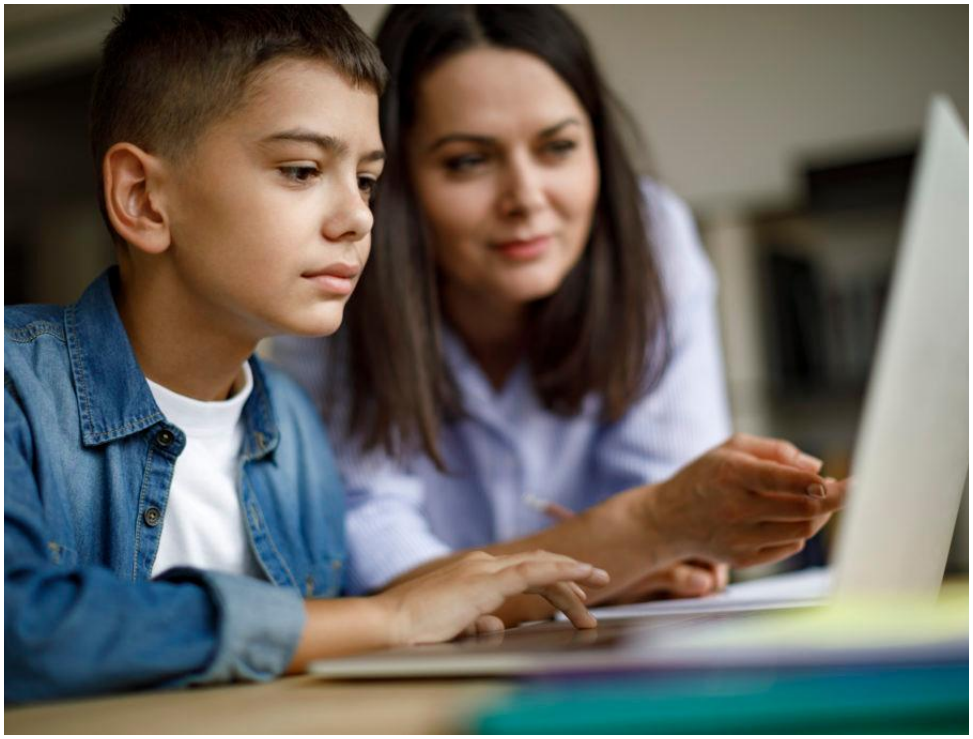



Orinda USD Online Parent University

All sessions are free and will be recorded for future viewing. Parents/guardians will be able to submit questions to the presenters in advance of each session.

ONLINE SESSIONS TO HELP YOU NAVIGATE DISTANCE LEARNING SUCCESSFULLY WITH YOUR CHILD

ORINDA UNION SCHOOL DISTRICT

Sessions



How to Navigate Orinda USD's Distance Learning Platforms with Your Student

Presenters: David Schrag, Kevin Cutler, Bobby Bardenhagen, & Angel Sorenson

Monday, 8/24, 5-6 p.m.

Send questions to the presenters by 8/23 using **this form**.

Zoom Webinar Link



Strategies for Helping Your TK or K Student Have a Successful Distance Learning Experience

Presenters: Jess Greer & Kendra Valentine

Wednesday, 9/2, 5-6 p.m.

Send questions to the presenters by 9/1 using **this form**.

Zoom Webinar Link



Strategies for Helping Your 1st or 2nd Grade Student Have a Successful Distance Learning Experience

Presenters: Shauna Yeager, Erin Miller, & Stefanie Birnbaum

Thursday, 9/3, 5-6 p.m.

Send questions to the presenters by 9/2 using **this form**.

Zoom Webinar Link



Strategies for Helping Your 3rd Grade Student Have a Successful Distance Learning Experience

Presenters: Scott Adams & Kathy Simon

Monday, 9/14, 5-6 p.m.

Send questions to the presenters by 9/11 using **this form**.

Zoom Webinar Link



Strategies for Helping Your 4th or 5th Grade Student Have a Successful Distance Learning Experience

Presenters: Elaina Jones & Charlene (Charlie) Bulovic

Thursday, 9/17, 6-7 p.m.

Send questions to the presenters by 9/16 using **this form**.

Zoom Webinar Link

Strategies for Helping Your OIS Student Have a Successful Distance Learning Experience

Presenters: Michelle Pinney, Marshall Sachs, Erin Alonso, & Angel Sorenson

Tuesday, 9/8, 6-7 p.m.

Send questions to the presenters by 9/7 using **this form**.

Zoom Webinar Link

Phone: (925) 258-6201
Email: ParentEd@orindaschools.org
Address: 8 Altarinda Rd., Orinda, CA 94563
Website: www.orindaschools.org

Sessions, continued



Designing a Distance Learning Environment at Home
Presenters: Nick Zefeldt & Dave Fendel, Contra Costa County Office of Education
Monday, 8/31, 6:30-7:30 p.m.
Session Description
Send questions to the presenters by 8/28 using **this form**.
Zoom Webinar Link
Meeting ID: 910 5880 8355
Passcode: learning



Strategies for Helping Your Student with Special Needs Have a Successful Distance Learning Experience
Presenters: Carrie Nerheim, Sara Castille, & Teri Jasman
Tuesday, 9/15, 6:30-7:30 p.m.
Send questions to the presenters by 9/14 using **this form**.
Zoom Webinar Link

Setting Your Student Up for Success: The Power of Positive Psychology
Presenter: Debbi Collins-Babb
Thursday, 9/10, 6:30-7:30 p.m.
Send questions to the presenter by 9/9 using **this form**.
Zoom Webinar Link



Keep Your Student Engaged in Distance Learning Using Positive Reinforcement and Other Strategies
Presenters: Marissa Hay, Gretchen Loughran, & Teri Jasman
Tuesday, 9/1, 6:30-7:30 p.m.
Send questions to the presenters by 8/31 using **this form**.
Zoom Webinar Link



Simple Habits to Bring Peace to Your Home
Session Description and Presenter Bio
Presenter: Tanuka Gordon
Wednesday, 9/9, 7-8 p.m.
Send questions to the presenter by 9/8 using this form.
Zoom Webinar Link

Finding Balance and Calm in Our Covid World: Discovering Self Care and Compassion for You, Your Child, and Your Family
Session Description and Presenter Bio
Presenter: Betsy Shandalov
Wednesday, 9/16, 7-8 p.m.
Send questions to the presenter by 9/15 using **this form**.
Zoom Webinar Link



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Calendar of Sessions

Monday	Tuesday	Wednesday	Thursday
8/24	8/25	8/26	8/27
How to Navigate Orinda USD's Distance Learning Platforms with Your Student (5-6 p.m.)			
8/31	9/1	9/2	9/3
Designing a Distance Learning Environment at Home (6:30-7:30 p.m.)	Keep Your Student Engaged in Distance Learning Using Positive Reinforcement and Other Strategies (6:30-7:30 p.m.)	Strategies for Helping Your TK or K Student Have a Successful Distance Learning Experience (5-6 p.m.)	Strategies for Helping Your 1st or 2nd Grade Student Have a Successful Distance Learning Experience (5-6 p.m.)
9/7	9/8	9/9	9/10
Labor Day Holiday	Strategies for Helping Your OIS Student Have a Successful Distance Learning Experience (6-7 p.m.)	Simple Habits to Bring Peace to Your Home (7-8 p.m.)	Setting Your Student Up for Success: The Power of Positive Psychology (6:30-7:30 p.m.)
9/14	9/15	9/16	9/17
Strategies for Helping Your 3rd Grade Student Have a Successful Distance Learning Experience (5-6 p.m.)	Strategies for Helping Your Student with Special Needs Have a Successful Distance Learning Experience (6:30-7:30 p.m.)	Finding Balance and Calm in Our Covid World: Discovering Self Care and Compassion for You, Your Child, and Your Family (7-8 p.m.)	Strategies for Helping Your 4th or 5th Grade Student Have a Successful Distance Learning Experience (6-7 p.m.)

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ORINDA UNION SCHOOL DISTRICT

Presenter Information

Scott Adams - Third Grade Teacher, Del Rey

Erin Alonso - Eighth Grade Core Teacher, OIS

Bobby Bardenhagen - Director of Technology, Orinda USD

Stefanie Birnbaum - Second Grade Teacher, Glorietta

Charlene Bulovic - Fifth Grade Teacher, Glorietta

Sara Castille - Program Specialist , Contra Costa Special Education Local Plan Area

Debbi Collins-Babb - Program Specialist/District Psychologist, Orinda USD

Kevin Cutler - Teacher on Special Assignment for Technology

Dave Fendel - Coordinator of Social/Emotional Learning Support, Contra Costa County Office of Education

Tanuka Gordon - Founder of Mindful Littles and Orinda USD Parent (bio here)

Jessica Greer - Kindergarten Teacher, Sleepy Hollow

Marissa Hay - Instructional Support Teacher, Glorietta

Teri Jasman - Board Certified Behavior Analyst and Orinda USD Consultant

Elaina Jones - Fourth Grade Teacher, Sleepy Hollow

Gretchen Loughran - Instructional Support Teacher, Del Rey

Erin Miller - First Grade Teacher, Glorietta

Carrie Nerheim, Ed.D. - Director of Student Services, Orinda USD

Michelle Pinney - Sixth Grade Core Teacher, OIS

Marshall Sachs - Seventh Grade Science Teacher, OIS

David Schrag - Director of Curriculum and Instruction, Orinda USD

Betsy Shandalov - Occupational Therapist, Yoga Instructor, and Former Orinda USD Parent (bio here)

Kathy Simon - Second/Third Grade Teacher, Del Rey

Angel Sorenson - Registrar, OIS

Kendra Valentine - Kindergarten Teacher, Del Rey

Shauna Yeager - First Grade Teacher, Wagner Ranch

Nick Zefeldt - Director of Curriculum and Instruction, Contra Costa County Office of Education

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