

CSI Calgary COVID Testing Guidelines

These Guidelines provide an overview of the COVID-19 testing and screening options for Olympic and Paralympic athletes, coaches, and support staff in Canada. For the purposes of this program it is important to differentiate between testing and screening as the program’s focus is on asymptomatic individuals as opposed to symptomatic individuals that should be accessing the public health system within their region.

1. **Public Health Testing** – COVID testing arranged through the Alberta Health Services program and separate from CSI Calgary
2. **Point of Care Testing** – COVID screening using the Hyris bCUBE from Songbird Life Sciences through OTP
3. **Private Testing** – 3rd party independent COVID diagnostic testing provided by DynaLIFE Medical Labs through CSI Calgary

Testing options available at the CSI Calgary is for use by **asymptomatic individuals only**. Symptomatic persons or those that have been a close contact of confirmed cases will not be admitted to our facility and must be tested through Alberta Health Services.

The testing and screening option that best suits the NSO will be influenced by many factors such as the availability of private testing in Canadian provinces. Additionally, the testing requirements of International Federations may require screening tests prior to taking part in travel for international competitions. It is also important to distinguish between a test that is for screening purposes to enter a training or competition environment versus a diagnostic test of symptomatic athletes, coaches, and staff to determine viral transmission. All factors must be considered and assessed prior to determining the optimal testing solution.

Asymptomatic Testing vs. Screening Options

Point of Care COVID Screening	CSI Calgary 3 rd Party COVID Testing
<ul style="list-style-type: none"> • Sample collection and analysis performed by qualified & trained CSI Staff on site at CSI Calgary • A portable, DNA-based “lab in a box” that delivers results with a +95% accuracy rate • Results are obtained on site within ~90 minutes • Point of Care tests screen asymptomatic athletes for the presence of COVID-19 • Positive screens must be referred into the Public Health Testing Program for confirmation, public health reporting, contact tracing & management • Depending on the NSO’s needs or context, point-of-care COVID screening may not be recognized by International Federations or meet travel reporting / documentation requirements 	<ul style="list-style-type: none"> • Collection of samples performed by DynaLIFE staff on site at CSI Calgary • DynaLIFE will process and analyze all samples at designated laboratory facilities • CSI physician must review all results/laboratory reports • SARS-CoV-2 DNA based diagnostic PCR test • Qualitative test generating a positive or negative COVID-19 result • Test results take 24-48 hours to receive back from the laboratory • Positive results get reported to the Medical Officer of Health in Alberta and Public Health

Process to Arrange Asymptomatic Testing with CSI Calgary

CSI Calgary 3rd Party COVID Testing

Testing at the CSI Calgary should be requested at least a week in advance so we can arrange booking and schedule.

The requests and scheduling will be through Jason Poole, jpoole@csicalgary.ca or 403-874-2029. The results will be available within 24-48 hrs during working days. The cost for this service is \$120.00/test.

Process:

- 1) NSO representative or IST lead request for service to CSI Calgary Performance Services (PS).
- 2) CSI Calgary PS will contact DynaLife Medical labs for availability and CSI Sport Performance Laboratory Manager for booking of space.
- 3) CSI Calgary PS will have the NSO representative provide in a spreadsheet:
 - a. Number of athletes, coaches and staff
 - b. Names
 - c. DOB
 - d. Provincial Health Care Number
 - e. Phone number
 - f. Address
 - g. Required Travel Documentation (Yes/No)
- 4) CSI Calgary Medical Coordinator will fill out DynaLife requisition and provide CSI Calgary front desk.
- 5) CSI Calgary front desk will hand out requisition to athlete, coach, staff upon completion of the CSI Calgary facility prescreening. CSI facility waiver will be completed if required.
- 6) Results will be sent to Dr. Benson's office for Dr. Benson to review once analyzed.
- 7) Results will be communicated back to NSO members by Dr. Benson or the Medical Coordinator with appropriate documentation.

Point of Care Testing (Songbird)

CSI Calgary can provide this service to the NSOs.

Testing at the CSI Calgary should be requested at least a week in advance so we can arrange booking and schedule.

The requests and scheduling will be through Jason Poole, jpoole@csicalgary.ca or 403-874-2029. The results will be available on the same day of testing during working days.

Process:

- 1) NSO representative to request service to OTP Allan Wrigley at awrigley@live.com
- 2) OTP/NSO will contact CSI Calgary PS
- 3) CSI Calgary PS will request CSI Sport Performance Laboratory Manager to book space, qualified and trained CSI Calgary staff for testing and analysis
- 4) CSI Calgary Medical Coordinator, through CSI / NSO physician, will provide NSO and/or client results
- 5) CSI facility waiver will be completed if required.