








Cybersecurity 24-Hour Checklist

Below are practical steps anyone can implement in less than 24 hours to reduce the chances of being a victim of cybercrime or identity theft.

-  **Be aware of emails, texts, or phone calls telling you to take immediate action.** Stop, take a breath, and trust your gut instincts – if it doesn't make sense, it isn't true.
-  **Don't click on links from unknown senders.** Instead, open a separate browser and go to the site at the web address you know is legitimate.
-  **Keep your devices, including your phone, updated.** Those updates are often to fix security holes, so the longer you wait to update, the longer you are vulnerable.
-  **Use a password manager or system that allows you to follow best password practices and go through a monthly review.**
-  **Create a "Family Password" for you and your family members that can be used to verbally confirm a person is who they say they are, or confirm a person is legitimately acting on behalf of a family member.**
-  **Set up two-factor authentication on financial and social media sites.** Two-factor authentication will send a code to your phone if sign-in occurs from a new device.
-  **Perform a credit freeze – including for your kids.** A credit freeze is the best way to prevent someone from opening credit in your name.