



## **GALT COMMISSION ON AGING**

Advocates for Elderly – General Number (please leave message)

**(209) 366 7180**

### **Resource Guide**

#### **MISSION STATEMENT:**

**PURPOSE AND FUNCTIONS** – To function as a Forum for all matters of concern to Senior Citizens in Galt, subject to the direction and approval of the City Council.

**THE CITY'S ADVOCATE FOR THE AGING** – We function as a focal point, for the City to use, regarding questions and issues, complaints related to Food Programs, Access, Recreation, etc.... and we offer resolutions to complaints and suggestions when referred by the City. We are also charged to enrich the lives of Seniors by supporting and assisting them in finding appropriate information, resources, events, and services.

**COMPLAINTS** – We are charged by the city to reply to every written complaint in a timely fashion and to forward complaints to the appropriate department(s).

The Commission meets on the 4<sup>th</sup> Thursday of each month, at 10:00 AM, at the Parks & Recreation Building, located at 610 Chabolla Ave, Galt, CA.

**YOU ARE COORDIALLY INVITED TO ATTEND!**

## INDEX TO SENIOR RESOURCES GUIDE

Page i

(Please select your area of interest below and simply flip your Guide to the Page Number indicated)

Galt Commission on Aging – Mission Statement & other information .....	Cover
The Galt Resource Center – Mission Statement & other information .....	Inside Cover
Index .....	Page i
Contact for City Council Members .....	Page ii
Emergency Numbers.....	Page 1
Emergency Assistance – In Home Care, Abuse, Soc Sec, etc.....	Page 2
Special Health Care Services.....	Page 3
Pharmacies, Special Health Care, General Health Care businesses.....	Page 4
Organizations Helping Seniors.....	Page 5
Homes & Communities – Nursing Homes.....	Page 6
Homes & Communities... continued – Assisted Living .....	Page 7
Homes & Communities... continued – Retirement Communities .....	Page 8
Galt Churches .....	Page 9
Fun & Recreation – Galt Senior Club, Galt Parks & Recreation, Library, etc.....	Page 10

## **CONTACT FOR CITY COUNCIL MEMBERS**

**Page ii**

Shawn Farmer - (209) 366 7116

Rich Lozano – (209) 366 7114

Kevin Papineau – (209) 366 7113

Paul Sandhu – (209) 366 7117

Jay Vandenburg – (209) 366 7121

## **SPECIAL HEALTH CARE & FOOD SERVICES**

**Page 3**

### **Hospice Care of San Juaquin**

3888 Pacific Ave, Stockton

(209) 957 3888

### **Hospice & Visiting Nursing**

2800 L Street, Suite 400, Sacramento

(916) 454 6525

### **ASSISTED LIVING**

Humphrey's Guest Home, Galt

(209) 251 7461

### **FOOD SERVICES**

Senior Nutrition Services –

### **MEALS ON WHEELS**

(916) 444 9533 – (877) 434 8075

(Meals available at Chabolla Center, Mon thru Friday. Call to reserve your meal a day ahead. Suggested donation \$2.00).

### **DEPARTMENT OF HUMAN ASSISTANCE – Medi CALFRESH Service Cnter**

(209) 744 0499

### **SOUTH COUNTY SERVICES**

(Food distribution through USDA Fed Commodities Program, Brown Bag Program – held 3<sup>rd</sup> Thursday of month. Both Programs are at Chabolla Community Center, located at 699 Chabolla Ave, Galt], CAL-FRESH [see above]

(209) 745 9174

### **SUNSHINE FOOD CLOSET**

United Methodist Church

571 C Street, Galt

(209) 745 4133

### **INFO LINE – SACRAMENTO**

(Mon thru Fri 8:30 AM to 4:45 PM)

Senior Programs, Health Care, Children's Services, Financial Assistance, Housing Info, Education & Training  
(General Information Line) – Simply dial:

**2-1-1**



**PHARMACIES – GALT**

**CVS** – (209) 745 9534

**RALEYS** – (209) 745 4668

**RITE AID** – (209) 744 1380

**WALMART** – (209) 744 1965

**SPECIAL HEALTH CARE SERVICE**

**Hospice Care of San Joaquin** – 3888 Pacific Ave, Stockton – (209) 957 3888

**Hospice & Visiting Nursing** – 2800 L Street, Suite 400, Sacramento – (916) 454 6525

**Brain Builders** – 125 S Hutchins Street, Lodi – (209) 369 6921

(Early stages of Alzheimer's & Dementia – Mon thru Fri 7:00AM – 4:00PM)

**GENERAL HEALTH CARE**

**Delta Physical Therapy** – 1067 C Street, Galt - (209) 745 5802

**Doxey Chiropractic** – 550 Industrial Drive, Galt - (209) 745 5728

**Hayes Chiropractic** – 750 Spaans Drive, Galt, Suite A – (209) 745 6639

**Galt Dental Care** – 580 C Street – (209) 745 3014

**Galt Family Dentistry** – 740 Spaans Drive, #1, Galt – (209) 745 2929

**Ronald B Hilder, DDS, Dental Care** – 425 Pine Street, Suite 3 Galt (209) 745 4607

**Galt Family Optometric Center** – 730 Spaans Drive, Galt – (209) 745 2880

**Galt Medical Center** – 150 N Lincoln Way, Galt – (209) 745 4633

**Lodi Memorial Hospital Services** – 387 Civic Drive, Galt – (209) 745 8080

**Lodi Memorial Hospital Adult Care** – 125 Hutchins Street, Lodi – (209) 369 4443

(Respite Care – Mon thru Friday 8:00 AM to 4:00 PM)

**Lodi Memorial Hospital** – 975 Fairmont Ave, Lodi – (209) 334 4311

**NorCal MHA (Mental Health of Northern CA)** – 1908 O Street, Sacramento - (916) 366 4600

**Multipurpose Senior Services Program of Sacramento** – (916) 273 1122

**Senior Link-El Hogar Community Services** – 870 Rosin Court, Ste 130, Sacramento – (916) 369 7872

**Senior Companion Program** (Department of Health & Human Services) – (916) 875 3622

**Home Visitation – Eskaton TLC** – 8525 Madison Ave, Fair Oaks – (916) 334 1072

## ORGANIZATIONS HELPING SENIORS

Page 5

### **Easterseals Onsite Adult Day Care – 3205 Hurley Way, Sacramento - (916) 485 6711**

(Easterseals offers a variety of community-based Adult Day Programs in the greater Sacramento area that promote independence.

Our plans are person-centered, and participants choose from a calendar of age-appropriate activities that help them meet their personal goals. The goals are determined by the individual and the activities are fun, yet structured with a purpose. Groups include self-advocacy, community safety, health and wellness, time and money management, vocational training, creative arts, appropriate social interaction and leisure activities.

### **(1) Easter Seal Society – 3205 Hurley Way, Sacramento – (916) 485 6711**

### **(2) ACE-IT I – 1250 Howe Ave Unit 14-B, Sacramento – (916) 485 6711**

### **(3) ACE-IT II – PO BOX 95865, Sacramento – (916) 485 6711**

### **County of Sacramento Senior & Adult Services – (916) 874 9377**

(The Senior and Adult Services Division (SAS) is committed to serving **older** adults and people with disabilities in Sacramento County by providing protection from abuse, neglect and exploitation while striving to preserve their independence and self-determination).

### **AGENCY ON AGING/AREA4 – 1401 El Camino Ave, Ste 400, Sacramento**

**(916) 486 1876 ([AGENCYONAGING4.ORG](http://AGENCYONAGING4.ORG))**

(Developing and Coordinating Services for Older Adults)

### **Seniors Helping Seniors – 2764 Rogue River Circle, West Sacramento – (916) 372 9640**

(Senior Services helpers and In-home care can assist with all the things you need, including light housekeeping, cooking, shopping, mowing the lawn, getting you to the doctor, transportation, personal care and much more.

There is a nominal hourly fee – minimal 2 hours – required).

### **Senior Information & Referral Service Center – 125 S Hutchins Street, Lodi – (209) 369 6921**

### **All Independence – 8920 Emerald Park Drive, Elk Grove – (800) 630 6156**

## **VETERINARIANS IN GALT**

**Country Oaks Veterinary – 429 S Lincoln Way, Galt ..... (209) 745 3200**

**Los Caballos Equine Practice – 24806 Kenneflick Road, Galt ..... (209) 334 1660**

## **HOMES & COMMUNITIES**

**Page 6**

### **NURSING HOMES**

**Arbor Convalescent Hospital** – 900 N Church Street, Lodi – (209) 333 8729

**Bruceville Terrace – Methodist Hospital** – 8151 Bruceville Road, Sacramento – (916) 423 3000

**Crescent Court Nursing Home** – 610 S Fairmont Ave, Lodi – (209) 367 7400

**Delta Rehab and Care Center** – 1334 S Ham Lane, Lodi – (209) 334 3825

**Golden Living Center** – 144 F Street, Galt – (209) 745 1537



## **HOMES AND COMMUNITIES continued ...**

**Page 7**

### **ASSISTED LIVING**

**Austin Garden (Alzheimer Care) – 2150 W Kettleman Lane, Lodi – (209) 333 8033**

**Arbor Place Residential Care – 17 Loui Ave, Lodi – (209) 369 8282**

**The Ashley Place – 1321 S Fairmont Ave, Lodi – (866) 567 1335**

**Golden Pine Home – 314 W Pine Street, Lodi – (209) 334 6441**

**Home Sweet Home – 1330 W Walnut, Lodi – (209) 369 7272**

**River Fountains of Lodi – 311 W Turner Road, Lodi – (209) 682 0202**

**Humphrey's Guest Home – 511 G Street, Galt – (209) 251 7461**

**The Seniors Choice/America's Senior Care – 2020 W Kettleman Lane, Lodi – (209) 369 7712**

**Meadows Senior Living – 9325 E Stockton Blvd, Elk Grove (916) 714 3755**

**Commons at Elk Grove – 9564 Sabrina Lane, Elk Grove – (844) 354 5774**

**Four Seasons Home Care – 9150 Four Seasons Drive, Elk Grove – (844) 334 3818**



## **RETIREMENT COMMUNITIES & HOMES**

**Page 8**

**Bethel Gardens** – 710 S Ham Lane, Lodi – (209) 339 1355

**Comfrey Senior Apartments** – 975 Lake Park Ave, Galt – (209) 744 9750

**Country Villa Mobile Home Park** – 605 Pringle Ave, Galt – (209) 744 1074

**Empire Village Apartments** – 254 Palin Ave, Galt – (209) 745 1862

**Galt Mobile Estates** – 820 N Lincoln Way, Galt – (209) 745 3010

**Galt Place Apartments** – 400 D Street, Galt – (209) 744 7753

**Heritage Senior Mobile Home Park** – 700 2<sup>nd</sup> Street, Galt – (209) 745 3426

**New Hope Senior Village** – 890 Village Run, #300, Galt – (209) 745 7794

**Three Palms Mobile Estates** – 604 Pringle Ave, Galt – (209) 745 3426

**Valley Oaks Senior Housing** – 280 Oak Ave, Galt – (209) 912 4114

## **GALT CHURCHES**

**Page 9**

**Calvary Life Tabernacle – 446 3<sup>rd</sup> Street – (209) 745 3295**

**Family Life Christian Church – 85 Enterprise Court, Suite C – (209) 745 3747**

**First Baptist Church – 653 A Street – (209) 745 4665**

**Galt Bible Church – 801 Church Street – (209) 745 1037**

**Galt Church of Christ – 330 Lincoln Way – (209) 745 9212**

**Herald Baptist Church – 12037 Conley Way – (209) 748 2242**

**Horizon Community Church – 446 Fairway Drive – (209) 745 0700**

**Jehovah's Witnesses – 14052 S Lincoln Way – (209) 745 1483**

**Latter Day Saints – 972 Vintage Oak – (209) 745 0494**

**New Home Assembly of God – 200 New Hope Road – (209) 745 9121**

**St Christopher Catholic Church – 950 Lincoln Way – (209) 745 1389**

**St Luke Episcopal Church – 220 B Street (P. O. Box 897) – (209) 745 2784**

**Seven Day Adventist Church – 619 Myrtle Ave – (209) 745 1977**

**Shephard of the Valley Lutheran Church – 604 E Street – (209) 745 1825**

**United Methodist Church – 571 C Street – (209) 745 4133**

**Beth Hallel Messianic Fellowship – Synagogue – 1900 W Vine Street, Lodi – (209) 981 1478**

## **FUN & RECREATION**

**Page 10**

### **GALT SENIOR CLUB**

(The Club meets weekly on Monday at the Chabolla Community Center, 600 Chabolla Ave, Galt)

1 <sup>st</sup> Monday .....	1:00 PM (Business Meeting/Bingo)
2 <sup>nd</sup> Monday .....	1:00 PM (Meeting/Bingo)
3 <sup>rd</sup> Monday .....	1:00 PM (Potluck Lunch/Bingo)
4 <sup>th</sup> Monday .....	1:00 PM (Birthday Celebration)
5 <sup>th</sup> Monday .....	1:00 PM (Fun Day)

**(FOR MORE INFORMATION, please call (209) 366 7180)**

**NOTE: At the time of the publication of this calendar/document, the Galt Senior Club was still closed due to COVID 19 and there was no estimated time of its reopening. Please call to inquire about future opening and the days and times of their activities!**

**For available Classes and various Senior activities please contact:**

### **Galt Parks & Recreation**

610 Chabolla Ave, Galt – (209) 366 7180

**Senior Center of Elk Grove** – 8230 Civic Center Drive, Suite 140, Elk Grove – (916) 685 3160

**LOEL Senior Center** – 105 S Washington Street, Lodi – (209) 369 1591

### **GALT LIBRARY**

Marian O Lawrence Library – 1000 Caroline Ave, Galt – (916) 264 2920



## **The Galt Senior Resource Center**

Chabolla Community Center  
600 Chabolla Ave, Galt, CA 95632

**MISSION:** *The Mission of the **Galt Senior Resource Center (GSRC)** is to be available to the members of the Senior population of the City of Galt either in person, or by phone, to answer questions, or provide information, about the various resources available within our city, or nearby cities, specific to Seniors.*

Hours of Operation: **Monday, Tuesday, Wednesday & Thursday (excluding Holidays)**  
**10:00 AM – 2:00 PM**

Telephone Number: **(209) 294 3308** (staffed during hours of operation – leave a message for call-back after duty hours).

**VOLUNTEERS:** **If you are interested in volunteering** a couple of hours a week, or more, please feel free to **contact the GSRC – (209) 294 3308** (if no answer, please leave a message: “I’m interested in volunteering for the Galt Senior Resource Center”)!