

Reopening Guidelines

AdventHealth Wellness Center and Day Spa

Dear Valued Member,

Nothing is more important to us than you and we want to ensure you and your loved ones feel confident, protected and safe in our facility. That's why we are implementing the following safety measures and guidelines.

Safety Measures

- **Day Spa modified hours:** Tuesday - Friday, 10:00 a.m. - 8:00 p.m.; Saturday, 9:00 a.m. - 5:30 p.m.
By appointment only. No walk-ins.
 - Additional personal protective measures are in place for our staff, members and guests. We will review these measures with you prior to your appointment.
- **Wellness Center modified hours:** Monday - Friday, 5:00 a.m. - 9:30 p.m.; Saturday and Sunday, 8:00 a.m. - 6:00 p.m.
- **Parking:** To better facilitate temperature screenings prior to entering the building, we are asking Members to park in the garage and use the garage side entrance. [Click Here for map](#)
- **Masks:** All Wellness Center staff will be required to wear masks. Members and guests will be provided masks upon entry and will be required to wear masks in all hospital and non-fitness areas of the Wellness Center.
- **Locker Rooms** and showers will be available with social distancing guidelines.
Towel service will not be available.
- **Steam Rooms and Saunas** will re-open Monday, June 14 with the following safety measures:
 - Two- person limit
 - Socially distance 6-feet
 - 15 minute limit
 - Must bring your own towel to use sauna and steam rooms
- **Personal Training** will be available by appointment.
- **Aquatics:** The lap pool will be open for lap swimming -- one member per lane. The Therapy Pool will have a maximum capacity of six members.
- **Group Fitness**
 - For social distancing and other safety reasons we will be limiting class offerings and capacity will be limited to 20 spots per class. Members will be required to register for ALL classes. Registration will open 90 minutes before each class and Members can register on the Membership app under the CLASSES tile, through the Membership Portal on our website (CelebrationFitness.com), at the front desk or by calling 407-303-4400.
 - Group Fitness Class Registration Process:
 - Registration for classes open 90 minutes beforehand
 - Register via app (preferred), Member Portal (preferred), at the front desk or by calling 407-303-4400
 - 20 max registrants for each class will be booked for the class via the electronic process in ABC
 - Registrants must check in with front desk prior to their registered class and receive a lanyard
 - Lanyard must be presented to the Group Fitness Instructor to confirm your spot
 - Lanyards will be cleaned and sanitized after each use



Reopening Guidelines

AdventHealth Wellness Center and Day Spa

- **Group Fitness** (continued)
 - Mats will NOT be available. Members must bring their own mat.
 - For your safety and the safety of others, please follow the social distancing signage on the floor.
 - Additional deep cleaning and sanitizing of equipment will be done in between classes.

Towel Service is not available at this time. We will continue to evaluate industry standards and measures to determine an appropriate timeline for reopening of this service.

Additional reopening updates will be communicated to you on our Facebook page (@AdventHealthWellnessCenterCelebration), via email, and through our “Celebration Fitness” mobile app. We are asking all members to please update the membership mobile app to ensure you are receiving important Wellness Center and Day Spa push notifications.

If you have any questions regarding your membership, please email AHWCMembership@AdventHealth.com.

Thank you for your continued patience and understanding and we look forward to seeing you again.

If you have general questions about COVID-19, AdventHealth has a free, 24/7 phone service to speak with a nurse at 877-VIRUSHQ.

