

Canadian Sport Institute Ontario (CSIO) COVID-19 Testing Guidelines

Preamble

The availability of testing and screening for COVID-19 in Ontario is dynamic and evolving. This guideline provides an overview of the current options, which are subject to change.

COVID-19 screening is only available at CSIO for **asymptomatic individuals without a known exposure**.

All symptomatic persons or those with a close contact to a confirmed case should be directed to Public Health designated testing centres. These individuals will not have access to the Toronto Pan Am Sports Centre or other CSIO-affiliated sites.

Testing Options

1. **Public Health Testing (at a COVID-19 assessment centre, participating community lab or pharmacy)** - Available for those individuals with symptoms and exposure (assessment centres only), or individuals working at or visiting long-term care and other congregate settings, farmers, indigenous persons, those needing a test before surgery or international travel, or other targeted groups as identified by the Chief Medical Officer of Health. Please note: the turnaround time for Public Health Testing may vary by location and current system pressures and capacity.
2. **Private Lab Testing (PCR)** – Third party independent lab testing is currently available on site at CSIO or at requested locations in Ontario through Mount Sinai Hospital, to be arranged in advance. Expected turnaround times are 24-48h from sample arrival at the lab in Toronto. Costs for this testing varies depending on the requested location and logistics including the need to arrange nursing for specimen collection and/or administrative support.
3. **Point of Care Testing** – The regulations in Ontario have recently changed to facilitate the use of rapid testing in the Province. CSIO is in the process of establishing our approach to Point of Care Testing and will communicate this in due course.

Arranging Asymptomatic Screening with CSIO

For all COVID-19 testing at CSIO, requests should be made with as much advance notice as possible to allow for booking the required space and scheduling staff required to support testing. Please direct all requests for information and scheduling to our Medical Coordinator, Jordan Gillespie, at sportmedicine@csiontario.ca