



**Please Save the Date**

# Caregiver Education and Support Day

Please join us for presentations focused on supporting **you** in providing care.

**Saturday, December 7, 2019**

17400 Victory Blvd., Van Nuys 91406

9:30am – 3:30pm

Lunch will be provided.

Please RSVP to (818) 708-6625 or [adultdaycare@onegeneration.org](mailto:adultdaycare@onegeneration.org). There is no cost to attend.

This program will be held in conjunction with ONEgeneration's Saturday Adult Daycare Program. If your loved one is **already** enrolled in ONEgeneration's Adult Daycare and you would like for him/her to attend the center on that day, please call (818) 708-6625 or [adultdaycare@onegeneration.org](mailto:adultdaycare@onegeneration.org). The fee for the Saturday Adult Daycare is \$75.

*We will raffle off gift cards and prizes!*

## **SPEAKERS/ EVENTS TO INCLUDE:**

**SARA  
POLINSKY, ESQ.**  
LAW OFFICES OF  
SARA POLINSKY,  
ESTATE PLANNING  
AND ELDER LAW  
ATTORNEY

"MOST COMMON  
PLANNING  
MISTAKES PEOPLE  
MAKE"

**MONICA  
MOORE, MSG**  
COMMUNITY  
HEALTH PROGRAM  
MANAGER,  
MARY S. EASTON  
CENTER FOR  
ALZHEIMER'S  
DISEASE  
RESEARCH AT  
UCLA

"UPDATE ON  
ALZHEIMER'S  
DISEASE  
RESEARCH"

**DENISE KEE-  
WHITE, LCSW**  
ASSISTANT  
PROGRAM  
DIRECTOR,  
ONEGENERATION  
ADULT DAYCARE

"MANAGING  
CAREGIVER  
STRESS"

**CAREGIVER  
SUPPORT  
GROUP**