

Simply Nutritious and Delicious

Join us to learn how to read food labels, make healthier food choices and prepare simple yet healthy and tasty meals for you and your family



March 22, 2018

10:30-11:30 AM

ONEgeneration Senior Enrichment Center

18255 Victory Blvd, Reseda, CA 91335

Art Room

***Please sign up in Main Office or call
818-708-6618 to RSVP***