments, messages and plans

Practice everyday memory techniques

Avoid misplacing objects

Overcome “tip of the tongue” memory slips

UCLA Longevity Center

For more information about the program please contact:

Alicia Reyes (818) 650-2700

Please register at the information desk. Seating is limited.