



HOLISTIC HEALTH AND FITNESS

7501 Murdoch Ave.
Shrewsbury, MO 63119
314-647-3999

March & April Specials

Acupuncture Specials

- **Cosmetic Acupuncture**
 - Save \$20 on new client appointments – pay just \$70 for your first session
 - Learn about cosmetic acupuncture & watch a video about it at holistichealthstl.com/acupuncture
- **Packages: Save \$20 on all multi-visit packages**
 - Discounted rate is \$190 for three visits, \$370 for six visits, and \$520 for nine visits

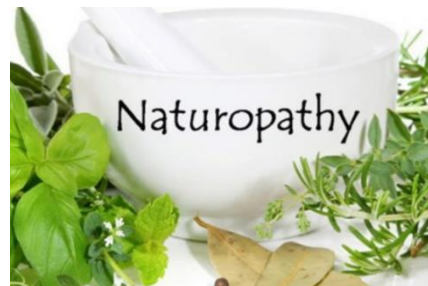


Ask Olivia or the front desk about the transformative results we're seeing from cosmetic acupuncture

Naturopathy: New Client Special

\$99 for a new client session. Includes:

- **Live blood cell analysis:** See your cells move & describe your health in real time!
- **Nutritional analysis + advice**
- **Supplement review** – what do you really need & what can you quit taking?



Remedies from Mother Earth

Save 20% on Nuwati products

Includes teas, bath salts, soaps, balms, and other Nuwati products

Members: Add 20% to your normal 10% discount, total discount of 30% off Nuwati through April 30