

Neurological Physical Therapy Residency Program



Advent Health
Sports Med & Rehab

A hospital department of AdventHealth Orlando

Our Mission

Participation in The Neurological Physical Therapy Residency Program at AdventHealth Sports Medicine and Rehabilitation will affirm the mission of AdventHealth to “Extend the Healing Ministry of Christ.” This mission, augmented by the core values of physical therapy, will offer a road map for the resident’s journey to excellence in neurological specialty practice. Physical therapists will receive preparations to be educators and leaders based on best evidence. Outcomes of advanced knowledge and experience with neurologic specialty practice in the community will be developed in a comprehensive, patient-centered, faith-based environment.

Program Goals

The program will:

1. Support the mission and core values of Adventist Health System (AHS) by fostering excellence in clinical decision-making and neurologic patient care.
2. Prepare residency graduates to contribute to the profession of physical therapy, and the larger health care community through leadership, evidence-based practice, education, and service.
3. Promote professionalism globally in the field of neurologic physical therapy and locally within AdventHealth by incorporating the APTA’s seven core values of professionalism into the curriculum and clinical experiences.
4. Prepare residency graduates to pursue ABPTS certification as clinical specialists in neurologic physical therapy.
5. Prepare residents to be highly skilled critical thinkers who embrace lifelong learning and are grounded in the principles of evidence-based learning relating to clinical guidelines and neurological physical therapy.
6. Maintain program financial stability through AdventHealth Sports Med and Rehab to continually employ three residents for one year.



General Information

Credentialing

2023-2024 Neurological Physical Therapy Program will be listed in candidacy with pending Accreditation by September 2023.

Length of Program

13 months, beginning the last Monday in November.

Onboarding

Hospital and department-specific onboarding will occur. There will be a ramp-up time in each setting before seeing a full caseload.

Clinical Time

Thirty-six hours a week will be dedicated to patient care. Four hours each week are dedicated to specialty observations and/or didactic preparation.

Tuition

There is an upfront cost expected in June for enrolling in the Neuroconsortium (\$1,300) to participate in didactic learning. Reimbursement is available after 30 days in the residency.

Benefits

Residents are eligible for benefits through AdventHealth. These include employer-supported health and dental insurance, disability and life insurance, and paid time off. This is not a comprehensive list and applicants may receive a full description of benefits upon request.

Overview

The program is a 13-month intensive study of neurological physical therapy. A triad of settings is designed to prepare residents to become advanced practitioners and successfully pass the American Board of Physical Therapy Specialties Neurological Clinical Specialist Exam. Clinical time during the residency, which includes structured one on-one mentoring, comprises approximately 90% of a typical week. The remainder of the time is spent completing didactic training, projects, presentations, and shadowing various specialists related to the overall curriculum of the residency program.

Program Information

Clinical Program Outline

Onboarding and Training

(1 month)

Acute Care

AdventHealth Orlando (4 months)

- Neuro Critical Care, Neuro Medical, and Neuro Surgical Units
- Stroke Center Certified
- US News and World Report Leader in Neurosurgical Care
- Epilepsy Surgery Center

Inpatient Rehab Facility

AdventHealth Rehabilitation at Winter Park

(4 months)

- CARF accredited programs for Stroke and Brain Injury
- Spinal Cord Injury Program
- Treatment technology on the 60 bed unit includes virtual and augmented reality, 4 different body weight support harness systems, wireless FES systems, and multichannel iFES ergometers.

Outpatient

AdventHealth Sports Med and Rehab Orlando - Innovation Tower (4 months)

- Multidisciplinary Site with Physical Therapy, Occupational Therapy, Speech Therapy and Wellness
- Multidisciplinary Clinic Days Available with Neurology Physicians
- MDA Care Center Designation
- Huntington's Disease Center of Excellence

Specialty Observation

Specialty observation is provided for up to 4 hours during most of the residency, including:

- Multidisciplinary clinic days: both neuromuscular and movement disorders
- EMG/NCS
- Neurosurgery
- Neuropsychology
- Concussion clinic
- Deep Brain Stimulator Program
- Wheelchair clinic
- AFO trials
- Physical medicine and rehabilitation physician rounding
- Vestibular
- Pediatrics

Didactic Program Outline

Residents will receive didactic training on numerous topics related to neurologic physical therapy, drawn from the Description of Specialty Practice for the Neurological Clinical Specialist. The didactic portion of the residency program includes online webinars hosted by the Neuroconsortium. In addition, residents will be required to lead in-services, participate in journal clubs, and partake in other company initiatives.

Clinical Faculty

Laura Patrick, PT, DPT

Board Certified Clinical Specialist in Neurologic Physical Therapy, Program Director

Kyle Reedy, PT, DPT

Board Certified Clinical Specialist in Neurological Physical Therapy, Outpatient

Rod Olson, PT,

Acute Care Faculty, Clinical Manager

Sunita Ruse, PT,

Inpatient Rehab Faculty, Clinical Manager

Admissions Criteria

Applications must be submitted through the RF-PTCAS system. Deadline for applications is March 17, 2023, to be considered. Applications submitted by the deadline are evaluated by the Clinical Faculty based on the following criteria:

- Graduate of a CAPTE accredited physical therapy program prior to the start date
- Hold, in good standing, a current license to practice PT in the state of Florida
- Meet all eligibility requirements to be employed as a practicing PT within AdventHealth Sports Med and Rehab
- Submit a current resume or CV and an up-to-date academic transcript
- Current member of APTA or willing to join a professional organization
- Three references: one must be from an academic setting and one from a clinical setting
- Interest in the advancement of the profession
- Research experience or interest

AdventHealth Human Resources will contact appropriate candidates for initial screening. The Admissions Committee will interview superior candidates. Following the interview process, the Admissions Committee contacts Human Resources with the names of the top three candidates. Following a background check, the Human Resources representative makes the residency position offer. Any offer is contingent upon obtaining a PT license for the state of Florida prior to the position start date.

As residents are team members of AdventHealth during their residency, acceptance into the residency is also contingent upon meeting all requirements of the AdventHealth Human Resources hiring process. It is the policy of the program to recruit, admit and retain participants on a nondiscriminatory basis. The program does not discriminate on the basis of race, creed, color, gender, age, national or ethnic origin, marital status, sexual orientation, disability or health status.

Applicants requesting disability accommodations must do so by filing a request (detailing necessary accommodations) in writing to the Program Director.

The typical time frame for the application/admission process is as follows (may vary slightly due to scheduling of all involved parties):

Application Deadline:

March 17, 2023

Interview with Faculty:

April 2023

Selection of residency and offer from Human Resources:

End of April 2023

Learn more.

For further information or questions regarding the application/admission process, please contact Laura Patrick, at laura.patrick@adventhealth.com or 321-795-8483.