GIFTS FOR OUR MISSION MINISTRY PARTNERS

ECUADOR



Health Supplies Needed

Note: It is preferred that all medications have expiration dates of 2027 or 2028.

- Naproxen 220mg - for adults
- Meclizine 25 ms tablets
- Children and adults Digestive Probiotics
- Pepto Bismol chewable tablets
- Simethicone
- Phenylephrine Nasal decongestant tablets and Nasal spray
- DayQuil and NyQuil tablets (anything similar for flu symptoms)
- Equate cold & flu tablets (acetaminophen/ dextromethorphan / guaifenesin/ phenylephrine HCl)
- Mucinex sore throat and cough drops
- Menthol cough drops
- Phenol - sore throat spray
- Women's probiotics
- Mosquito repellent
- Sting and Bite Pads - https://a.co/d/056D1dFo
- Mouth wash travel size
- Toothpaste travel size
- Toothbrushes
- Multivitamins for Children (gummies)
- Vitamin C tablets or effervescent tablets
- Vitamin B12
- Vitamin B Complex
- Omega 3 Fish oil
- Vitamin D
- Magnesium Glycinate
- Hydrolyzed Collagen
- Calcium
- Powder Dietary supplements for kids (PEDIASURE or similar) Vanilla, chocolate or strawberry flavored prefered.
- Pain cream (diclofenac, BENGAY, Biofreeze)
- Lidocaine + menthol patches for muscular pain
- Sunscreen 70 spf (travel size preferable)
- Eucerine Anti pigment or other lotions to reduce hyperpigmentation
- Face wash (CeraVe or similar)
- Eye chart
- Small medication bags https://a.co/d/7fwzJyY
- Small bottles to distribute liquid (50 units) https://a.co/d/804lhLK
- Baby scale - https://a.co/d/fjHACAZ
- Normal or Digital otoscope (any brand)
- Ibuprofen 200mg - for adults
- Ibuprofen 100mg - chewable tablets for children
- Ibuprofen 100mg/5ml - oral suspension for children
- Acetaminophen 500mg - for adults
- Acetaminophen 160mg - chewable tablets for children
- Acetaminophen 160mg/5ml - oral suspension for children
- Aspirin 81mg or 100mg - for adults
- Cetirizine, loratadine or diphenhydramine (Benadryl)
- N- Acetyl L - Cysteine (NAC) 600mg
- Salin eye solution (individual one use drops)
- Visine eye drops (red eye comfort)
- Multivitamins for Adults
- Powder electrolytes
- Fungal cream

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