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## In Memoriam Harry Vickman

# Friends of ONEgeneration

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November 29, 2016

## Dear Friends:

Since first opening its doors in 1978, ONEgeneration has provided critical social services to thousands of low income seniors in the San Fernando Valley. ONEgeneration's programs do not receive funding from the county, state or federal government, and receive only limited funding from local government. Now in our fourth decade, we are able to continue because of the generosity of donors like you. We are asking you today, to make a gift that will support ONEgeneration.

Five days a week, mostly older adults with Alzheimer's, Dementia, Parkinson's and other disabling conditions, attend ONEgeneration's Adult Day Care program where they are cared for by dedicated nurses, therapists and loving staff. Because the program is open from 7am to 6pm, it is a critical resource for aging and exhausted caregivers, working caregivers and families.

Robert works full time but his mother needs 24 hour supervision. Because Robert couldn't find an Adult Day Care program with extended hours to accommodate his work schedule, he began taking his mother to work with him which was putting his job at risk. Robert found out about ONEgeneration's Adult Day Care program, and was able to enroll her. Without the care and supervision provided by our Center, his mother would be placed in a nursing home. Robert makes the commute from Inglewood to ONEgeneration because it allows his mother to live with him, she's made a group of friends, loves the Center's activities, especially the dancing, and her medical needs are closely supervised by our nursing staff.

With the help of dedicated staff and volunteers, 240-260 hot meals are delivered every weekday to homebound adults in our service area. There is no charge for these hot meals, although some donations are received from participants.

Mel and Anna, longtime West Hills residents and homebound meal recipients, are a loving couple who have been married over sixty years.

Mel is a World War II Veteran, and Anna is a Holocaust survivor. Recently Anna had a bad fall and is now living in a care facility. A nearby neighbor takes Mel with his hot meal to visit his wife and have lunch together as they always have over the years. Mel is appreciative when his meal arrives and always says to the meal driver as they leave, "Thank you friend, I'll see you tomorrow."

ONEgeneration 17400 Victory Boulevard, Van Nuys, CA 91406 (818) 705-2345 main (818) 708-6620 fax <a href="https://www.ONEgeneration.org">www.ONEgeneration.org</a>



Over 300 older adults attend ONEgeneration's Senior Enrichment Center every weekday. They have come to depend on the many critical services – hot meals, free health screenings, counseling, educational presentations, classes and much more.

Raymond is a 75 year old member of ONEgeneration Senior Enrichment Center who is dedicated to attending the program 5 days per week. When Raymond was in his 40's, he suffered from a Traumatic Brain Injury resulting in cognitive and behavioral health changes. Since then, he has been unable to work and is dependent on his social security. Since Raymond is unable to care for himself, he resides in a Board & Care facility where he is cared for and supervised. He has expressed that nothing means more to him than what ONEgeneration has to offer. He looks forward to the beginning of every month where he can get a new class schedule and he circles every event or class that he is interested in. When Raymond is not taking a class, he spends the rest of his day relaxing in the lobby and coloring bright & vibrant pictures for all to see. Raymond has told staff and volunteers that if it wasn't for ONEgeneration, he would just be sitting in his board & care watching TV all day and would become depressed as his health/well-being would decline dramatically.

These are just a few of the thousands of people that ONEgeneration is able to assist – so that they can live at home, or with families rather than in a nursing home, receive assistance with daily services such as meals, or provide seniors a place to get help, socialize, participate in activities and not become isolated and depressed. Please be a part of our continuing efforts. Together, with your generous support, we are a community working to serve one another.

Thank you for remembering ONEgeneration,

Sincerely,

Eva Goetz President & CEO ONEgeneration Jeff Friedman Board Chair ONEgeneration

## **ONEgeneration Annual Facts**

- 83% of our revenue goes to programs; 16% to administration; 1% to fundraising
- Served over 56,000 meals to homebound adults; over 58,000 meals served at senior lunch sites
- Provided of 6,400 rides to adults in our service area to important appointments
- Provided Case Management to over 700 homebound adults –home and safety assessments, bathing, chores, grocery shopping
- Over 20,000 Volunteer Hours