



Counseling and Support Services Available to **IASA** Active Members

COMPSYCH[®]
GuidanceResources[®] Worldwide

Confidential Solutions to Life's Challenges

IASA Active Members,
your family members and/or
household members are eligible for

5 free counseling sessions

as part of your membership benefits.

**Compsych
GuidanceResources
available 24/7**

TWO OPTIONS TO GET STARTED:



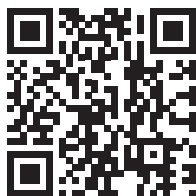
Call: 800-272-7255.

Mention benefit is provided through IASA.

OR:

Visit www.guidanceresources.com
and enter company ID: **COM589**.

Enter first five letters of the
association's name: ILLIN



Confidential Emotional Support

- Anxiety, depression, stress
- Grief, loss and life adjustments
- Relationship/marital conflicts

Work and Lifestyle Support

- Child, elder and pet care
- Moving and relocation
- Shelter and government assistance

Legal Guidance

- Divorce, adoption and family law
- Wills, trusts and estate planning
- Free consultation and discounted local representation

Financial Resources

- Retirement planning, taxes
- Relocation, mortgages, insurance
- Budgeting, debt, bankruptcy and more

Digital Support

- Connect to counseling, work-life support or other services
- Tap into an array of articles, podcasts, videos, slideshows
- Improve your skills with On-Demand trainings