

## **Canadian Sport Institute Calgary - Asymptomatic COVID-19 Screening**

The following restrictions are in place at least until January 21<sup>st</sup>, 2021:

- The training space remains closed to in person training.
- Medical and physiotherapy services continue to be open by appointment only. Massage therapy can take place if referred by a regulated service (physician, chiropractor or physiotherapist).
- Testing related to injury or return to play from injury in the sport performance laboratory is open by appointment only.

The various COVID-19 testing scenarios at CSI-Calgary remains the same as per previous SMAC update.

Inter-Provincial Travel guidelines for access to CSI Calgary facility at this time remain the same as the Christmas holiday travel recommendations (i.e., any travel out of province requires testing 5-7 days from return to Calgary, and any international travel requiring 14-day quarantine period). Next provincial government update will be January 21, 2021.