

Monday

Tuesday

Wednesday

Thursday

Friday

# January 2026

1-New Year 5- National Trivia Day 16- National Hat Day 19- Martin Luther King Day



**5** 9:45am Daily Orientation & Breakfast & Music  
10-11am IGP Activity  
10:15am Seated Balloon Volleyball & Music  
11:00am National Missouri Day English & Spanish  
11:30am Trivia Day English & Spanish  
1-2pm IGP Activity with Infants  
1:00pm New Year Resolutions English & Spanish  
1:40pm Seated Chair Exercise w/ Czarina PT  
2:30pm Snacks & Chats  
2:45pm Tabletop Games, Puzzles, Coloring & Music

**6** 9:45am Daily Orientation & Breakfast & Music  
10-11am IGP Activity  
10:15am Seated Chair Yoga w/ Nancy Harding  
11-12pm Making 2026 Vision Boards  
1-2pm IGP Activity with Infants  
1:00pm Big Fun: Moose Jokes and Puns  
1:40pm Seated Chair Exercise w/ Sheila OT  
2:30pm Snacks & Chats  
2:45pm Tabletop Games & Puzzles & Coloring & Music

**7** 9:45am Daily Orientation & Breakfast & Music  
10-11am IGP Activity  
10:15am Seated Chair Exercise w/ Sheila OT  
11:00am Forgotten English Activity English & Spanish  
11:30am Name that Tune English & Spanish  
1-2pm IGP Activity with Infants  
1:00pm Expressions English & Spanish  
1:40pm Seated Velcro Paddle Toss Game & Music  
2:30pm Snacks & Chats  
2:45pm Tabletop Games & Puzzles & Coloring & Music

**8** 9:45am Daily Orientation & Breakfast & Music  
10-11am IGP Activity  
10:15am Seated Chair Exercise w/ Czarina PT  
11:00am Think Fast Game English & Spanish  
11:30am Diego Rivera's Birthday English & Spanish  
1-2pm IGP Activity with Infants  
1:00pm Meaningful Conversations English & Spanish  
1:40pm Bingo/ Loteria  
2:30pm Snacks & Chats  
2:45pm Tabletop Games & Puzzles & Coloring & Music

**9** 9:45am Daily Orientation & Breakfast & Music  
10-11am IGP Activity  
10:15am Stretch & Flex & Seated Football Toss  
11:00am Sing Along English & Spanish  
11:30am Winter Math English & Spanish  
1-2pm IGP Activity with Infants  
1:00pm The Cup Sliding Game & Music  
1:40pm Cinema & Popcorn  
2:30pm Snacks & Chats  
2:45pm Tabletop Games & Puzzles & Coloring & Music

**12** 9:45am Daily Orientation, Breakfast & Music  
10-11am IGP Activity  
10:15am Morning Stretch & Seated Soccer Game  
11-12pm Winter Arts and Crafts  
1-2pm IGP Activity with Infants  
1:00pm Readers Theater English & Spanish  
1:40pm Seated Chair Exercise w/ Czarina PT  
2:30pm Snacks & Chats  
2:45pm Tabletop Games, Puzzles, Coloring & Music

**13** 9:45am Daily Orientation & Breakfast & Music  
10-11am IGP Activity  
10:15am Seated Chair Yoga w/ Nancy Harding  
11:00am Name that Tune English & Spanish  
11:30am Rhyme Time English & Spanish  
1-2pm IGP Activity with Infants  
1:00pm The Telephone Game English and Spanish  
1:40pm Seated Chair Exercise w/ Sheila OT  
2:30pm Snacks & Chats  
2:45pm Tabletop Games & Puzzles & Coloring & Music

**14** 9:45am Daily Orientation & Breakfast & Music  
10-11am IGP Activity  
10:15am Seated Chair Exercise w/ Alaina OT  
11:00am Encore Word Music Game English & Spanish  
11:30am National Michigan Day English & Spanish  
1-2pm IGP Activity with Infants  
1:00pm Spanish A Food for Thought English & Spanish  
1:40pm Winter Beads Craft & Music  
2:30pm Snacks & Chats  
2:45pm Tabletop Games & Puzzles & Coloring & Music

**15** 9:45am Daily Orientation & Breakfast & Music  
10-11am IGP Activity  
10:15am Seated Chair Exercise w/ Czarina PT  
11:00am Drawing Challenge English & Spanish  
11:30am Animal Feature English & Spanish  
1-2pm IGP Activity with Infants  
1:00pm Stick Moose Word Game English & Spanish  
1:40pm Bingo/ Loteria  
2:30pm Snacks & Chats  
2:45pm Tabletop Games & Puzzles & Coloring & Music

**16** 9:45am Daily Orientation & Breakfast & Music  
10-11am IGP Activity  
10:15am Stretch & Flex & Seated Bean Bag Toss  
11:00am MLK Speech English & Spanish  
11:30pm MLK Unscramble Words English & Spanish  
1-2pm IGP Activity with Infants  
1:00pm MLK Talk Tidbits English & Spanish  
1:40pm Seated Chair Hockey Game & Music  
2:30pm Snacks & Chats  
2:45pm Tabletop Games & Puzzles & Coloring & Music



**19** 9:45am Daily Orientation & Breakfast & Music  
10-11am IGP Activity  
10:15am Seated Chair Yoga w/ Nancy Harding  
11:00am Name that Tune English & Spanish  
11:30am Two Truths, One Lie English & Spanish  
1-2pm IGP Activity with Infants  
1:00pm Thesaurus Challenge English & Spanish  
1:40pm Seated Chair Exercise w/ Sheila OT  
2:30pm Snacks & Chats  
2:45pm Tabletop Games & Puzzles & Coloring & Music

**20** 9:45am Daily Orientation & Breakfast & Music  
10-11am IGP Activity  
10:15am Seated Chair Exercise w/ Alaina OT  
11:00am Star of the Month English & Spanish  
11:30am Crossword Puzzle English & Spanish  
1-2pm IGP Activity with Infants  
1:00pm Balloon Mania & Music  
1:40pm Seated Chair Exercise w/ Sheila OT  
2:30pm Snacks & Chats  
2:45pm Tabletop Games & Puzzles & Coloring & Music

**21** 9:45am Daily Orientation & Breakfast & Music  
10-11am IGP Activity  
10:15am Seated Chair Exercise w/ Czarina PT  
11-12pm Northern Lights Painting & Music  
1-2pm IGP Activity with Infants  
1:00pm Talking Point English & Spanish  
1:40pm Bingo/ Loteria  
2:30pm Snacks & Chats  
2:45pm Tabletop Games & Puzzles & Coloring & Music

**22** 9:45am Daily Orientation & Breakfast & Music  
10-11am IGP Activity  
10:15am Seated Balloon Volleyball & Music  
11:00am Alaskan Scavenger Hunt & Music  
11:30am Travel Brief Destination English & Spanish  
1-2pm IGP Activity with Infants  
1:00pm Snowball Toss Game & Music  
1:40pm Cinema & Popcorn  
2:30pm Snacks & Chats  
2:45pm Tabletop Games & Puzzles & Coloring & Music

**26** 9:45am Daily Orientation, Breakfast & Music  
10:15am Morning Stretch & Seated Parachute Game  
10-11am IGP Activity  
11:00am National Florida Day English & Spanish  
11:30am National Opposite Day English & Spanish  
1-2pm IGP Activity with Infants  
1:00pm Pin the Carrot on the Snowman & Music  
1:40pm Seated Chair Exercise w/ Czarina PT  
2:30pm Snacks & Chats  
2:45pm Tabletop Games, Puzzles, Coloring & Music

**27** 9:45am Daily Orientation & Breakfast & Music  
10-11am IGP Activity  
10:15am Seated Chair Yoga w/ Nancy Harding  
11:00am Expressly Winter Word Games English & Spanish  
11:30am Name that Tune English & Spanish  
1-2pm IGP Activity with Infants  
1:00pm Learning a New Language English & Spanish  
1:40pm Seated Chair Exercise w/ Sheila OT  
2:30pm Snacks & Chats  
2:45pm Tabletop Games & Puzzles & Coloring & Music

**28** 9:45am Daily Orientation & Breakfast & Music  
10-11am IGP Activity  
10:15am Seated Chair Exercise w/ Alaina OT  
11:00am Music Appreciation English & Spanish  
11:30am Lifelong Learning English & Spanish  
1-2pm IGP Activity with Infants  
1:00pm Readers Theater English & Spanish  
1:40pm The Granny Pants Game & Music  
2:30pm Snacks & Chats  
2:45pm Tabletop Games & Puzzles & Coloring & Music

**29** 9:45am Daily Orientation & Breakfast & Music  
10-11am IGP Activity  
10:15am Seated Chair Exercise w/ Czarina PT  
11:00am Say What? English & Spanish  
11:30am The Test Drive Short Story English & Spanish  
1-2pm IGP Activity with Infants  
1:00pm Collage Detective Puzzle English & Spanish  
1:40pm Bingo/ Loteria  
2:30pm Snacks & Chats  
2:45pm Tabletop Games & Puzzles & Coloring & Music

**30** 9:45am Daily Orientation & Breakfast & Music  
10-11am IGP Activity  
10:15am Stretch & Flex & Seated Fly Swatter Toss  
11:00am Word Match English & Spanish  
11:30am Sing Along English & Spanish  
1-2pm IGP Activity with Infants  
1:00pm Health and Wellness English & Spanish  
1:40pm Winter Gardening English & Spanish  
2:30pm Snacks & Chats  
2:45pm Tabletop Games & Puzzles & Coloring & Music