



# HOLISTIC HEALTH AND FITNESS

7501 Murdoch Ave.  
Shrewsbury, MO 63119  
314-647-3999

## March and April Specials

**\$10 Off All Packages and 10% off any Probiotic**



### Massage:

**3 Sixty Minute Sessions for \$170 @ \$57 each**

*(Regularly \$70 each)*

**3 Ninety Minute Sessions for \$260 @ \$87 each**

*(Regularly \$100 each)*

### Acupuncture Follow Ups:

**3 Sixty Minute Sessions for \$200 @ \$67 each**

**6 Sixty Minute Sessions for \$380 @ \$63 each**

**9 Sixty Minute Sessions for \$530 @ \$59 each**

*(Regularly \$75 each)*

### Colon Hydrotherapy:

**3 Sessions for \$200 @ \$67/each**

**6 Sessions \$380 @ \$63/each**

*(Regularly \$75 each)*

### Reflexology:

**3 Forty-five Minute Sessions for \$140 @ \$47 each**

*(Regularly \$55 each)*

**3 Sixty Minute Sessions for \$170 @ \$57 each**

*(Regularly \$65 each)*

### Member Perks:

**One Free Fire Cupping Session with Olivia or One Free 30 Minute Massage**

*(Choose one Free Session in March and one in April)*

**ALSO 20% off any Probiotic! (Regular Discount is 10%)**