

Ghirardelli Hot Chocolate

6 cups Almond Milk, plain/unsweetened - organic if possible

2 cups Ghirardelli Chocolate Chips - 60% Cacao/Bittersweet

2 teaspoons Vanilla

1 ½ cups heavy Whipping Cream - organic if possible

Sweetened Condensed Milk - approx ½ of 14- oz can (make sure it is only sugar and milk with no high fructose corn syrup)

Put all ingredients in a crockpot and cook on high for one hour, stirring occasionally to make sure the chocolate chips are distributed. You can heat it on low but you will need to frequently and aggressively stir in the chocolate chips. Add more Almond Milk or add more Chocolate Chips - whatever your taste buds are telling you.

- Dr. Debbie Ozment

Enjoy and Happy Fall Y'all!

