

PROCEDURES FOR COVID SITE TESTING

PREREQUISITES

INS Quebec in partnership with Caprion biosciences offers COVID PCR tests to ASYMPTOMATIC athletes requiring screening for a camp or before leaving abroad.

It is important to note that any athlete with symptoms cannot access the institute and cannot be tested for covid-19 on site. Any symptomatic athlete or asymptomatic athlete presenting contagion risks factors (recent close contact with infected person, returning from international travel, etc.) will be referred to COVID clinics identified by public health.

COST OF SCREENING TEST

- The cost per athlete is \$ 135.00 plus applicable taxes. This includes the costs for sampling done by certified nurse, materials, transport and analysis in a private lab.
- Teams can apply for financial support from Own The Podium (OTP) as outlined in the document: Canadian Olympic and Paralympic Program Guidelines for Covid-19 Screening.

PROCEDURE

- Contact the INS Quebec ideally 2 weeks in advance, minimum 1 week at the following address: testcovid@insquebec.org.
- Transmit the following information :
 - Complete list of ASYMPTOMATIC athlete and staff members requiring a screening test.
 - Provide the names as they appear on the passport. A copy of the passport must be sent to the INS Quebec at least 1 week before the date of the screening test.
 - DOB and contact info of all the the individuals on the list: cellphone number, email.
 - Contact info of the person in charge who will be receiving the results for the group.
- Return to INS Quebec the consent form authorizing electronic communication signed by each person for the transmission of the official certificate of the test result.
- The INS Quebec sports medicine clinic staff will be in charge of preparing the requisitions for the nurse, so that the athletes only have to show up at the identified room for sampling and don't need to manipulate any paper upon arrival.

DAY OF THE TEST

- No more than 4 hours before going to INS Quebec, all need to complete the online COVID symptom assessment questionnaire:
<https://www.insquebec.org/accueil/informations-covid-19/>
- Go to the designated room (104) at the time of the appointment and wear a mask at all times.

TEST RESULT

- The results of the tests will be communicated within 12-48 hours.
- An official certificate per sample will be sent by email to the designated person identified by the sport, when the sport has requested the tests.
- In the case of an individual athlete, their certificate will be sent to them directly by email by the INS Québec sports medicine clinic.
- All results will also be communicated to the team doctor and to the CMO of INS Québec.
- In the event of a positive test, the team doctor will complete the public health declaration form and also submit it to the Caprion portal, created for that purpose. Any positive result will be declared to public health and the contact investigation will be made. The athlete will be notified immediately to quarantine and the team doctor will follow up on the health condition of the athlete.

POINT OF CARE TEST

- Although Hyris' bKIT Virus Finder COVID-19 is now approved as a “point-of-care test” by the Quebec Ministry of Health and Social Services (MSSS), its use is not yet possible at the INS Quebec.
- The Laboratoire de Santé Publique du Québec (LSPQ), the Ministry of Health and Social Services (MSSS) and INS Quebec are working together to put in place the necessary rules for the use of the bKIT Virus Finder COVID-19 from Hyris