



ESCAPE NOW

Abuse Prevention & Empowerment

For adults with disabilities, including access & functional needs, and their caregivers.

- Participants will learn how to get safe now and stay safe later in situations of abuse.
- Participants will strengthen their decision making skills in a broad range of abuse situations.
- Participants will be equipped with information about what is abuse and with effective ways to protect themselves from victimization.



Dignity Health®

Northridge Hospital Medical Center
Center for Assault Treatment Services

ONEgeneration
18255 Victory Blvd,
Reseda CA, 91335

**Tuesday &
Thursday**

1:00pm-2:00pm

6-Week Program

- August 13
- August 15
- August 20
- August 22
- August 27
- August 29
- September 3
- September 5
- September 10
- September 12
- September 17
- September 19

For more information,
please contact:
Program Coordinator
818.718.5903