



Elgin
Community
College

Bright Choice. Bright Future.

Elgin Community College

Support Specialist Program

Dec 31, 2023

814 CRSS Success Program Grant

- In January 2022, ECC received a grant from the **Illinois Department of Human Services (IDHS)** to provide training for Certified Recovery Support Specialists (CRSS) and Certified Peer Recovery Support Specialists (CPRS)
- The grant is funded through the recreational marijuana tax
- The grant covers expenses such as tuition, books, and other wrap-around services

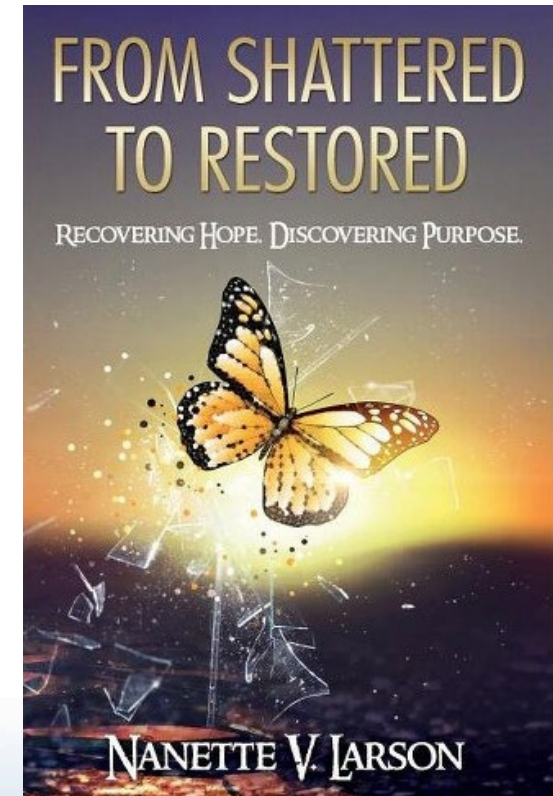


Nanette V. Larson, Deputy Director, IDHS



Nanette V. Larson
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All About Recovery Coaching

<https://www.youtube.com/watch?v=zLgWxUFFi9I>

ALL ABOUT RECOVERY COACHING



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RSS Career Opportunities

- Clinical Setting & Community Setting
- Primary Care Teams & Treatment Teams
- One-on-One & Groups
- Self-Help Meetings
- WRAP Trainings
- Mobile Crisis Teams
- Probation Departments
- Hospitals
- Law Enforcement
-



Group therapy



RSS Job Demand

According to the Bureau of Labor Statistics, employment for community health workers and social service occupations:

- Is expected to grow 13%-17% by 2026, faster than the average for all occupations
- Labor market data show an **increasingly strong need** for recovery support positions

'GLASSDOOR'

Confident

Total Pay Range

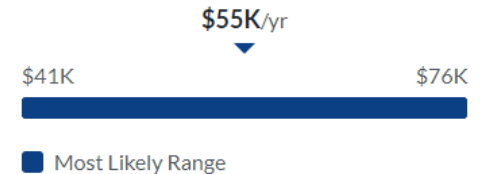
\$41K - \$76K/yr

Base Pay

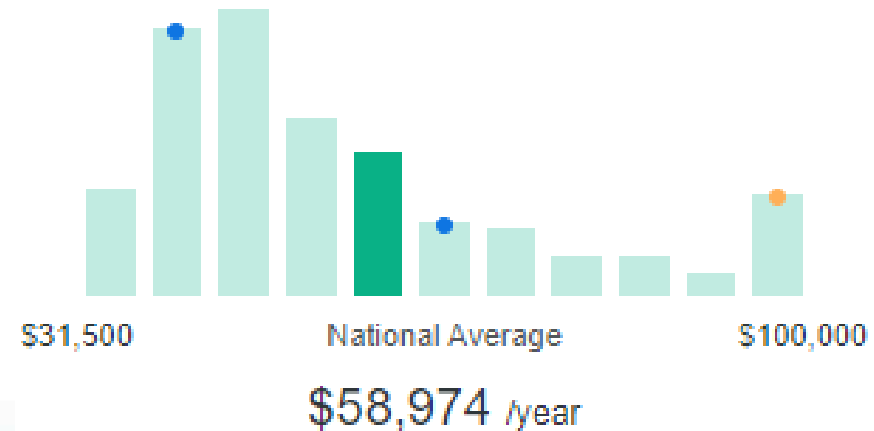
\$37K - \$68K/yr

Additional Pay

\$4K - \$8K/yr



ZipRecruiter®



RSS Target Students

- Must have at least a **high school diploma** or **GED**
- Must have **personal, lived experience** with a mental health disorder, substance use disorder, or co-occurring disorder
- Must be willing to **share their stories**
- Family members are not eligible for the grant



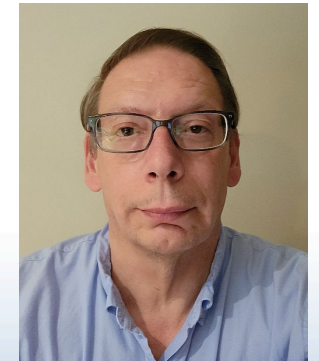
ECC RSS Welcome Receptions



ECC RSS Faculty

All faculty members hold at least a master's degree and possess extensive real-life working expertise in the fields of mental health and substance use

- **Andrew Beck**, MSW, LCSW, CADC, HS-BCP
- **Rita Braun**, MSW, LCSW, CADC
- **Courtney Kelbel**, JD, CRSS
- **Gina Lawrence**, MA, LCPC, CRSS
- **Amber Meeke Lay**, MSW, LCSW, CADC, CODP I
- **Robert Price**, JD, MA, LPC, CADC, CRSS



ECC Recovery Support Specialist (RSS) Program

<https://elgin.edu/academics/departments/recovery-support-specialist/>

FIRST SEMESTER	COURSE	CREDIT HOURS
RSS 101	History and Core Functions	3.5
RSS 103	Survey of Clinical Techniques	3.5
RSS 105	Professional Responsibilities	3.5
Total		10.5
SECOND SEMESTER	COURSE	CREDIT HOURS
RSS 107	Field Experience I	3
Total		3
THIRD SEMESTER	COURSE	CREDIT HOURS
RSS 109	Field Experience II	3
Total		3
Program Total		16.5



ECC RSS Foundation Courses

- **Three foundation courses need to be completed:**
 - **RSS 101** (History and Core Functions)
 - **RSS 103** (Survey of Clinical Techniques)
 - **RSS 105** (Professional Responsibilities)
- Two Teaching Formats:
 - **On-campus** classes
 - ✓ Students are eligible for **transportation cards**:
\$100 per month if taking at least one on-campus class
 - ✓ Amount may vary depending on available grants
 - **Zoom** classes
- Courses can be taken in one semester or spread out over a longer period
- Students do not have to take foundation courses in order
- Each class is 3.5 credit hours and counts as **college credit**



ECC RSS On-Campus Classes



ECC RSS Field Experience Courses (Internship)

- **After completing the three foundation courses:**

- Students are required to take two field experience courses
 - ✓ **RSS 107** (Field Experience I), 150 hours
 - ✓ **RSS 109** (Field Experience II), 150 hours
- One Teaching Format
 - ✓ **Zoom** classes
- Each class is 3 credit hours and counts as **college credit**
- During field experience, student receive **stipends**
 - ✓ Approximately **\$2,250 per semester** for the fall 2023 and spring 2024 school year
 - ✓ Stipends may vary depending on available grants
- Students are also taken on shopping trips for professional clothes and accessories
 - ✓ Approximately **\$200 per semester** for the fall 2023 and spring 2024 school year
 - ✓ Amount may vary depending on available grants

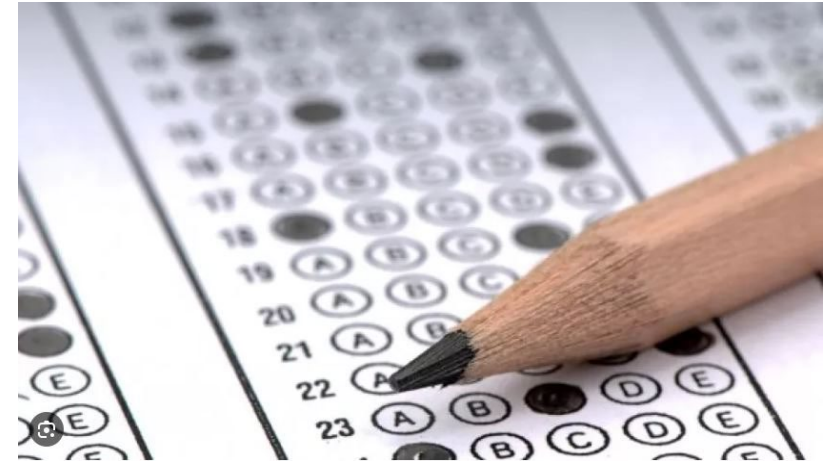


RSS Certification Exams

- **After completing all five courses:**

(3 foundation courses + 2 field experience courses)

- Students are ready to sit for the certification exam
 - ✓ **CRSS** Certificate (Certified Recovery Support Specialist)
 - ✓ **CPRS** Certificate (Certified Peer Recovery Specialist)
 - ✓ Or **Both**
- Students are also eligible to take NAADAC (National Association for Alcoholism and Drug Abuse Counselors)'s NCPRSS exam (National Certified Peer Recovery Support Specialist)
- ECC offers a FREE exam prep training course
- The grant covers the exam application and test fees for the CRSS and CPRS exams only



Education after the ECC RSS Program

- **RSS course credits can be used for Associate Degrees, Bachelor Degrees, or other Human Service Certificates**
 - Associate of Applied Science Degree or Vocational Certificates
 - ✓ **Human Services Generalist (HSG)**
 - Accredited by the Council for Standards in Human Services Education (CSHSE)
 - **Associate Degree** – total 60 credit hours
 - **Vocation Certificate** – total 33 credit hours
 - ✓ **Human Services Substance Abuse Counseling (SUB)**
 - Accredited by the Illinois Alcoholism and Other Drug Abuse Counselor Certification Board (IAODAPCA), the National Addiction Studies Accreditation Commission (NASAC), and the Council for Standards in Human Services Education (CSHSE)
 - **Associate Degree** – total 62 credit hours
 - **Vocation Certificate** (CADC, Certified Alcohol & Drug Counselor) – total 38 credit hours
 - Equivalent Courses (NOT vice versa) :
 - ✓ RSS 101 is equivalent to HUS 102 (HUS 102 is NOT equivalent to RSS 101)
 - ✓ RSS 107 is equivalent to HSG 201 (HSG 201 is NOT equivalent to RSS 107)
 - ✓ RSS 109 is equivalent to HSG 202 (HSG 202 is NOT equivalent to RSS 109)
 - ✓ If passes RSS 107 & RSS 109, HUS 200 can be waived
(RSS 107 & RSS 109 are NOT waived if passing HUS 200)



ECC RSS Out-of-District Students

- There are only **FOUR** community colleges in Illinois that offer RSS program
 - Elgin Community College (ECC)
 - College of DuPage (COD)
 - Heartland Community College (HCC)
 - City College of Chicago
- Students are welcome to attend ECC if their areas are not served by COD, HCC or CCC
 - Students need to fill out **joint agreements** from their home community colleges' websites



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HEARTLAND
COMMUNITY COLLEGE



COLLEGE
CHICAGO
Education that Works



College of DuPage



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ECC RSS Program Video

https://www.youtube.com/watch?v=Wo7o_9ivOGg



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ECC RSS Program

