

Canadian Sport Institute Ontario (CSIO) COVID-19 Testing Guidelines

Preamble

The availability of testing and screening for COVID-19 in Ontario is dynamic and evolving. This guideline provides an overview of the available options, which are subject to change.

The COVID-19 testing options available at CSIO are only for the use of **asymptomatic individuals without a known exposure**.

All symptomatic persons or those with a close contact to a confirmed case should be directed to designated provincial assessment centres. These individuals will not have access to the Toronto Pan Am Sports Centre or other CSIO-affiliated sites.

Testing Options

1. **Public Health Testing (at a COVID-19 assessment centre, participating community lab or pharmacy)** - available for those individuals with symptoms and exposure (assessment centres only), or individuals working or visiting long-term care and other congregate settings, farmers, indigenous persons, those needing a test before surgery or international travel (for a fee)*, or other targeted groups as identified by the Chief Medical Officer of Health.

*Please note: the turnaround time for public testing may vary by location and current system pressures and capacity.

Please refer to covid-19.ontario.ca for further details regarding available testing sites and how to schedule an appointment.

2. **Private Lab Testing (PCR)** – Third party independent lab testing is currently available on site at CSIO or requested locations in Ontario through Mount Sinai Services, to be arranged in advance. Expected turnaround times are 24-48h from sample arrival at the lab, however, have been typically about 24h based upon experience to date.
3. **Point of Care Testing** – The regulations in Ontario have recently changed to facilitate the use of rapid testing in the Province. CSIO is currently able to support two rapid point of care testing programs:
 - a. **Rapid COVID-19 Testing Pilot Program (Antigen)** - CSIO is currently participating in an 8-week pilot program through the Ministry of Health. Through this program, we are offering NSOs access to regular antigen testing (up to three times weekly) for their programs at no cost. Beginning January 18th, participation in this program for the remaining six weeks will become mandatory for any program/athlete training at the CSIO location at TPASC.

- b. *Songbird Point of Care Testing (PCR)* – On January 14th, CSIO hosted a virtual training session for using the Hyris bCUBE devices. CSIO staff now are able to support Point of Care Testing that is pre-arranged through Own the Podium.

Arranging Asymptomatic Screening with CSIO

For all COVID-19 testing at CSIO, requests should be made with as much advance notice as possible to allow for booking the required space and scheduling the staff required to support testing. Where applicable, costs for testing will vary depending on the requested location, number of requested tests and logistics including the need to arrange nursing and/or administrative support.

Please direct all requests for information and scheduling to our Director, Performance Services, Ryan Atkison, at ratkison@csiontario.ca.