

Eggplant Tincture for Skin Cancer

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Say what? Yes, you read that right. **Eggplant tincture may be an easy, effective alternative to other skin cancer treatments.**

Homemade eggplant tincture is something you may want to try if you have been diagnosed with basal cell carcinoma, squamous cell carcinoma, or a precancerous condition called actinic keratosis. No kidding. **I told my dermatologist about this and he asked me for the recipe.**

Three months earlier he had wanted to biopsy a spot on my nose that he thought might be squamous cell carcinoma, my poor nose that had previously been carved up due to Moh's surgery for a basal cell carcinoma in a different area. And he was also concerned about suspect spots on my bottom lip and temple area, and wanted to biopsy them. I bargained with my dermatologist to give me 3 months to try an alternative treatment. He agreed, and like I mentioned above, he was pleasantly surprised when I came back and he saw that there was no longer anything to biopsy.

Admittedly, this is anecdotal. And I cannot remember where I saw the idea to make homemade eggplant tincture. I have only been able to find a little [research](#) validating its use. But basically, the eggplant contains phytochemicals called solasodine glycoalkaloids, which is toxic to cancer cells, but does not affect normal tissue.

Eggplant tincture is simple and inexpensive to make. And it *only targets cancer cells* so healthy tissue remains unaffected. Remarkable stuff !!!





Eggplant Tincture Recipe

1 organic purple eggplant chopped, then placed in a jar
organic apple cider vinegar, enough to cover chopped eggplant

Refrigerate, shake the jar at least one time daily.

Strain off liquid after 5-6 days. **Keep the liquid.** Store the liquid in a jar in the refrigerator.

It will keep for months in the refrigerator.

How to Use to Treat Cancerous or Precancerous Lesions with Eggplant Tincture

Some people dip a piece of cotton ball into the tincture and adhere it to the lesion with a bandaid. This method seems to work better and faster, but this can be unsightly depending on where the lesion is, so I sometimes prefer my method, which is applying the liquid directly to the lesion at least one time daily, but preferably more frequently, allowing it to dry in between applications. This is most easily accomplished by setting out a small measuring spoon full of it on the bathroom counter or on the side table where you sit in the

evenings, and reapplying it throughout the day or evening, whenever it dries and you think of it. Consistency with application is crucial with this.

Update 12/14/18: The essential oil Frankincense seems to increase the effectiveness of the eggplant tincture, working in conjunction with it. You might try applying Frankincense, diluted appropriately in a carrier oil like fractionated coconut oil or olive oil, to the lesion 1-2 times a day in addition to the eggplant tincture. Frankincense is known for its anti-cancer and anti-inflammatory properties, as well as other healthful qualities, so it would only stand to reason that it would be beneficial.

The Big Guns: BEC5 Cream (aka Curaderm)

While the eggplant tincture can be effective, **BEC5 cream**, aka Curaderm, is stronger, but the mechanism is the same: derivatives from eggplant. It also contains acetylsalicylic acid (aspirin) added to help penetrate the tissue. (Question: why would we want to ingest aspirin???) Anyway, I tried the Curaderm on a weird spot on my forearm, and it created quite a large and scary crater, which gradually stopped enlarging and started healing. I watched it carefully for signs of infection, and took heart from this very interesting **video** that shows one man chronologically detailing the process. (I *highly* recommend watching this.)

At the same time that I started treating my arm, I also tried Curaderm on my bottom lip, which had been diagnosed with actinic chelitis (lip precancer) and totally burned the h*ll out of it. So, I discontinued treating this delicate area and went to my naturopathic doctor who informed me that the lips only have about 3 layers of skin while the rest of non-mucosal body skin has about 15. Live and learn!

While I would use Curaderm if necessary again, I think the Eggplant Tincture is the place to start. I highly recommend it. I purchased it online; I could not find it in any store.

If you try it, you will have to let me know how well Curaderm works for you.

The Discovery of Eggplant Tincture Was Exciting News To Me

Before I ever heard about Curaderm or the eggplant tincture, I had already gone through other treatments for multiple lesions on my face including cryotherapy, which is burning the lesion off with liquid nitrogen; two different topical chemotherapy creams, 5-fluorouracel (5-FU) and Imiquimod; and Moh's surgery. The latter one, was for a particularly stubborn lesion, a basal cell carcinoma at the end of my nose, that then required plastic surgery to fill

in the large hole left when all of the cancerous cells were cut away. A zigzag was cut from the bridge of my nose down to the tip to close the gap. Needless to say this was all very traumatic. I think it could have been avoided had I known about the Eggplant Tincture.

Anecdotal, but...

One of my sisters tried the eggplant tincture for a precancerous lesion on her face and after a few weeks of using it daily, usually multiple applications (on average about 6 times daily), the lesion fell off and has not returned. It also left no scar. More recently, with another lesion, this same sister applied the eggplant tincture, again about 6 times a day, then after 5 days the lesion flaked off. And since then the skin has a normal appearance.

My experience with the eggplant tincture has varied. I have had several different types of lesions, from precancerous ones to ones that were thought to maybe have been basal cell carcinoma and squamous cells, as well as other little weird spots on my face, lower arms, and legs. (Multiple sunburns and hours upon hours at the beach and by the pool, growing up in Southern California with fair skin, no less, all contributed to my lesion propensity I am sure.)

Anyway, the different lesions I had have responded in a variety of ways with the application of the eggplant tincture, some of them faster while others were much more gradual. Some flaked off, others just gradually disappeared. A couple returned, but then healed after restarting my regimen with the tincture. Because some returned, I strongly advise continuing the treatment for a few weeks afterward to better ensure that all of the precancerous or cancerous cells are gone.

Different Types of Skin Cancer

Basal cell carcinoma (BCC) is the most diagnosed of all skin cancers and it is the least deadly. It is rarely metastasizes, but can extend deep and wide into the local tissues if not treated, causing disfigurement or worse; and it can be slow or fast growing depending on its subtype. BCC's develop in the epidermal basal cells.

Squamous cell carcinoma (SCC) is the second most common malignant skin cancer. Invasive, it starts in the epidermis then penetrates to the dermis and metastasizes to the nearby lymph nodes. SCC can also have slow or rapid growth depending on the type.

BCC and SCC are less aggressive and more easily cured than the dreaded malignant melanoma.

Malignant melanoma, on the other hand, progresses rapidly and is metastatic. It originates in the melanocytes or other cells producing melanin, thus it could appear in places such as the brain, gastrointestinal tract, eyes, and lymph nodes.

*****IMPORTANT: Please note: Eggplant tincture and BEC5 cream are not a recommended treatments for melanoma, which is often deadly.**