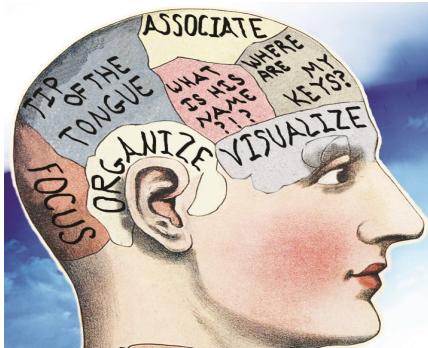


Memory Training

Innovative, 4-week educational program for improving memory



Wednesday

August

8, 15, 22, 29

1pm—3pm

- ◆ Written and designed by Gary Small, M.D., and Linda Ercoli, Ph.D. for people with mild memory concerns
- ◆ Taught by certified trainers who demonstrate strategies and techniques in an interactive classroom setting
- ◆ 9 out of 10 participants report improvements in their memory

Offered free of cost at :

Sherman Oaks Branch Library

14245 Moorpark Street

Sherman Oaks, CA 91423

Phone: 818-205-9716

Program Benefits

Remember names and faces

Recall appointments, messages and plans

Practice everyday memory techniques

Avoid misplacing objects

Overcome “tip of the tongue” memory slips

UCLA

Longevity Center

**For more information about the program please contact:
Alicia Reyes (818) 650-2700**

Please register at the information desk. Seating is limited.